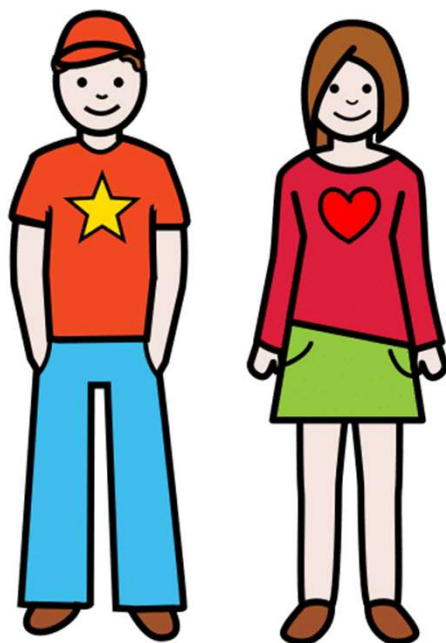


# COS'E' LA PUBERTA'



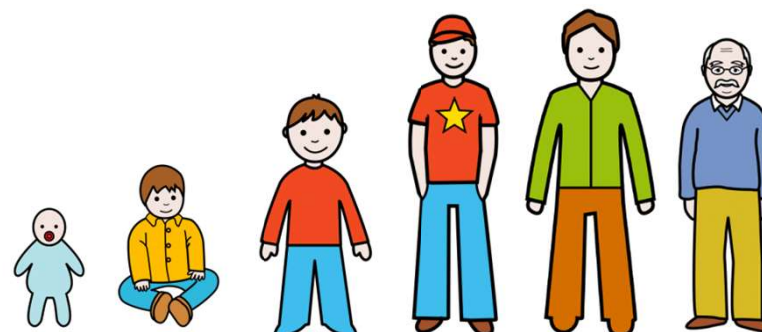
Fabiani Eggers

MATERIAIS ADAPTADOS FABI  
Traduzione: Nicole Ostorero

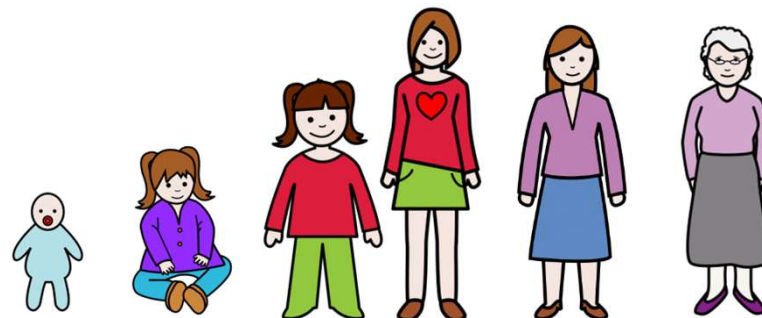


CON IL PASSARE DEGLI ANNI,  
CRESCIAMO E PASSIAMO PE  
DIVERSE FASI DELLO SVILUPPO

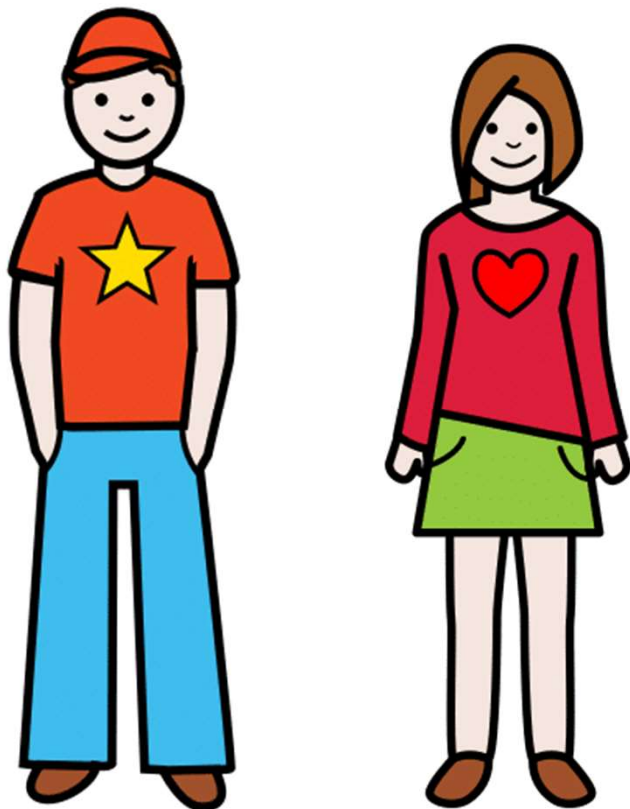
## SVILUPPO MASCHILE



## SVILUPPO FEMMINILE

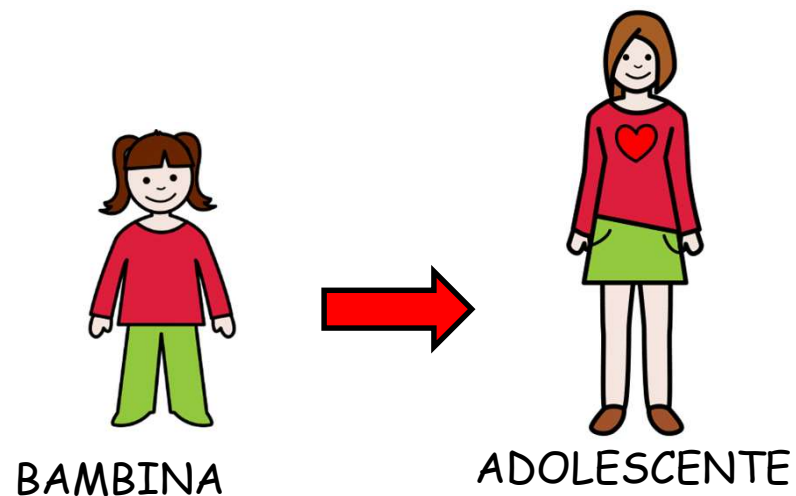
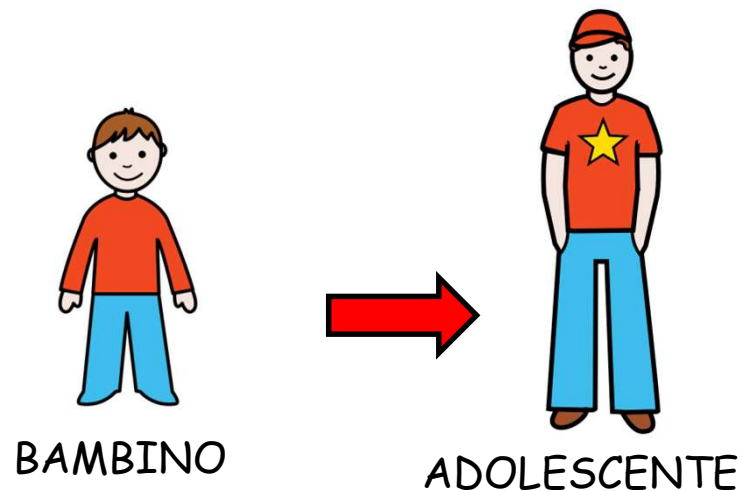


FINO A QUANDO NON DIVENTANO  
ADULTE, LE PERSONE  
ATTRAVERSANO DEI CAMBIAMENTI

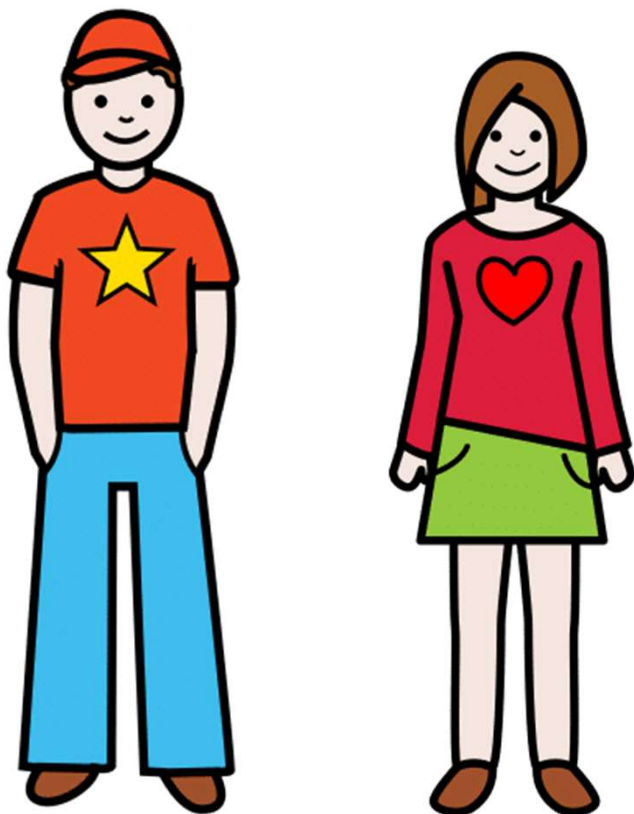


ED E' DURANTE LA PUBERTA' CHE CI  
SONO PIU' CAMBIAMENTI

NELLA PUBERTA', SMETTIAMO DI  
ESSERE BAMBINI E DIVENTIAMO  
ADOLESCENTI

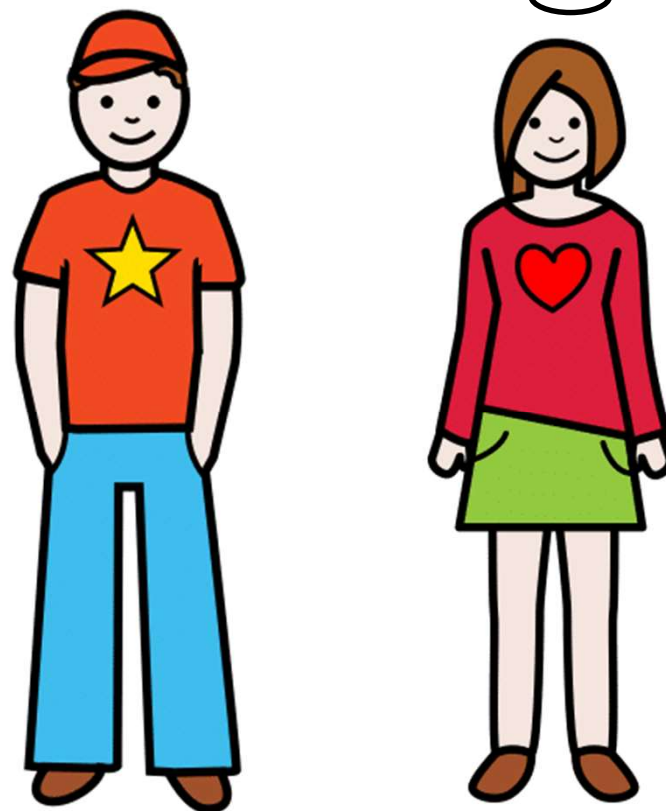
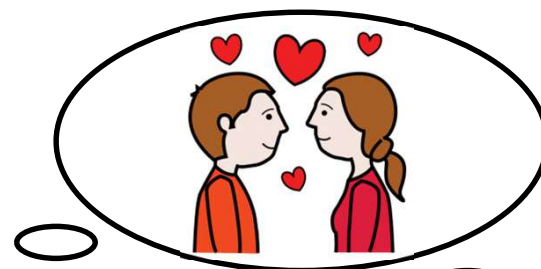


LA PUBERTA' E' IL PASSAGGIO  
DALL'INFANZIA ALL'ETA' ADULTA

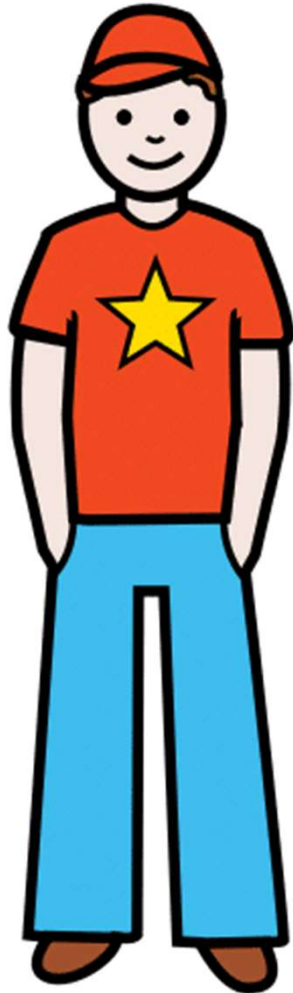


ED E' IN QUESTO PERIODO CHE  
AVVENGONO I CAMBIAMENTI  
NEL CORPO

MA OLTRE AI CAMBIAMENTI NEL CORPO  
POSSIAMO NOTARE CAMBIAMENTI  
ANCHE NEL COMPORTAMENTO E NELLA  
MENTE

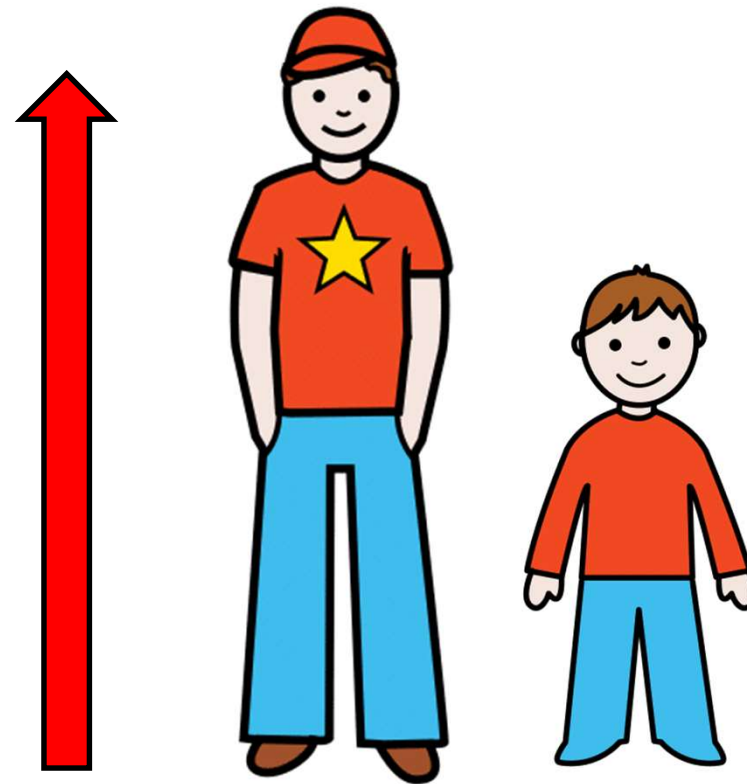


# PUBERTA' NEI RAGAZZI

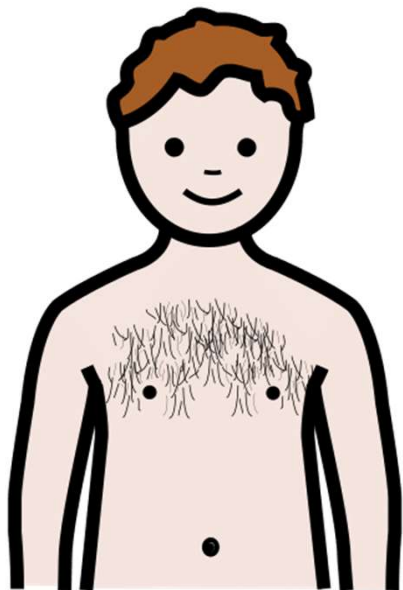


I PRIMI SEGNI DELLE PUBERTA'  
NEI RAGAZZI SONO

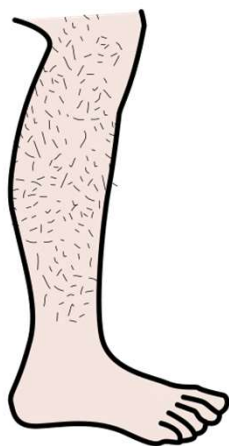
CRESCITA



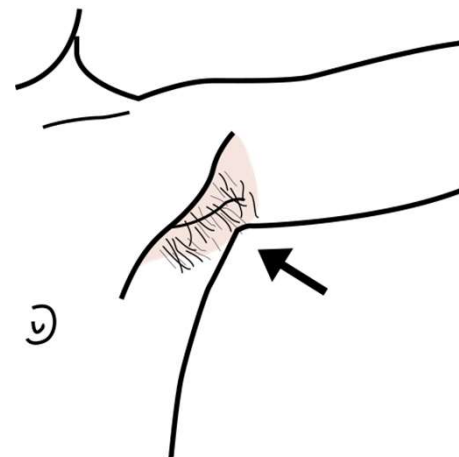
PELI SUL PETTO



E SULLE GAMBE.



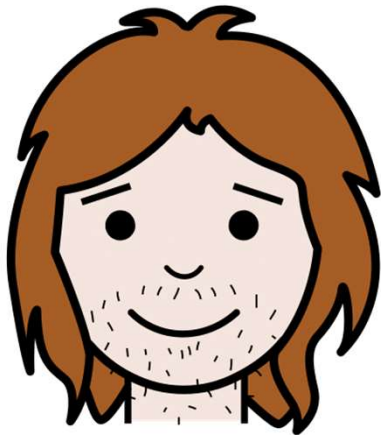
PELI SOTTO LE ASCELLE E  
AUMENTO DELLA SUDORAZIONE.



PER QUESTO E' NECESSARIO  
USARE IL DEODORANTE



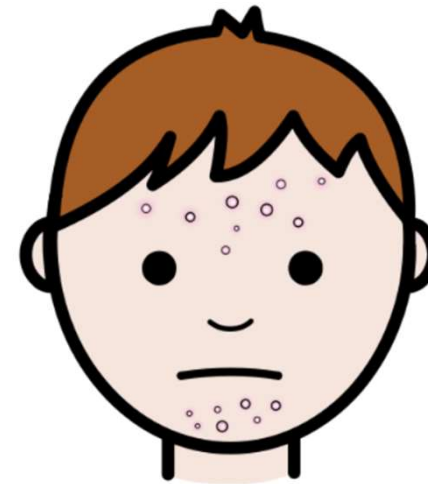
SUL VISO, COMPAIONO BARBA  
E BAFFI



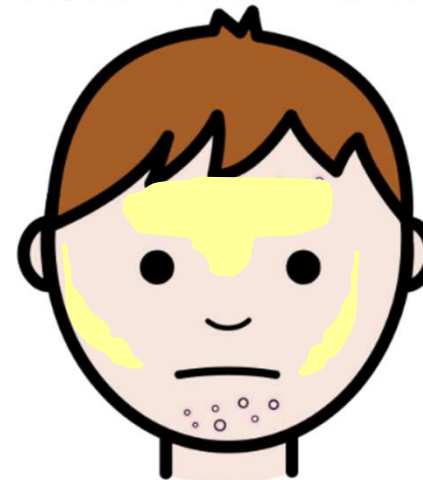
L'UOMO HA BISOGNO DI FARSI LA  
BARBA



COMPAIONO DEI BRUFOLI  
SULLA FACCIA



QUESTO SUCCEDDE PERCHE' LA  
PELLE HA PIU' IMPURITA'





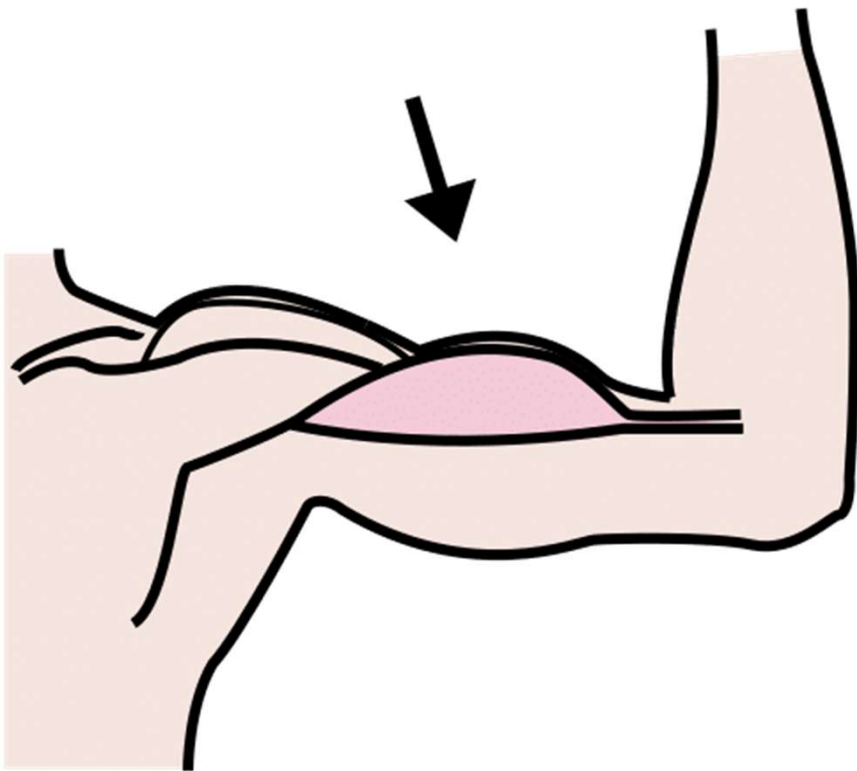
PER QUESTO E' IMPORTANTE  
LAVARSI IL VISO PIU' VOLTE  
DURANTE IL GIORNO



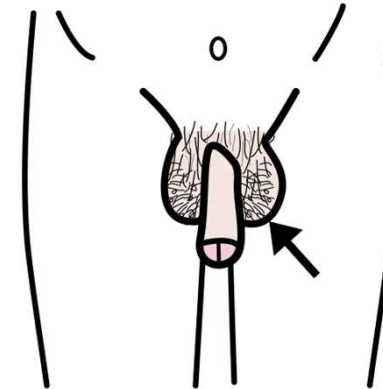
LA VOCE DIVENTA PIU'  
PROFONDA



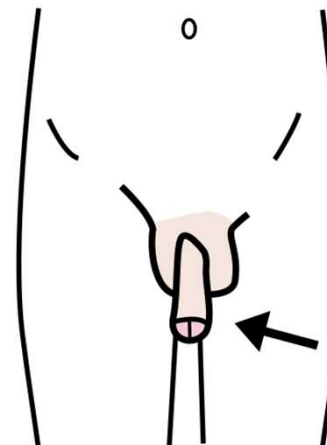
SI NOTA UN AUMENTO DELLA  
MASSA MUSCOLARE



COMPAIONO I PELI PUBICI

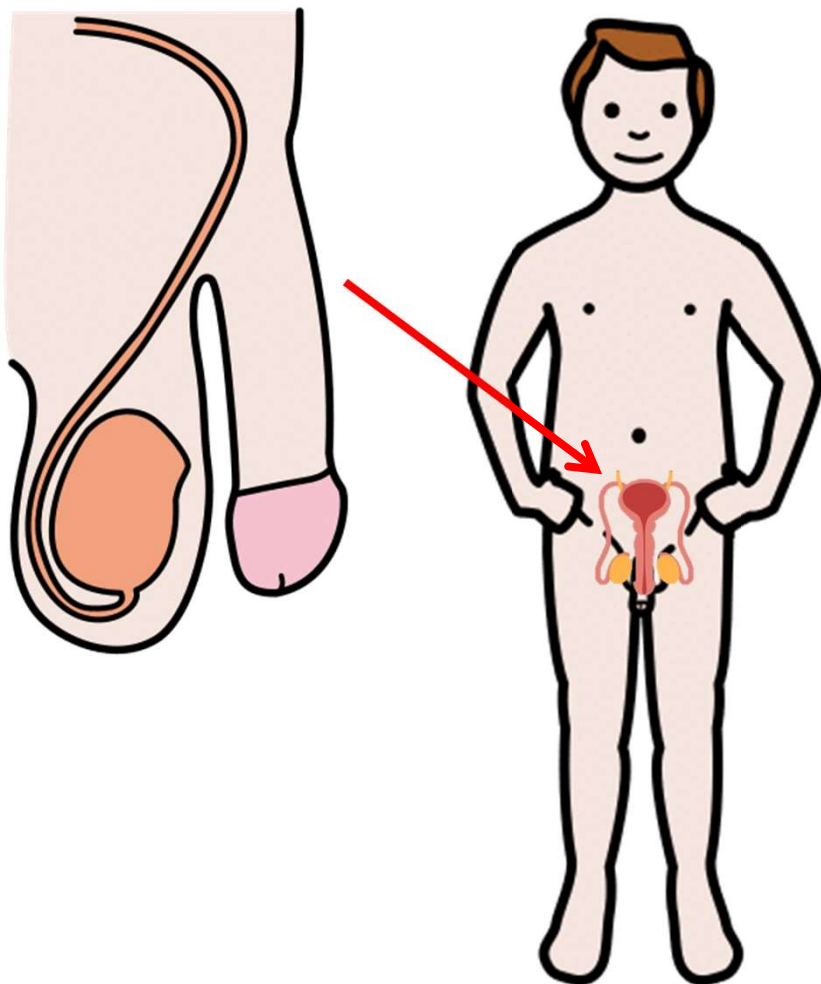


PENE E TESTICOLI DIVENTANO  
PIU' GRANDI

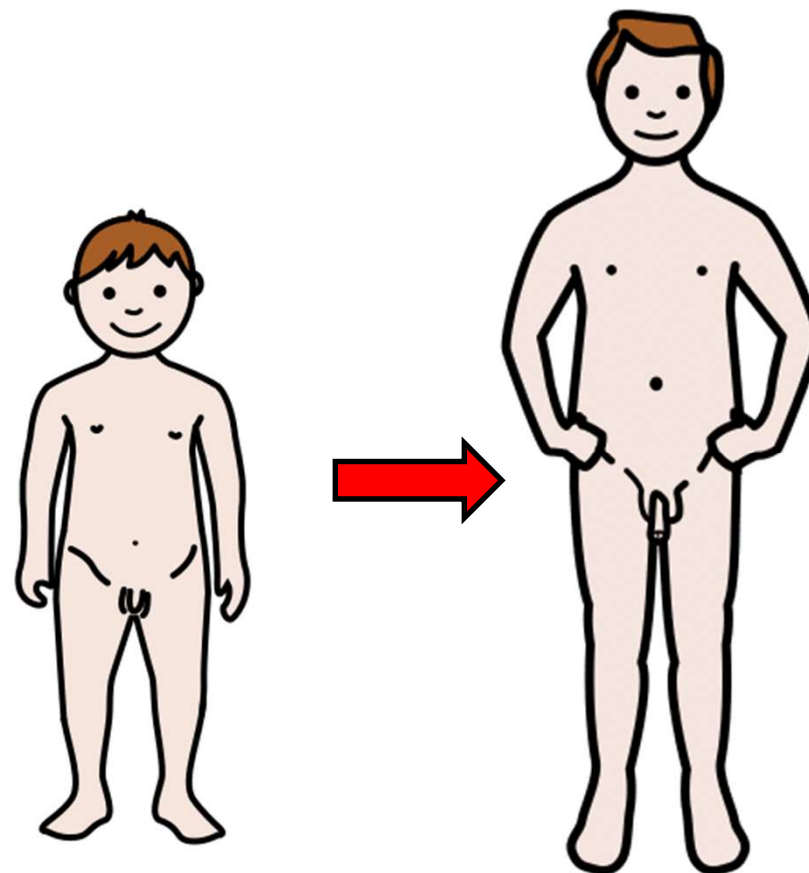




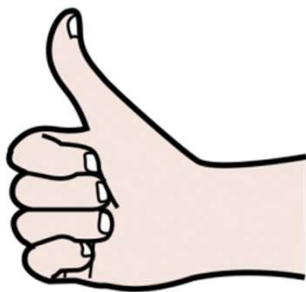
SI SVILUPPA ANCHE L'APPARATO  
RIPRODUTTIVO, MA QUESTO  
ORGANO NON PUO' ESSERE VISTO  
PERCHE' E' ALL'INTERNO DEL CORPO



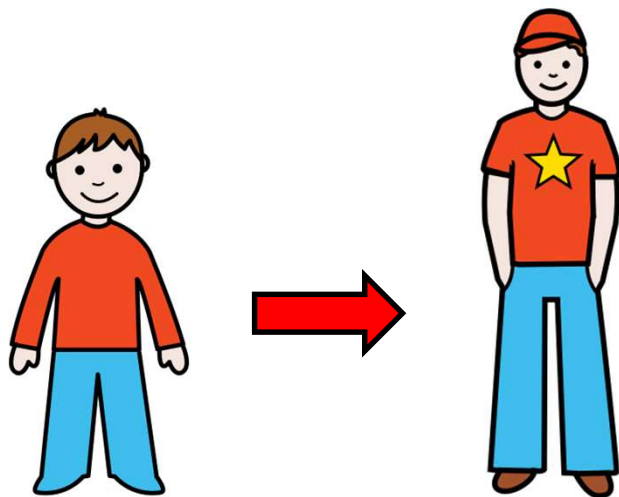
NELLA PUBERTA' CI SONO  
MOLTI CAMBIAMENTI NEL  
NOSTRO CORPO



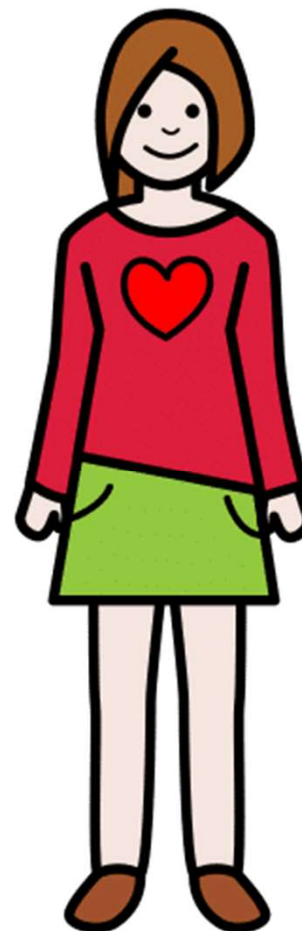
VA TUTTO BENE.



STIAMO CRESCENDO E CI  
STIAMO SVILUPPANDO

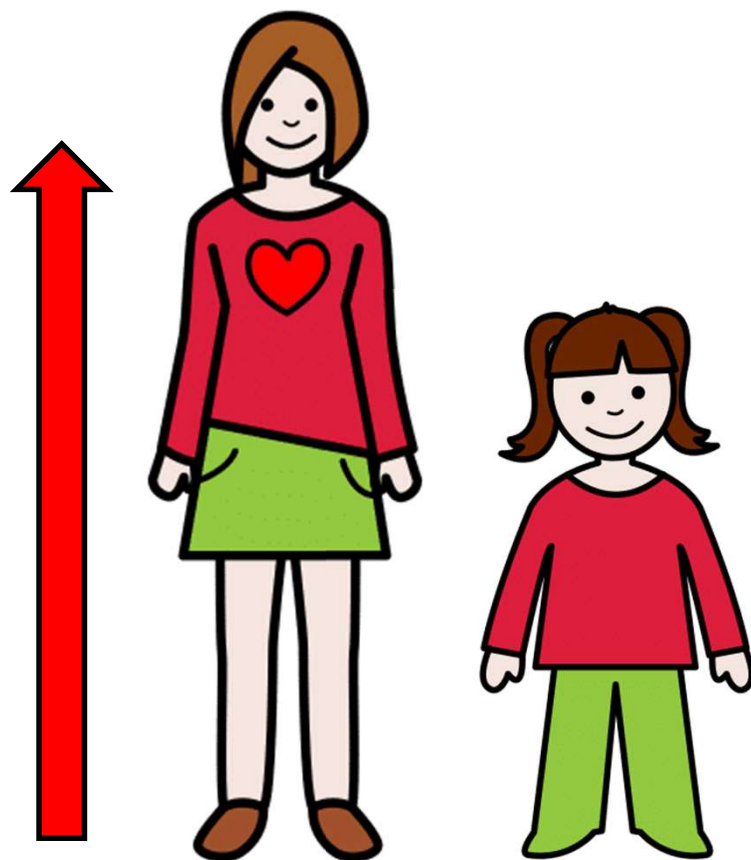


## PUBERTA' NELLE RAGAZZE

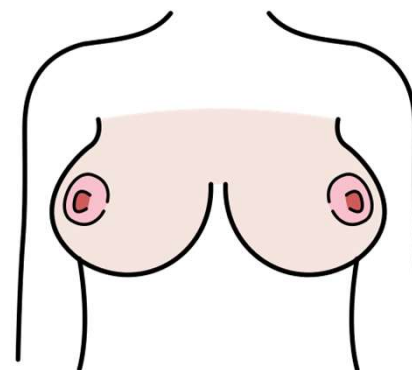


I PRIMI SEGNI DELLA PUBERTA'  
NELLE RAGAZZE SONO:

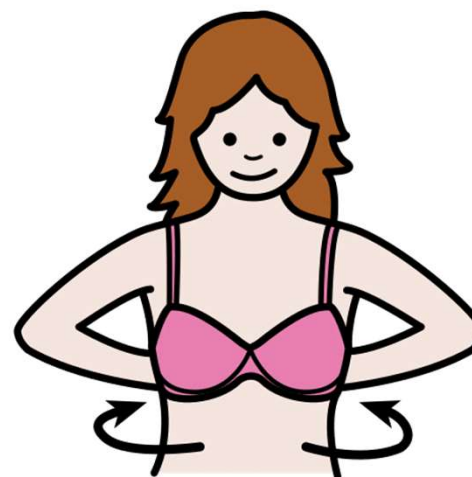
CRESCITA



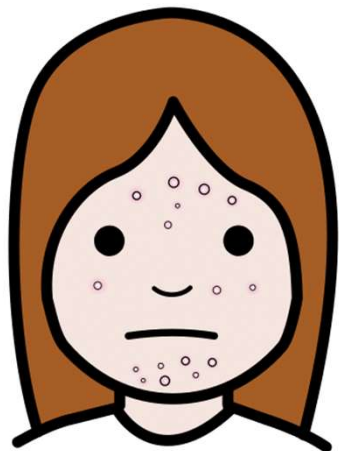
SVILUPPO DEL SENO



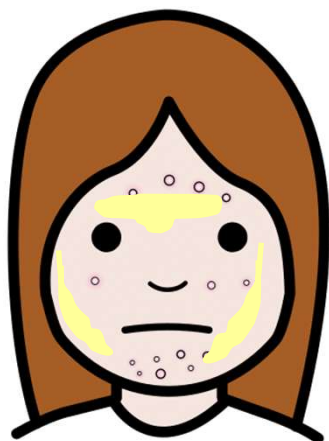
PER QUESTO LE RAGAZZE INIZIANO  
AD INDOSSARE IL REGGISENO



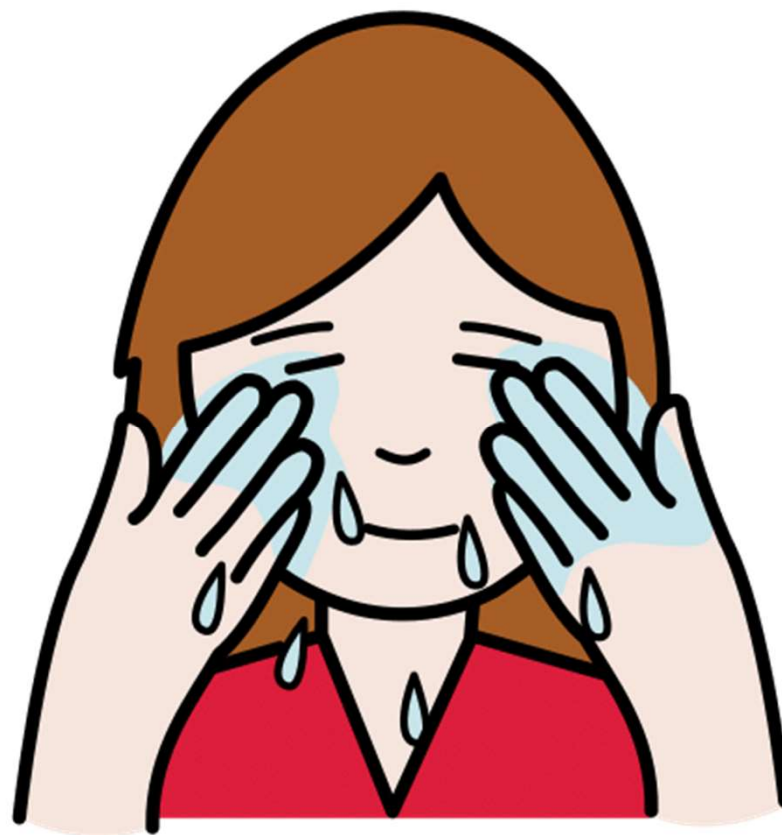
COMPAGNONI DEI BRUFOLI SUL  
VISO



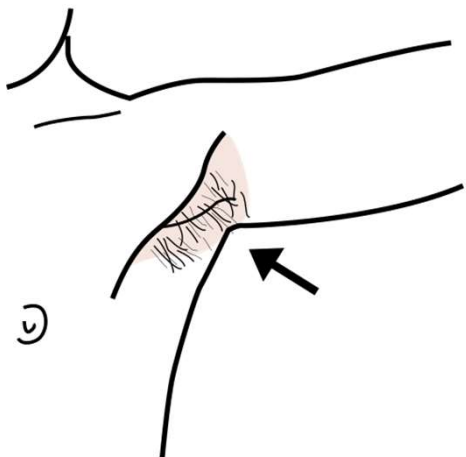
LA PELLE HA PIU' IMPURITA'



E' IMPORTANTE LAVARSI IL  
VISO PIU' VOLTE AL GIORNO



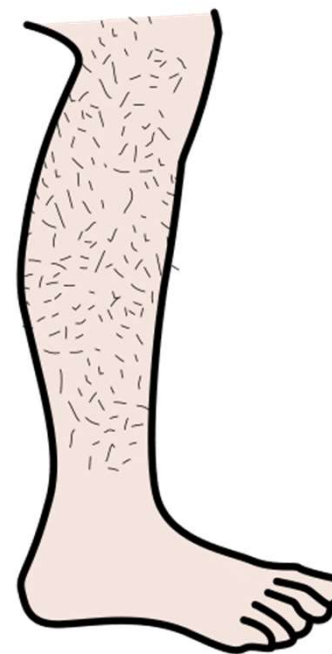
COMPAIONO I PELI SOTTO LE  
ASCELLE E SI NOTA UN AUMENTO  
DELLA SUDORAZIONE



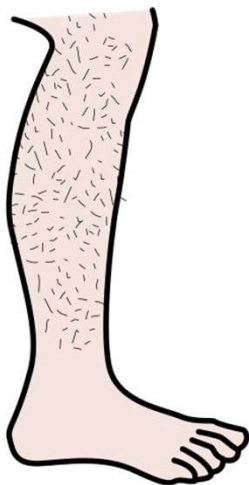
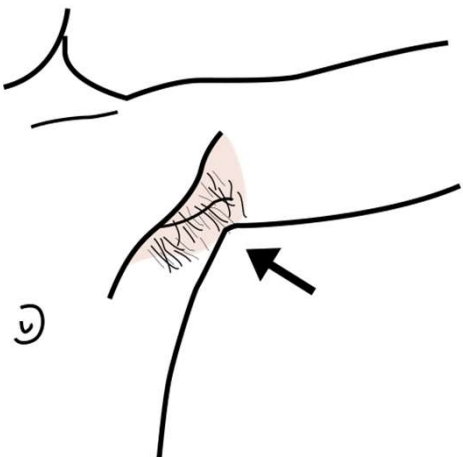
PER QUESTO BISOGNA USARE  
IL DEODORANTE



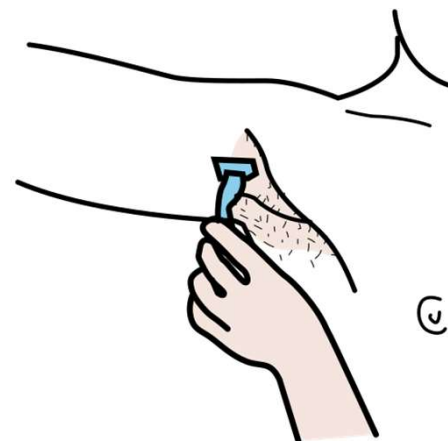
CRESCONO I PELI SULLE GAMBE



LA COMPARSA DI PELI SU  
ASCELLE E GAMBE POTREBBE  
DARE FASTIDIO



PER QUESTO A VOLTE LE DONNE  
DECIDONO DI DEPILARSI

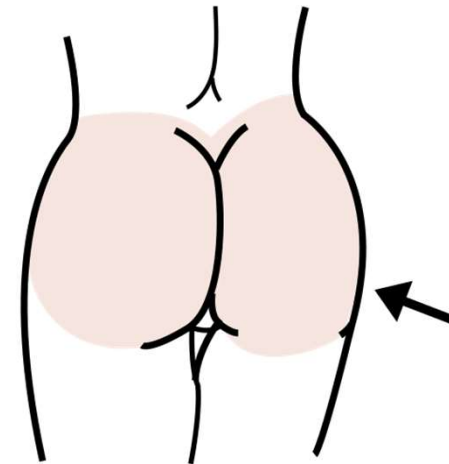
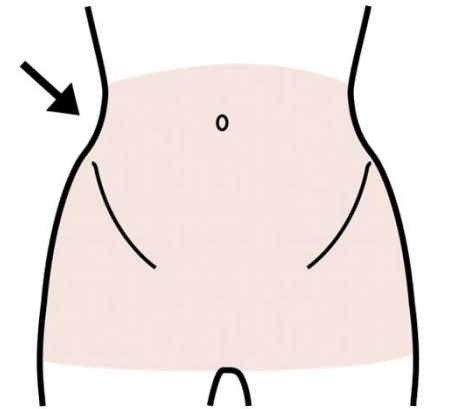




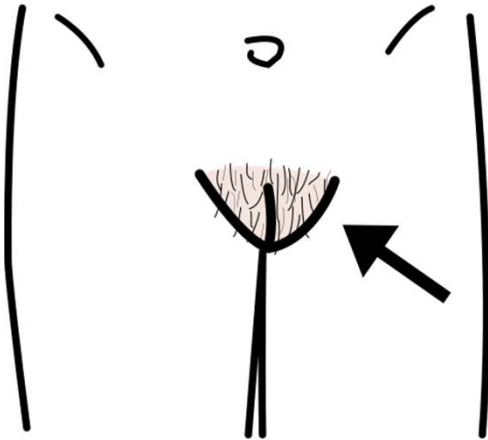
LE RAGAZZE POSSONO  
PARLARNE CON UN ADULTO SE  
DECIDONO DI DEPILARSI



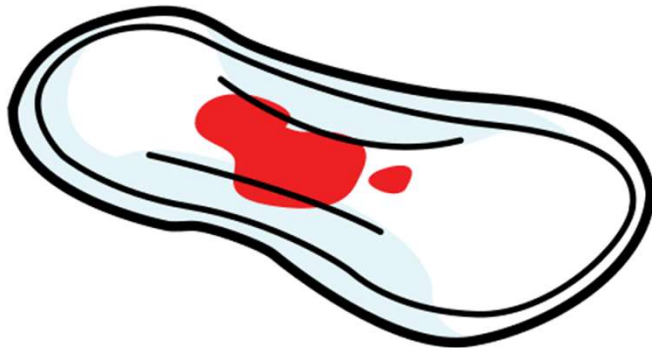
I FIANCHI E LE NATICHE  
AUMENTANO



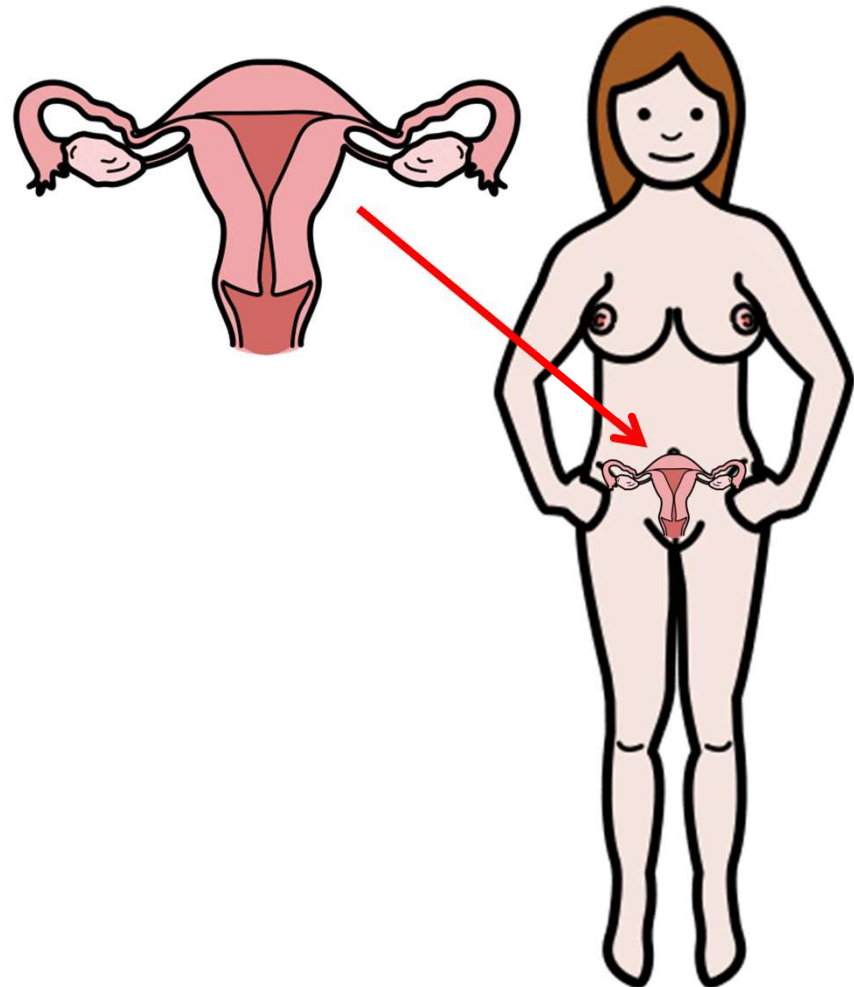
COMPAIONO I PRIMI PELI  
PUBICI



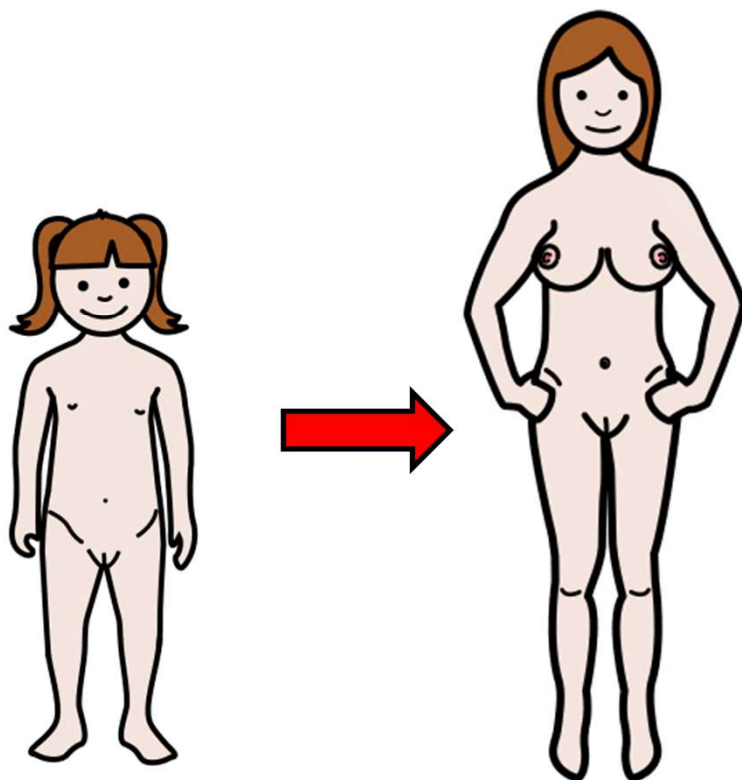
COMPAIONO LE PRIME  
MESTRUAZIONI



SI SVILUPPA IL SISTEMA  
RIPRODUTTIVO, MA QUESTO  
ORGANO NON PUO' ESSERE VISTO  
PERCHE' E' ALL'INTERNO DEL CORPO



DURANTE LA PUBERTA', NEL  
CORPO AVVENGONO MOLTI  
CAMBIAMENTI



VA TUTTO BENE



STIAMO CRESCENDO E CI  
STIAMO SVILUPPANDO

