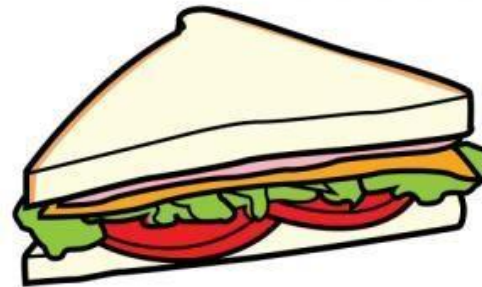


RICETTA SANDWICH VEGETALE

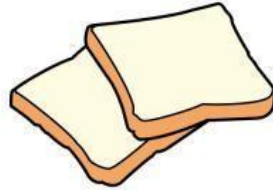


Autora: Patricia Figaredo, Pedagogía Terapéutica en CPEE CASTIELLO, Gijón, Asturias.

Autor pictogramas: Sergio Palao **Procedencia:** ARASAAC (<http://arasaac.org>) **Licencia:** CC (BY-NC-SA) **Propiedad:** Gobierno de Aragón

INGREDIENTI

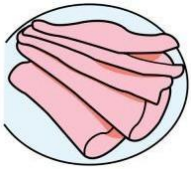
✓ PAN CARRE'



✓ POMODORO



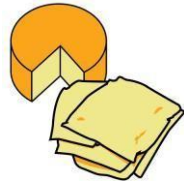
✓ PROSCIUTTO COTTO



✓ LATTUGA




✓ FORMAGGIO



PASSI DA SEGUIRE

1) Lavare  le mani .

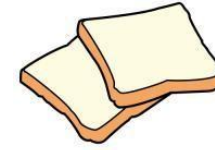
2) Lavare  la lettuga  e il pomodoro 

3) Preparo il tagliere e il coltello 

4) Tagliare  il pomodoro a fette.

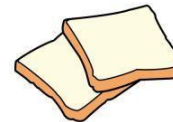


5) Mettere sopra una fetta di pane :



prosciutto , formaggio , pomodoro  e
lattuga 

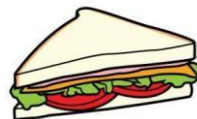
6) Chiudere con l'altra fetta di pane



7) Mettiamo il sandwich nella piastra



8) Mangiamo il sandwich



9) Pulire



10) Lavare



11) Mettere a posto

