

NOMBRE:

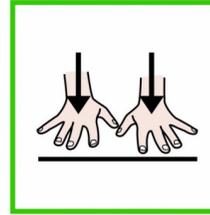
FECHA:

NOMBRE:

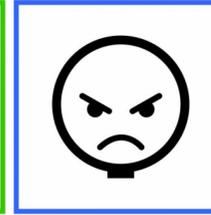
FECHA:



YO

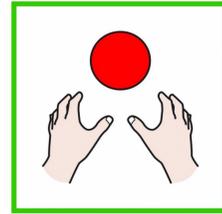


ESTOY

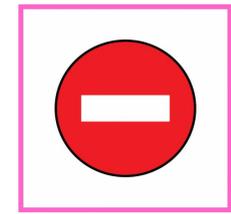


ENFADADO

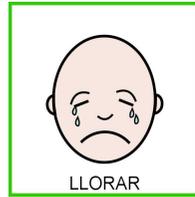
PUEDO



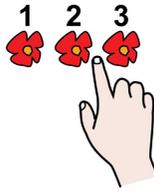
NO PUEDO



CHILLAR



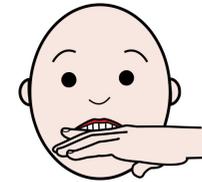
LLORAR



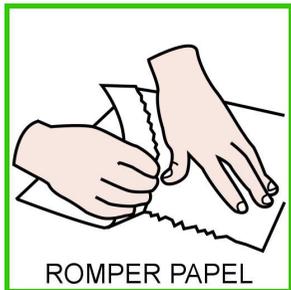
CONTAR HASTA 20



AGARRAR



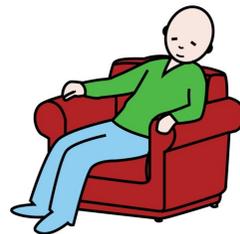
MORDER



ROMPER PAPEL



RESPIRAR



DESCANSAR



BEBER AGUA



TIRARME AL SUELO



EMPUJAR



GOLPEAR

NOMBRE:

FECHA:

¿ME HE ENFADADO HOY?

SI

NO

¿CUÁNDO?

NOMBRE:

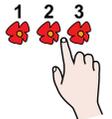
FECHA:

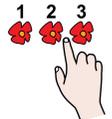
¿ME HE ENFADADO HOY?

SI

NO

¿CUÁNDO?

¿QUÉ HE HECHO?	¿ESTÁ BIEN?	CONSECUENCIA
 AGARRAR LOS BRAZOS		
 1 2 3 CONTAR HASTA 20		
 BEBER AGUA		
 MORDER		
 RESPIRAR		
 LLORAR		
 ROMPER PAPEL		

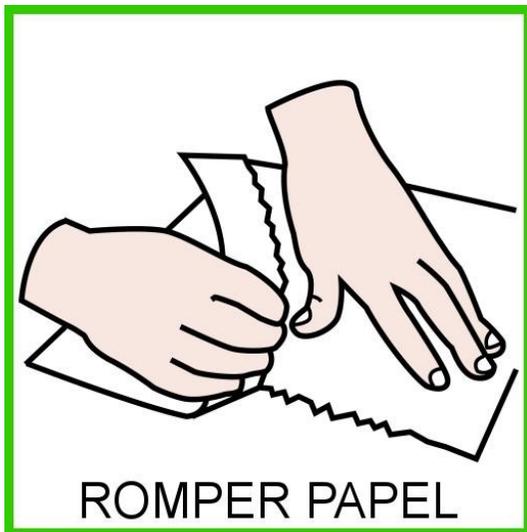
¿QUÉ HE HECHO?	¿ESTÁ BIEN?	CONSECUENCIA
 AGARRAR LOS BRAZOS		
 1 2 3 CONTAR HASTA 20		
 BEBER AGUA		
 MORDER		
 RESPIRAR		
 LLORAR		
 ROMPER PAPEL		

NOMBRE:

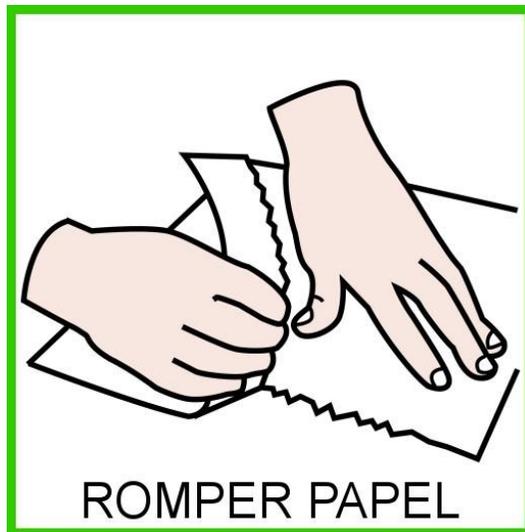
FECHA:

NOMBRE:

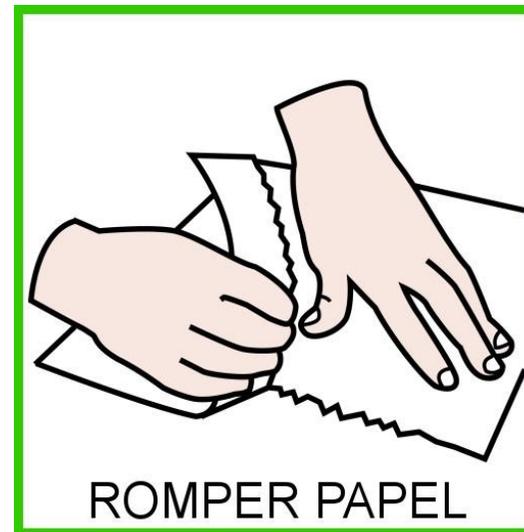
FECHA:



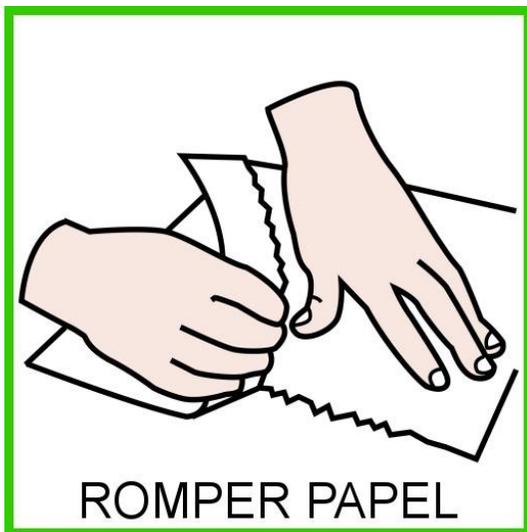
ROMPER PAPEL



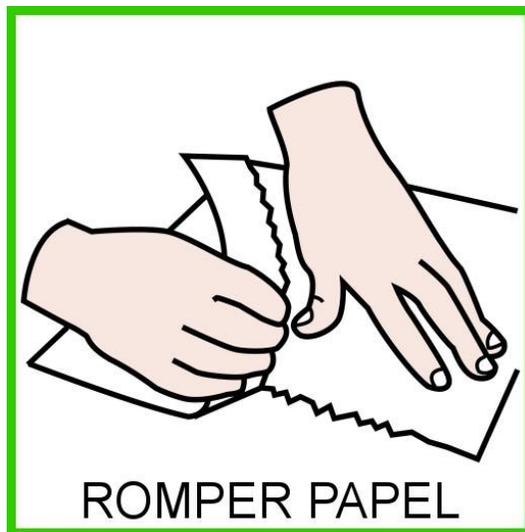
ROMPER PAPEL



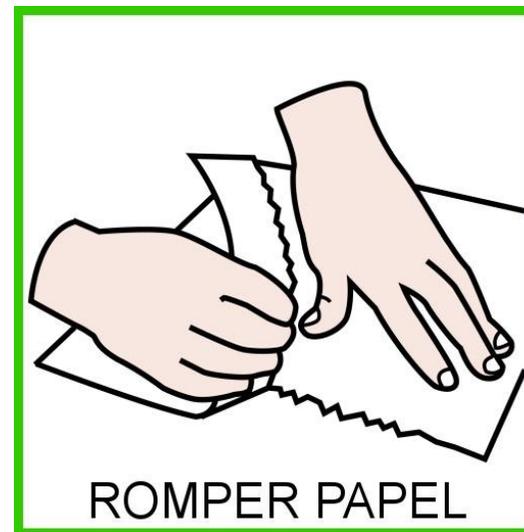
ROMPER PAPEL



ROMPER PAPEL



ROMPER PAPEL



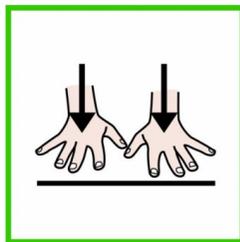
ROMPER PAPEL

NOMBRE:

FECHA:

NOMBRE:

FECHA:



PUEDO DECIR “ESTOY NERVIOSO”.

YO

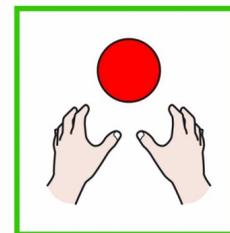
ESTOY

ENFADADO

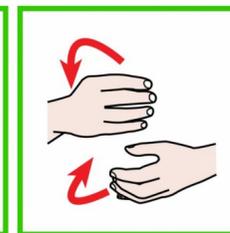
QUIERO ESTAR TRANQUILO. ¿



QUÉ



PUEDO



HACER



1º

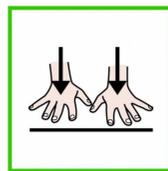


ROMPER PAPEL

2º



YO



ESTOY

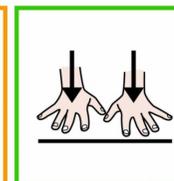


CONTENTO

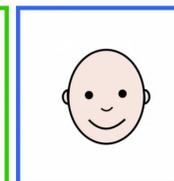
3º



TODOS



ESTAREMOS



CONTENTOS