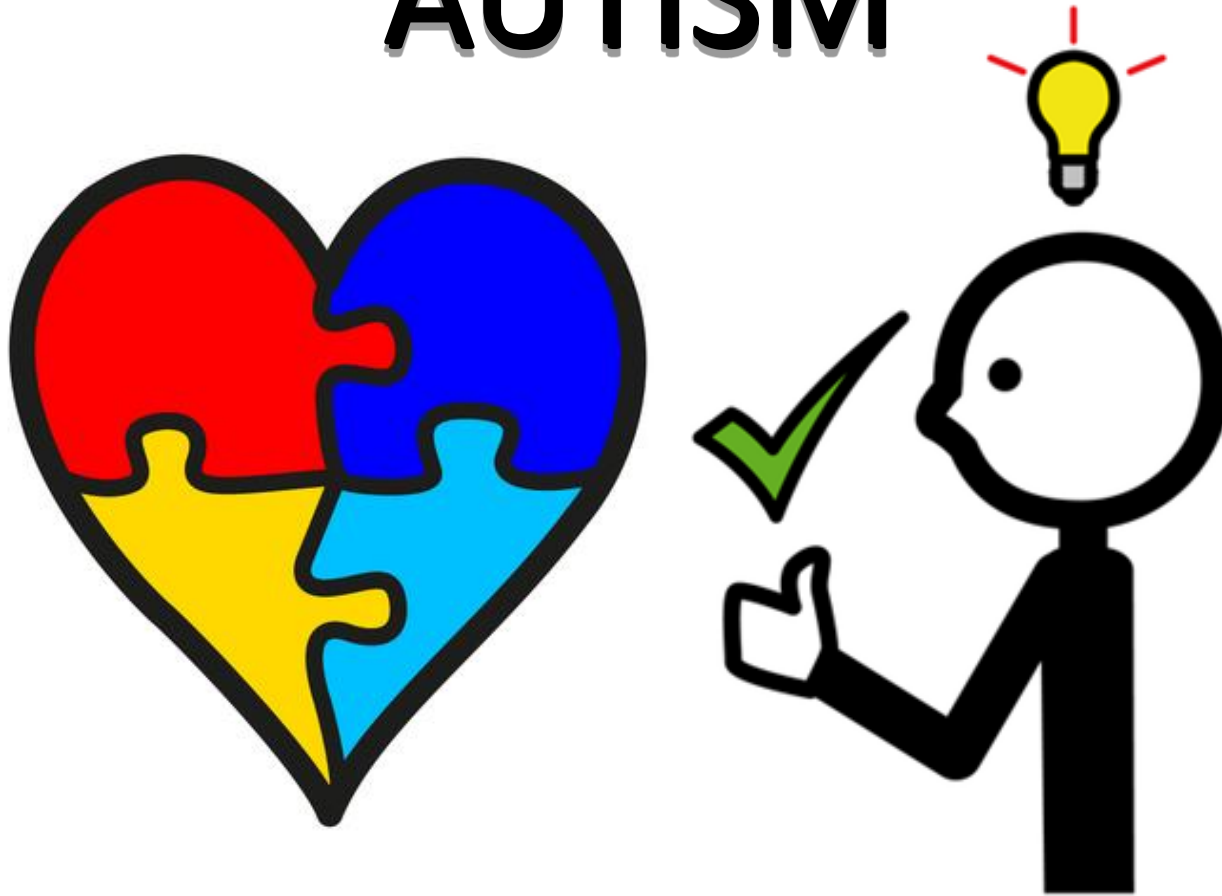
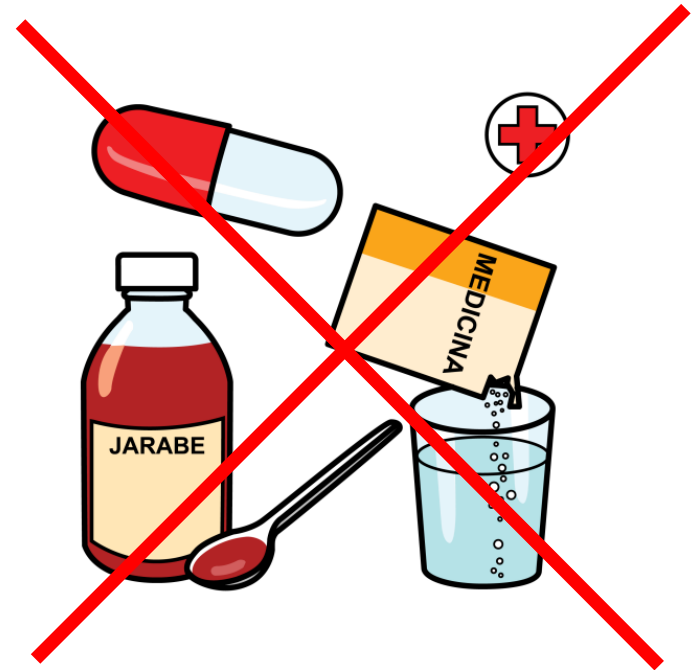


UNDERSTANDING AUTISM



WHAT IS AUTISM?

Autism is not a disease,
it cannot be cured with medicines.



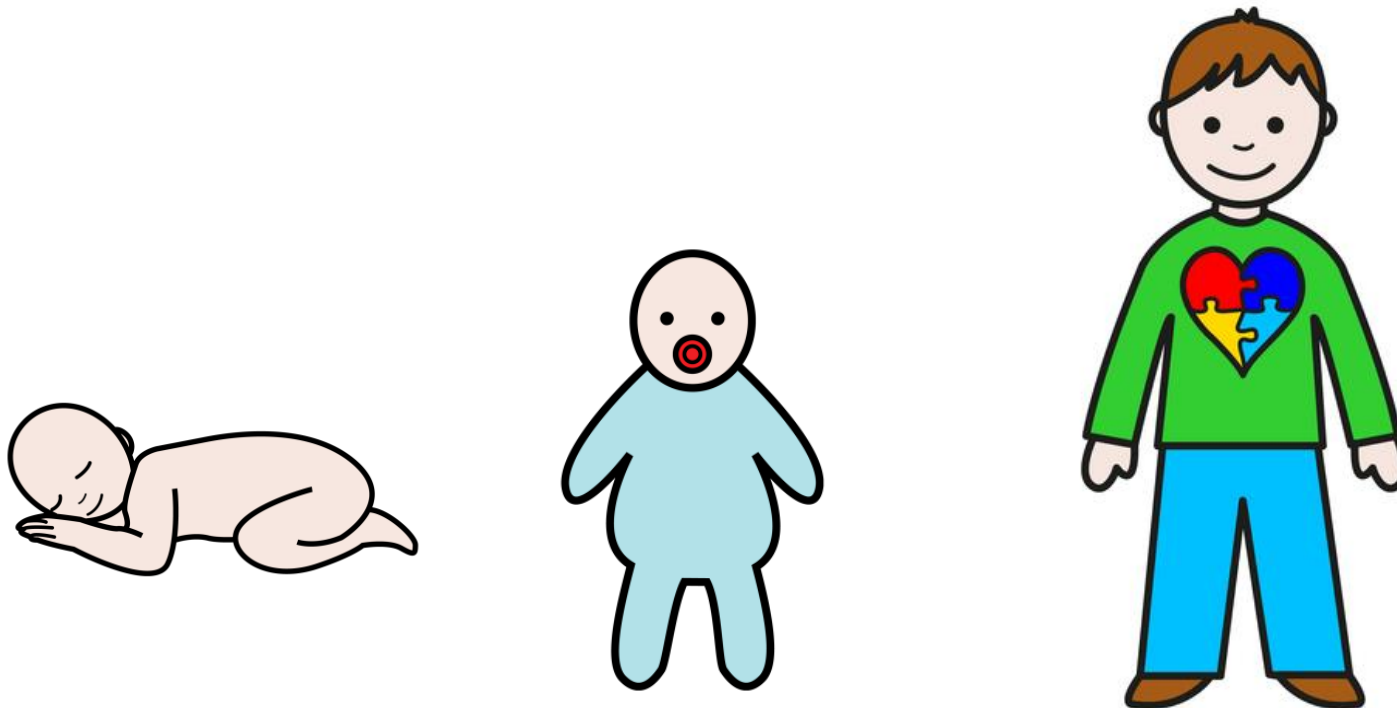
Autism is a different function of the brain.



It's like your operating system is different. As if most people's brains worked with WINDOWS 10 and children with autism with MS-DOS.

WHEN DOES AUTISM APPEAR?

People do not become autistic, but are born with autism, although in the first few months of life, no difference is noticeable.

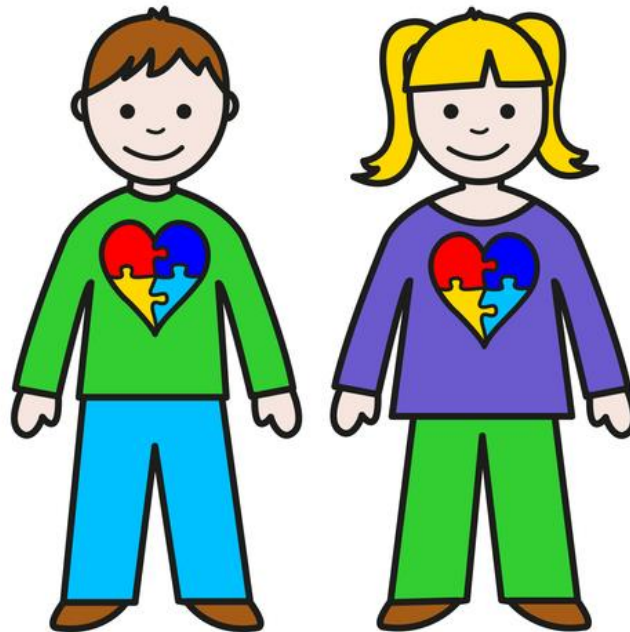


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WHY DOES AUTISM APPEAR?

There are many causes that are known to provoke autism, but it is not well known why there are children who develop it and children who do not.

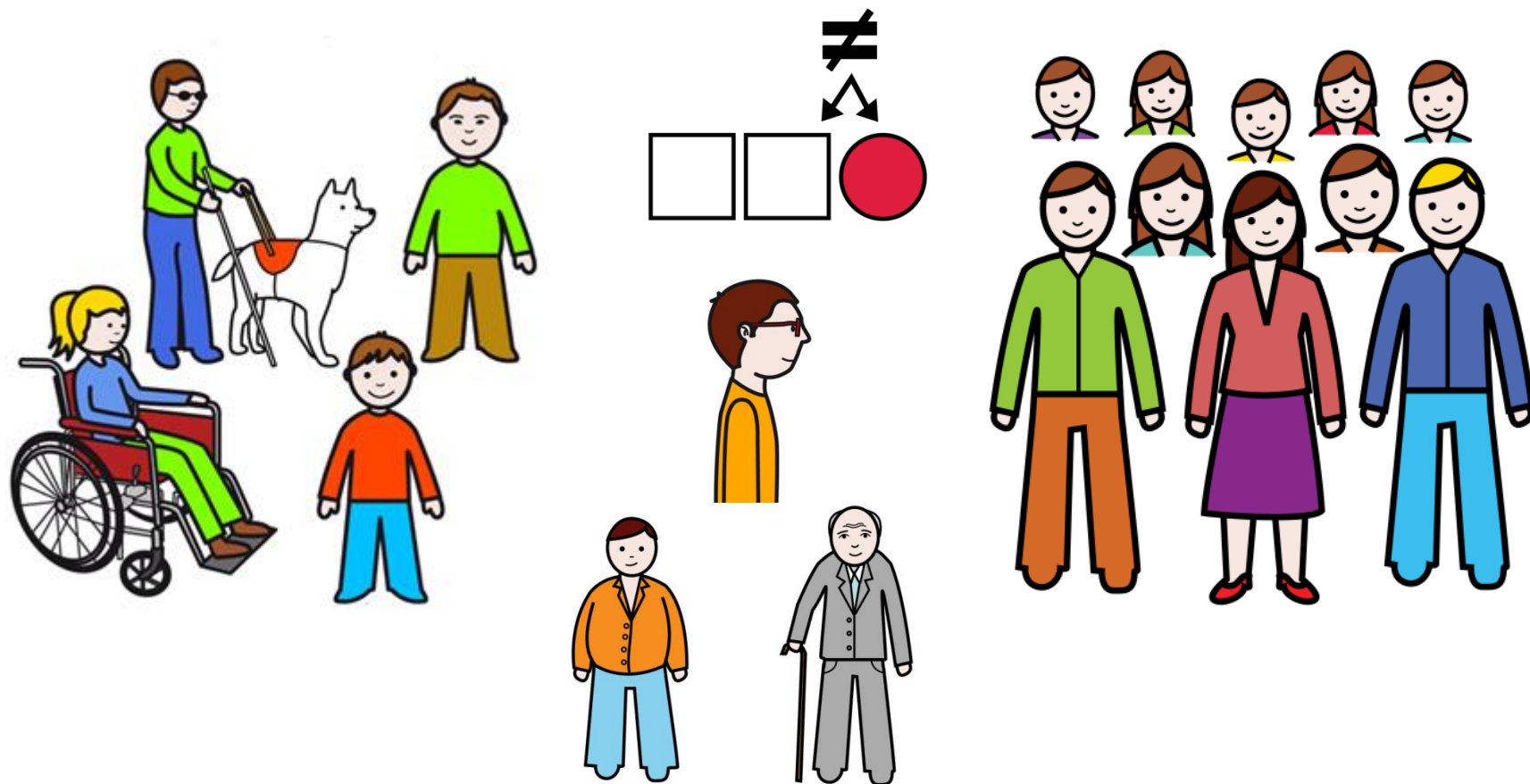


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ARE CHILDREN WITH AUTISM DIFFERENT?

WE ARE ALL DIFFERENT!!! OUTSIDE...



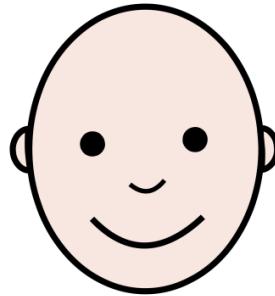
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AND ALSO INSIDE ...



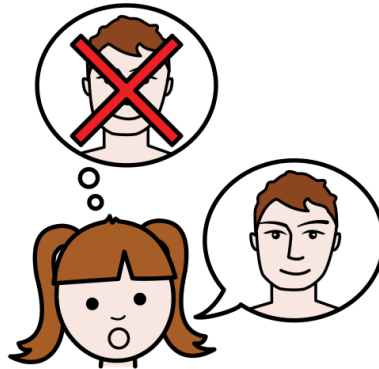
GENEROUS



CHEERFUL



MOODY



DISHONEST



STUDIOUS

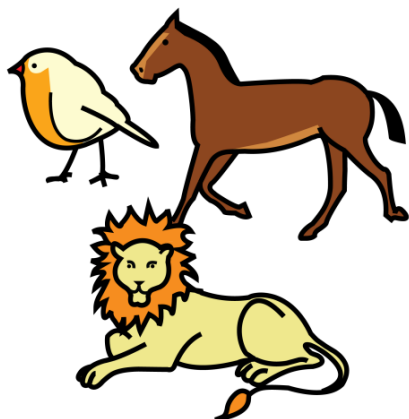
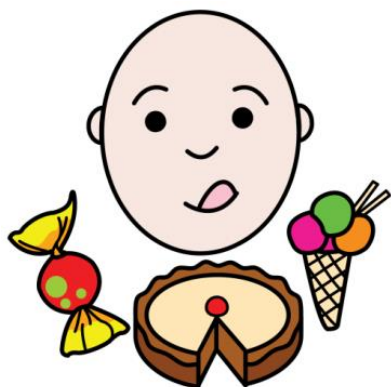


AGGRESSIVE

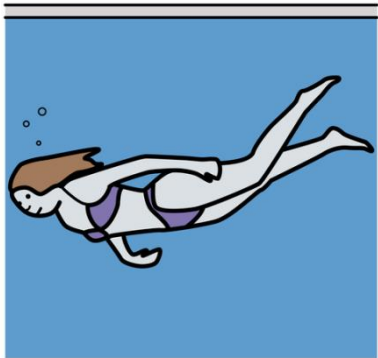
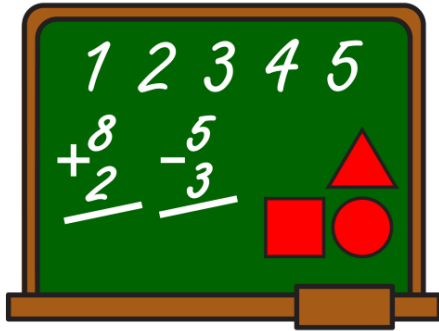


AFFECTIONATE

AND EACH PERSON HAS DIFFERENT TASTES.

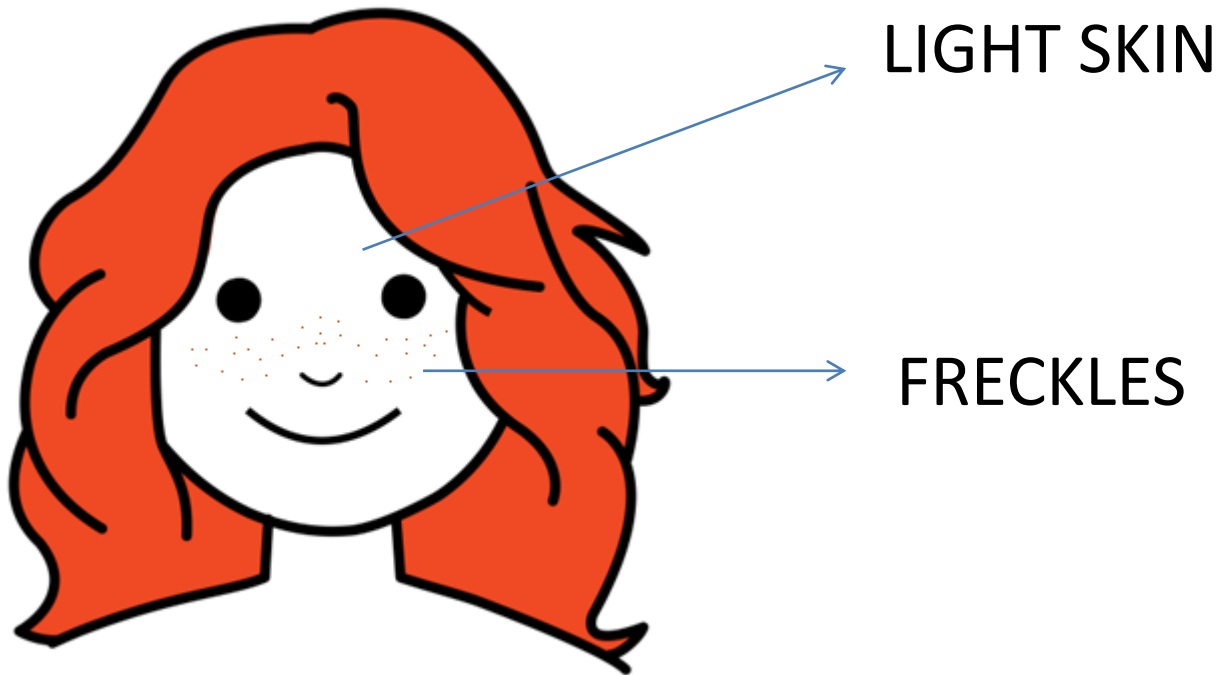


AND THINGS THAT THEY DO BETTER AND WORSE THAN OTHERS.

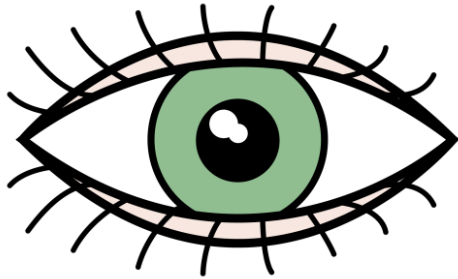


SOMETIMES PEOPLE HAVE TRAITS IN COMMON,
FOR EXAMPLE:

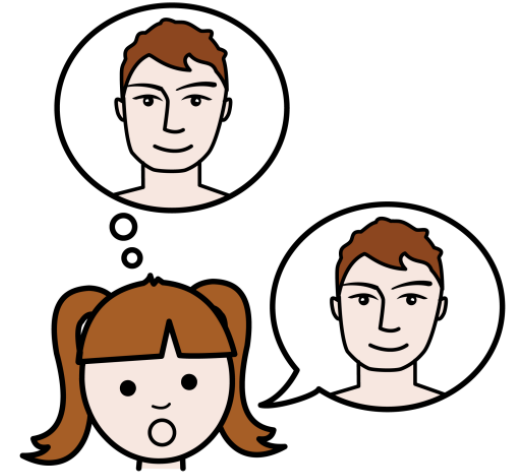
REDHEADS



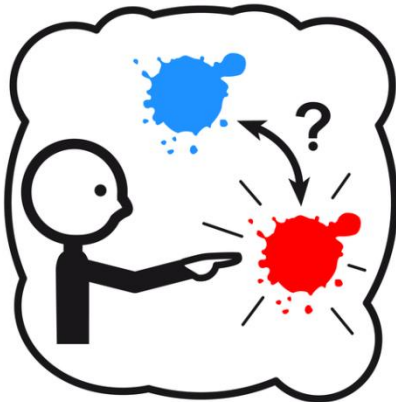
WHAT DO CHILDREN WITH AUTISM HAVE IN COMMON?



ARE SO GOOD WITH IMAGES THAT THEY ARE OFTEN CALLED VISUAL THINKERS.



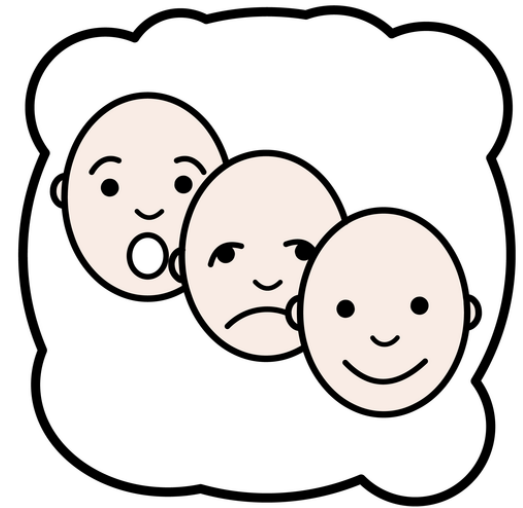
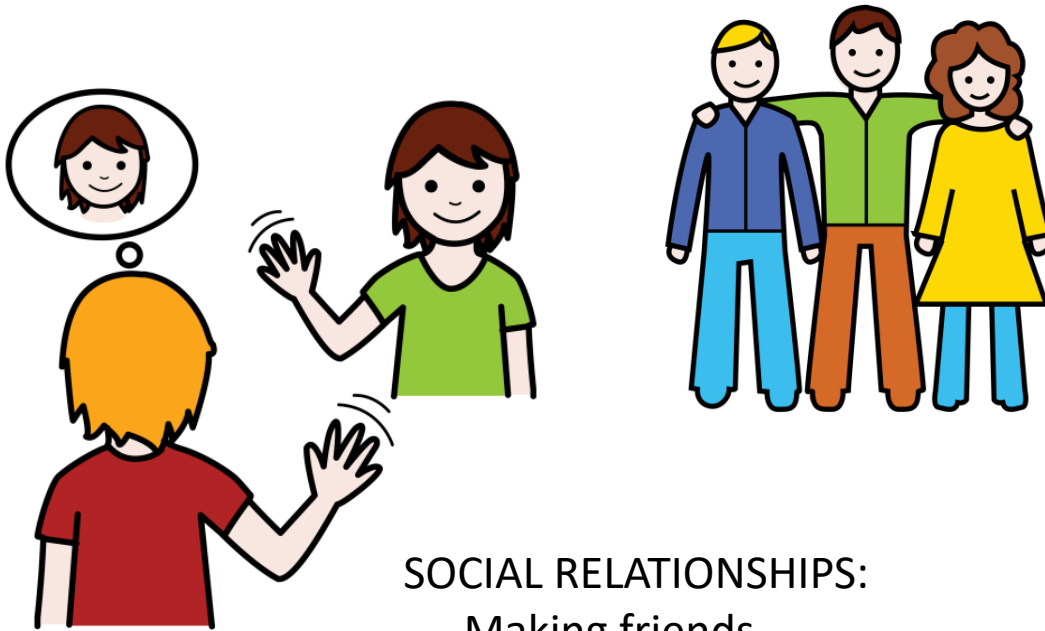
THEY SAY THE THINGS THEY REALLY THINK.



THEY ARE CLEAR ABOUT WHAT THEY WANT AND ALSO WHAT THEY DON'T WANT



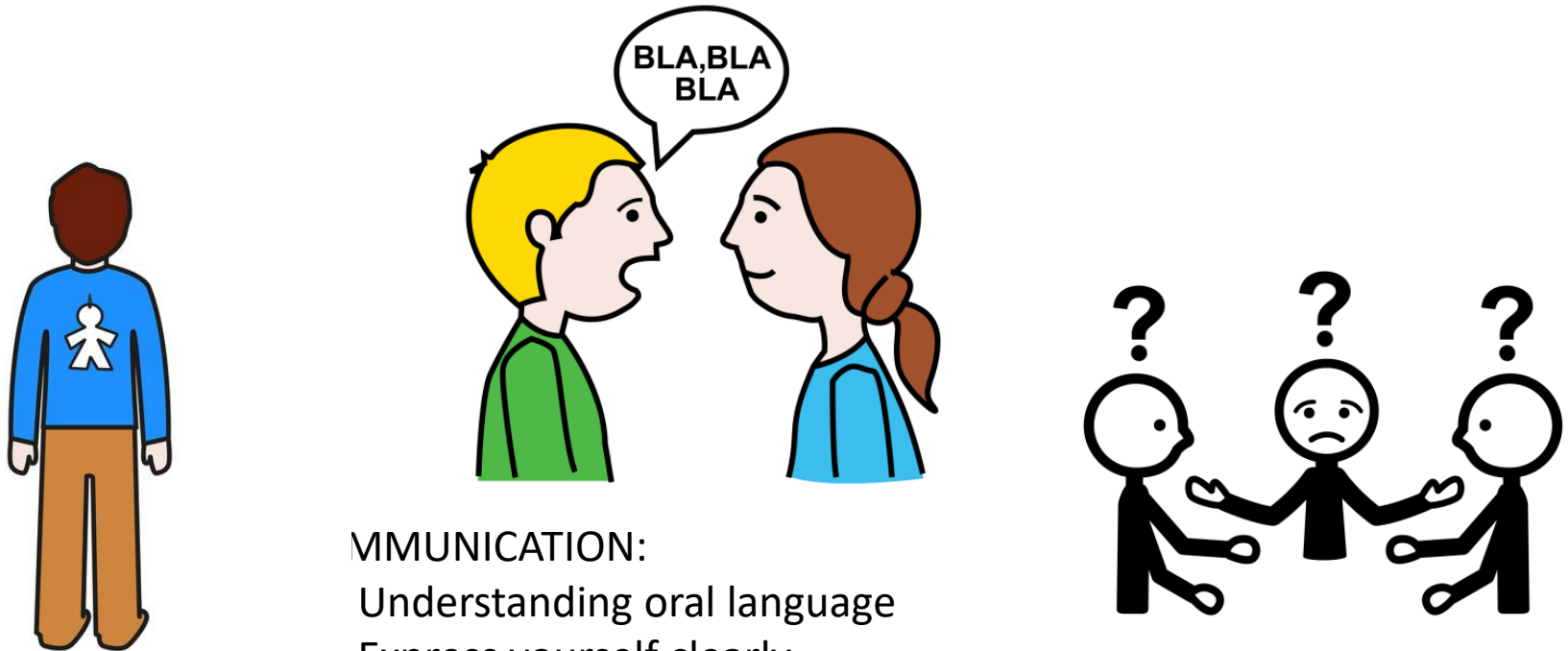
AND WHAT IS DIFFICULT FOR CHILDREN WITH AUTISM?



SOCIAL RELATIONSHIPS:

- Making friends
- Team games
- Understanding emotions
- Knowing what people want
- Look into the eyes of the people they talk to
- Understanding social norms...

AND WHAT IS DIFFICULT FOR CHILDREN WITH AUTISM?

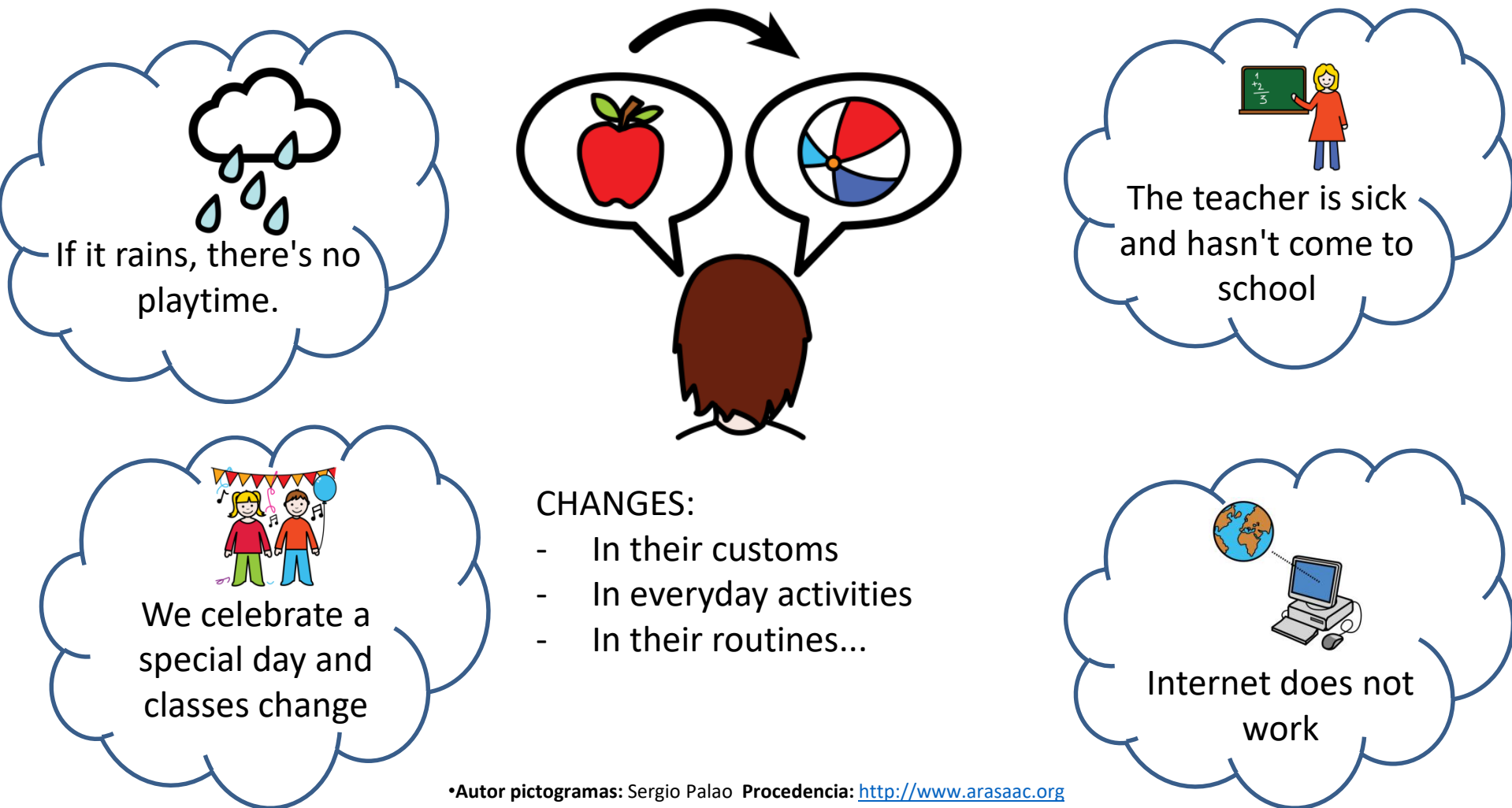


COMMUNICATION:

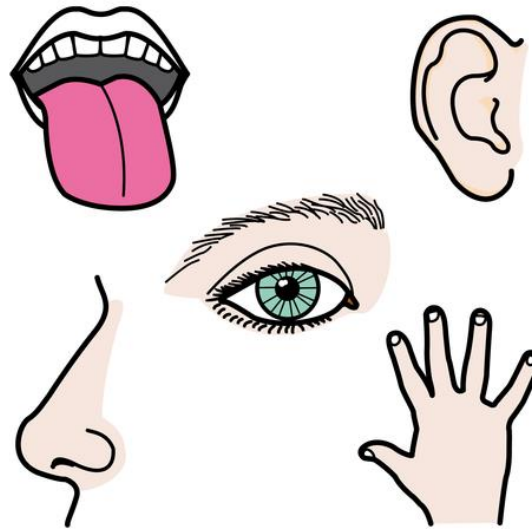
Understanding oral language
Express yourself clearly

- Understand the jokes, the sentences made, the irony...
- Knowing what people want...

AND WHAT IS DIFFICULT FOR CHILDREN WITH AUTISM?



AND WHAT IS DIFFICULT FOR CHILDREN WITH AUTISM?



INTERPRET INFORMATION THAT COMES THROUGH THE SENSES:

- Can notice very strong stimuli
- May not notice the stimuli
- They may sometimes notice very strong stimuli and sometimes they may not notice them.

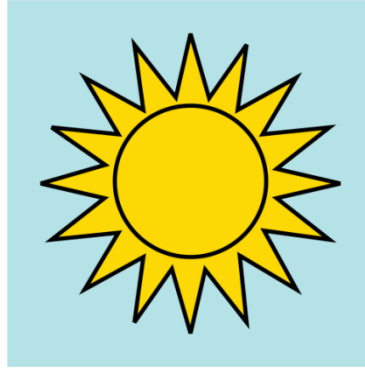
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THE SENSES IN EL AUTISMO



A caress can hurt



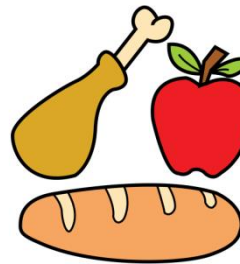
An image can dazzle



A sound can seem like a noise



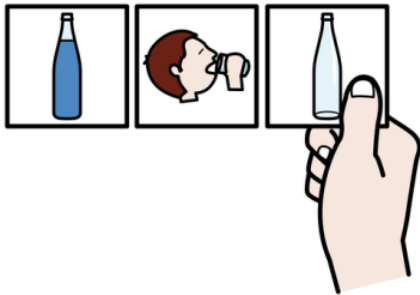
Can like some smells a lot and hate others



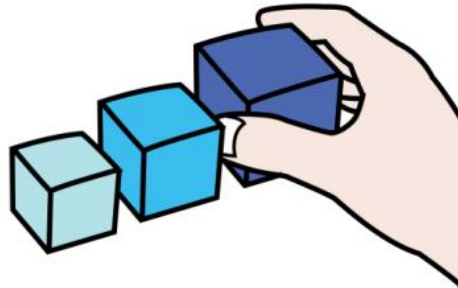
Some meals can be unbearable.

THAT'S WHY SOMETIMES.

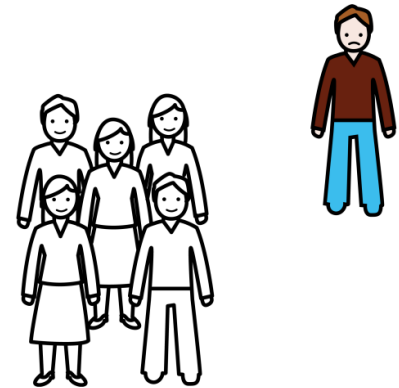
- They need to put their minds in order in different ways. Each according to their own tastes.



Check their agenda



Manipulate objects



Get away from the situation

And many more ways that each person with autism seeks to relax and disconnect from a world that is difficult for them to understand.

HOW WOULD YOU FEEL...?

- Imagine suddenly appearing in an Amazonian tribe.
- You don't know their customs or their rules.
- You don't know what will happen next.
- You don't know what's right or wrong.
- You don't understand their language.
- You don't know how to communicate with them.
- You have to walk without shoes, with clothes made of leaves, eat worms and drink in puddles of water.
- They urge you to hunt, to help the tribe, but you don't know how and you don't understand what they explain to you.

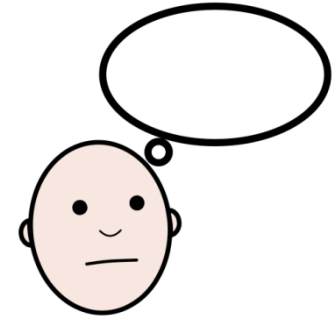


Without going that far...

- Imagine being left alone in the centre of Berlin and having to return to Zaragoza.
- What would you do?
- What would you look for?
- What would help you?

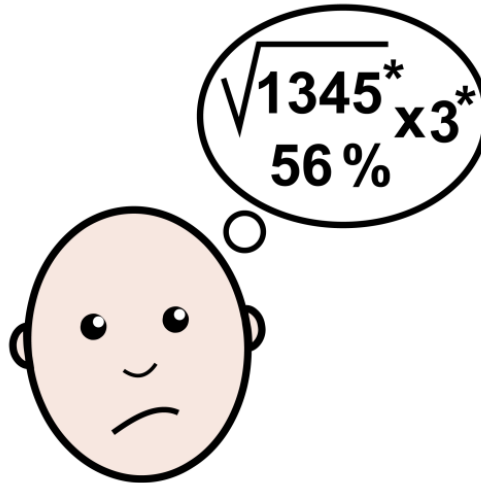


WHAT HELP DOES A CHILD WITH AUTISM NEED?



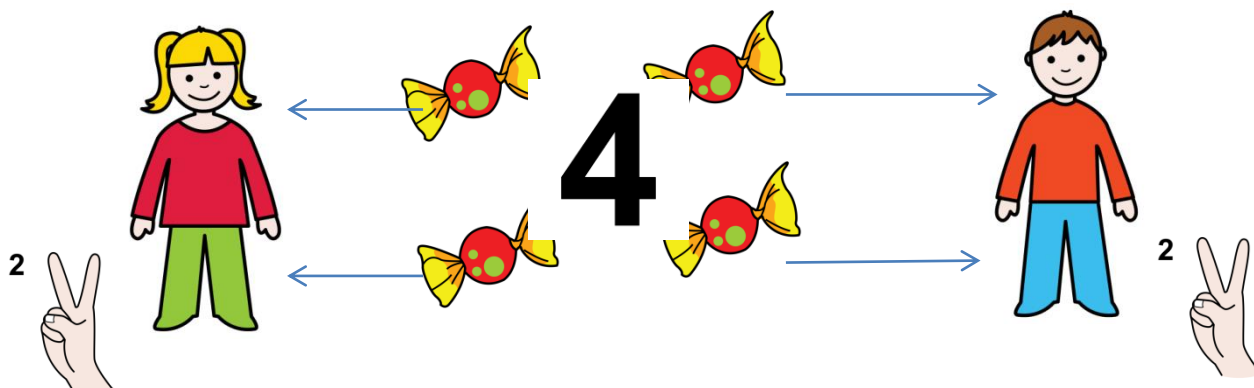
THINK ABOUT THIS:

When a math problem doesn't come up at all, how do they explain it to you?

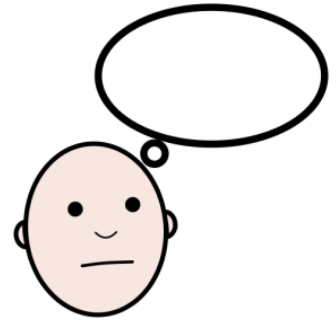


HELPING YOU...

Draw the data of the problem, or manipulate objects...



THINK ABOUT THIS :

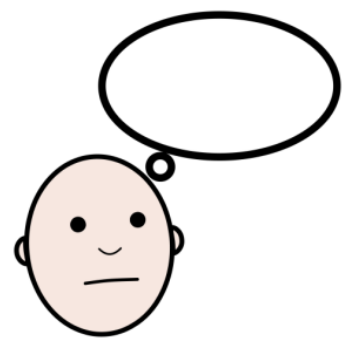


If you want to build with Lego, do you know how it works?

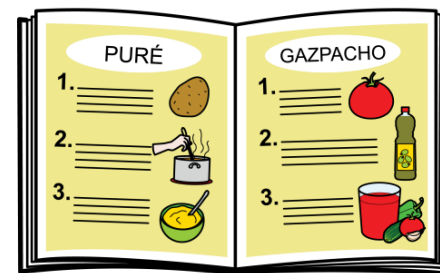
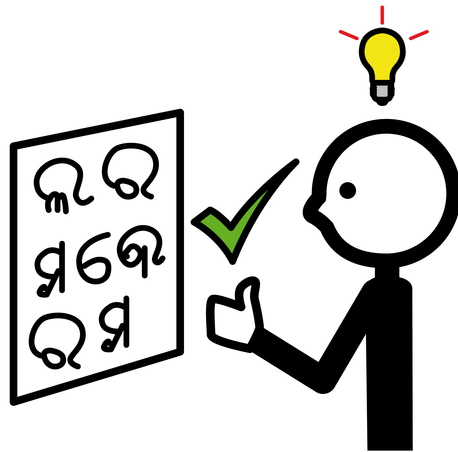
Preparing the food..... What helps you?



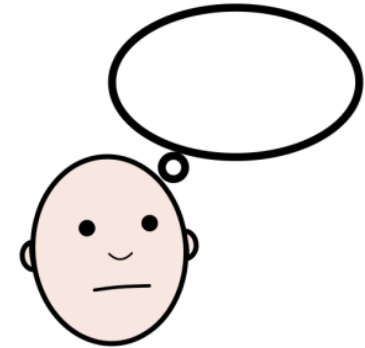
HELPING YOU...



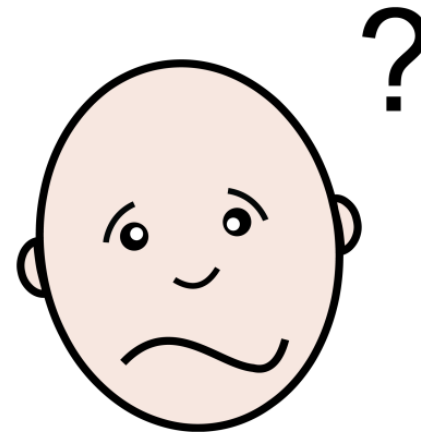
- Read the assembly instructions, instruction manual or recipe (something that is written and/or drawn).



THINK ABOUT THIS :

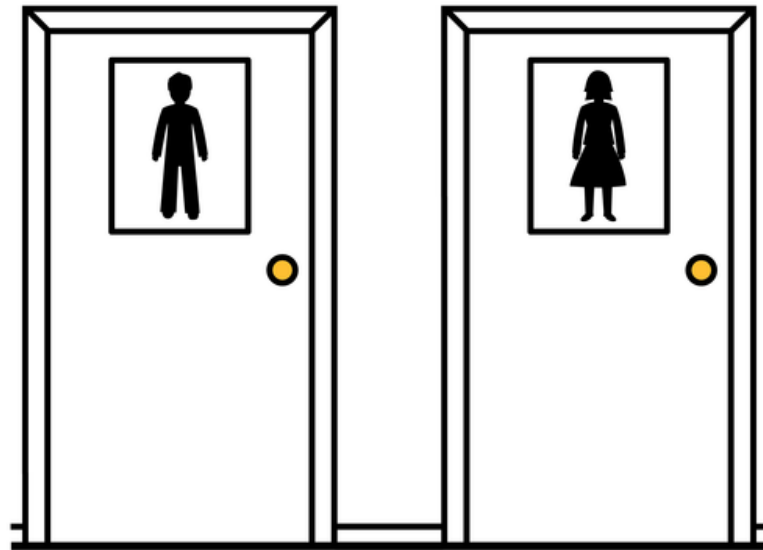


- When you go out, to a mall or bar, and you need to go to the bathroom, how do you know where it is and which bathroom to use?

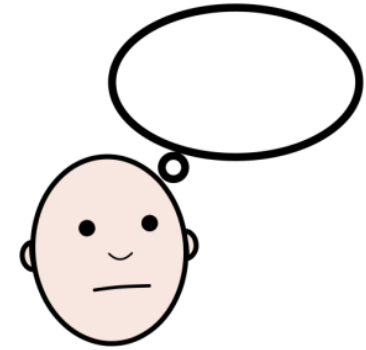


HELPING YOU...

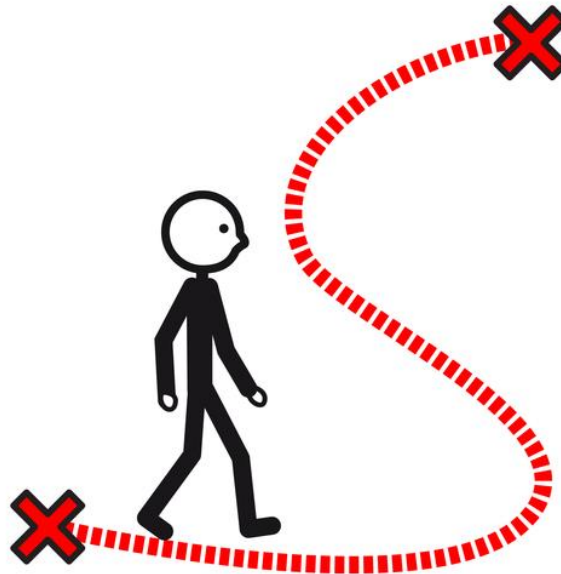
- Look for signs on doors or near the bathroom.



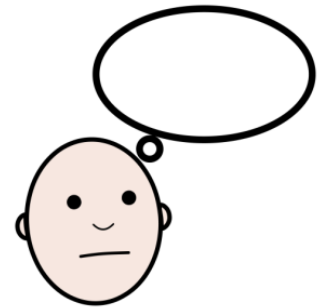
THINK ABOUT THIS :



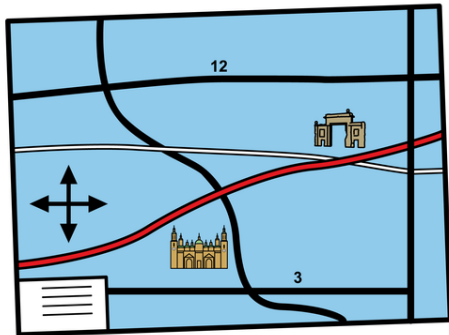
When you don't know how to get to a location and ask someone. What do they do to help you?



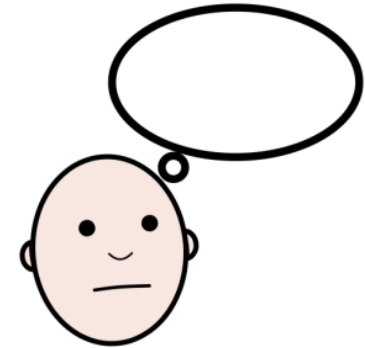
HELPING YOU...



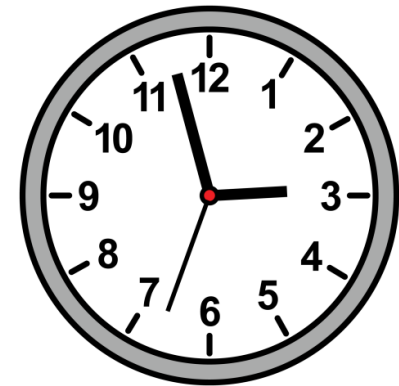
A drawing, a plan or give you, as a reference places that you do know, to guide you.



THINK ABOUT THIS :

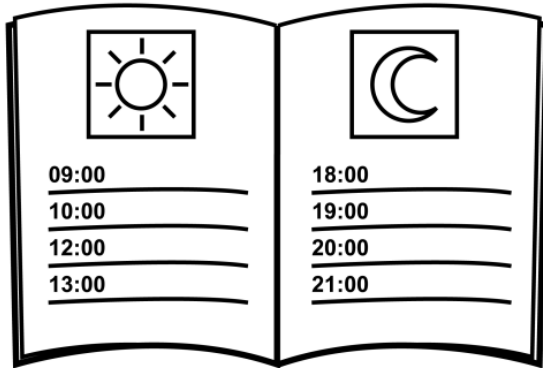


What do you need to organize your time and know what you have to do every day or every moment?

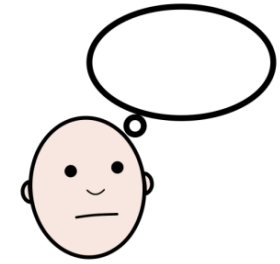


HELPING YOU...

An agenda, a timetable, a clock...

[illegible]

THINK ABOUT THIS :

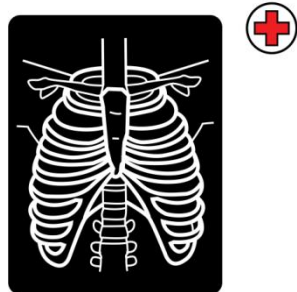


- What if there's a different situation than you're used to? For example, they take you to the doctor because they have to do tests, what would help you?



HELPING YOU...

To know what they are going to do to you, what it is about of, how long it takes, when it is going to end...



Remember that oral language is not one of the things that children with autism do best, so children with autism would need extra help, the written sequence or drawings of what is going to happen in order to understand the situation better.

SO... WHAT HELP DOES A CHILD WITH AUTISM NEED?

THE SAME ONES YOU MIGHT NEED AT SOME POINT:

Drawings

Pictures

Schemas

Plans

Indications

visual
aids.



Explanations that include things you know

Objects you can manipulate

Look at the things you know how to do well

Keep in mind things that are difficult for you.

HOW ELSE CAN YOU HELP A CHILD WITH AUTISM?

- Putting yourself in his place (trying to think how he feels, what might be happening to him)
- Respecting him the way you'd like to be respected.
- Treating him like one more, but keeping in mind that he needs more help.
- Trying to include him in the activities but respecting if he doesn't want to.
- Knowing him and giving him the opportunity to show you how he is.



AT OUR SCHOOL THE START ON THE PATH HAS BEEN MADE. ACCOMPANY US!

