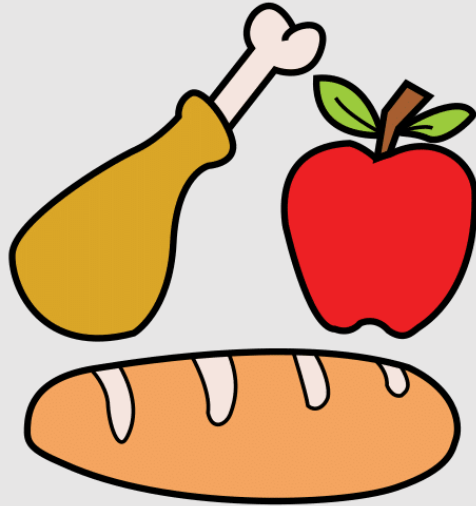


Les catégories d'aliments



Compétence de lecture et
d'écriture globale

Live

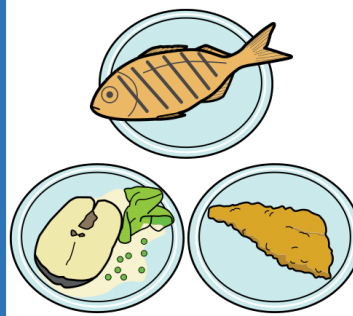




Produits Laitiers



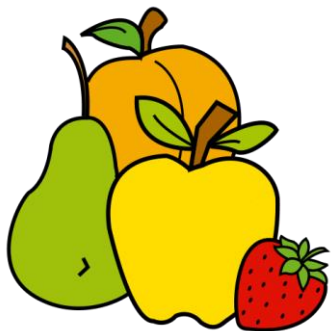
Viande



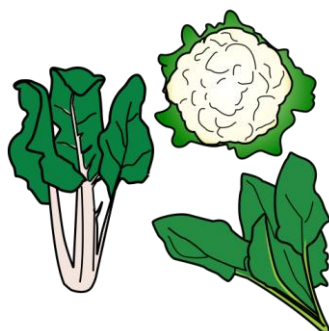
Poisson



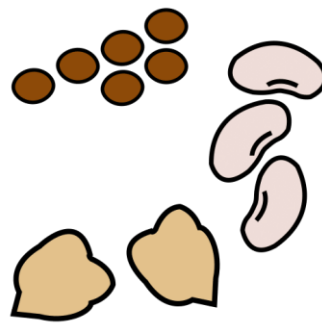
Céréales



Fruits



Légumes Verts



Légumineux



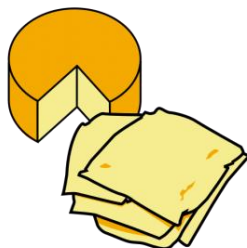
Fruits Secs



Produits laitiers



Lait



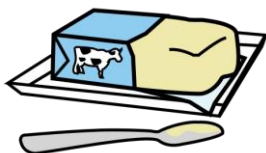
Fromage



Fromage
Individuel



Crème



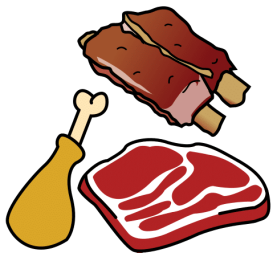
Beurre



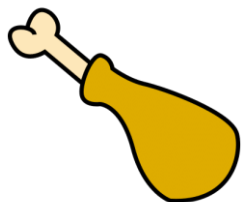
Yaourt



Petit Suisse



Viandes



cuisse



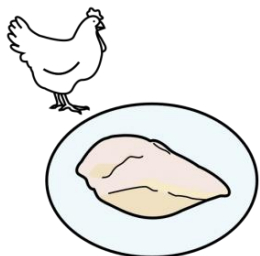
côtelette



côte



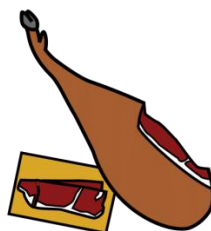
filet



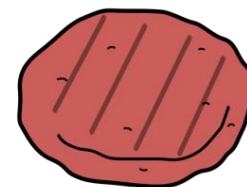
poulet



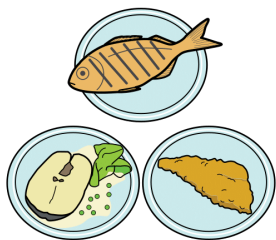
chorizo



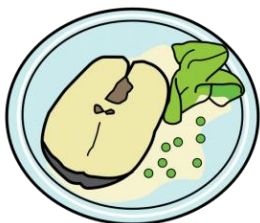
jambon



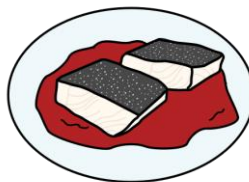
steack haché



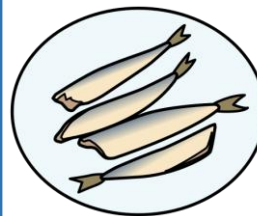
Poisson



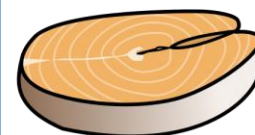
merlu



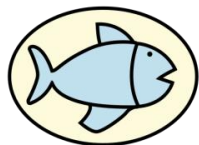
morue



anchois



saumon



perche



poisson pané



thon



anchois



Cereales



blé



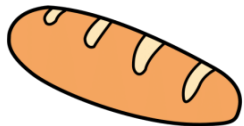
farine



maïs



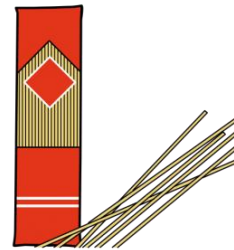
avoine



pain



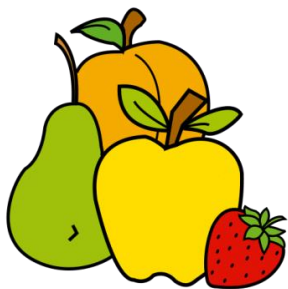
macaroni



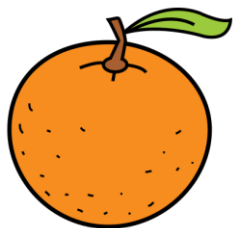
spaghetti



céréales



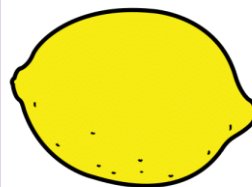
Fruits



orange



fraise



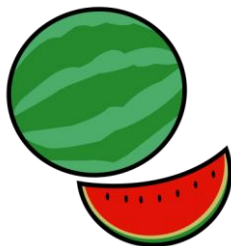
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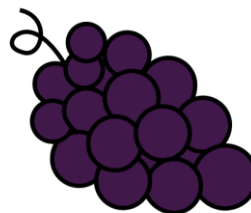
poire



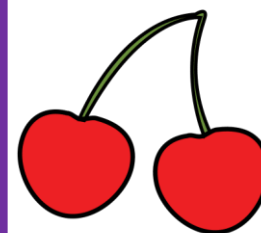
bananes



pastèque



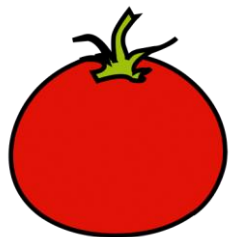
raisin



cerise



Légumes



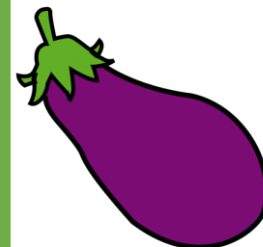
tomate



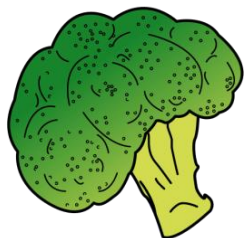
salade



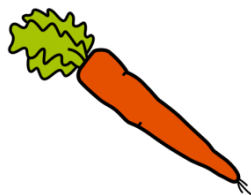
poisiron



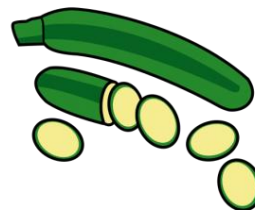
aubergine



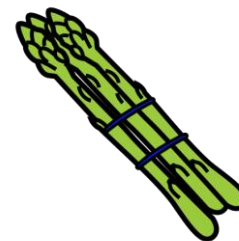
brocoli



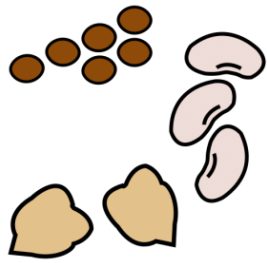
carotte



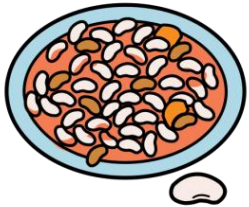
courgettes



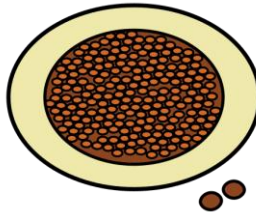
asperges



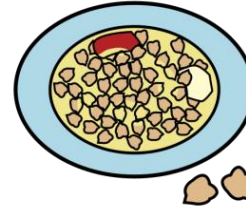
Légumineux



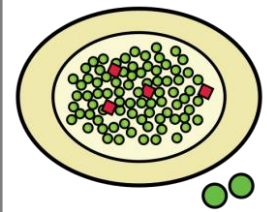
haricots



lentilles



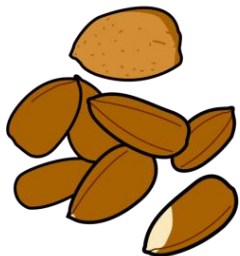
pois chiches



petits pois



Fruits sec



amandes



noix



Graine de
tournesol



pistaches



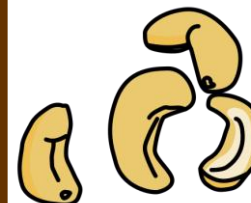
châtaignes



pignons

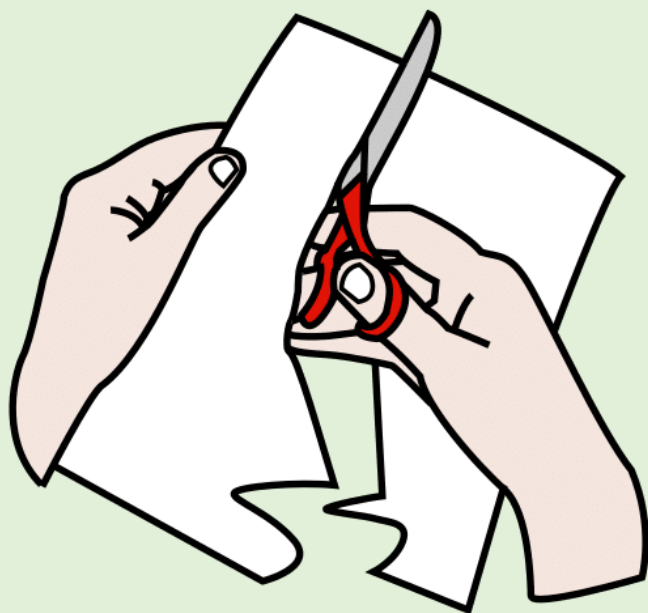


gland



noix de cajoux

Découper et coller



Produit Laitier

lait

fromage

fromage
individuel

crème

beurre

yaourt

petit suisse

Viandes

cuisse

côtelette

côte

filet

poulet

chorizo

jambon

steack haché

Poisson

merlu

morue

sardine

saumon

perche

poisson pané

thon

anchois

Céréales

blé

farine

maïs

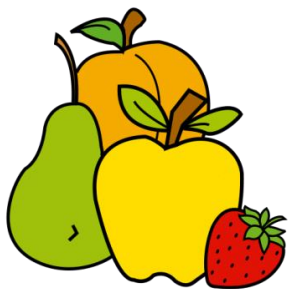
avoine

pain

macaroni

spaghetti

cereales



Fruits

orange

fraise

citron

poire

banane

pastèque

raisin

cerise

Légumes

tomate

salade

poinçon

aubergine

brocoli

carotte

courgette

asperge



Légumineux



haricots



lentilles



pois chiches



petits pois

Fruits sec

amandes

noix

graine de
tournesol

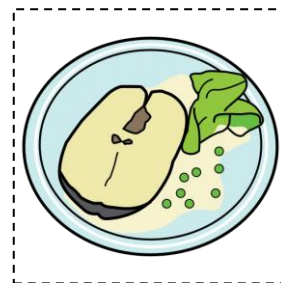
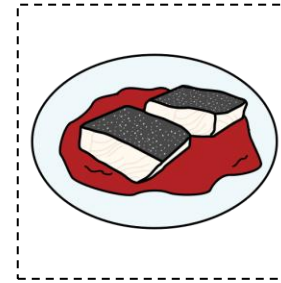
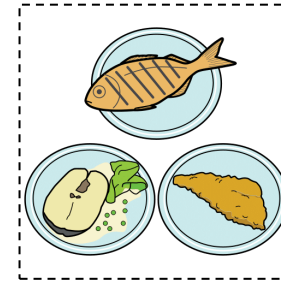
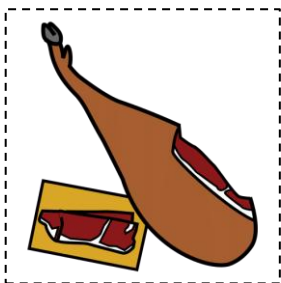
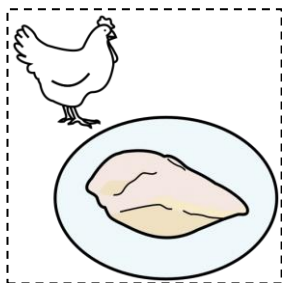
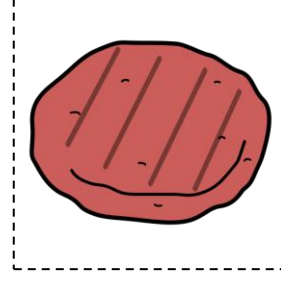
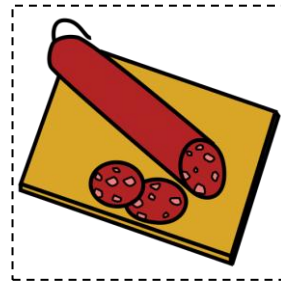
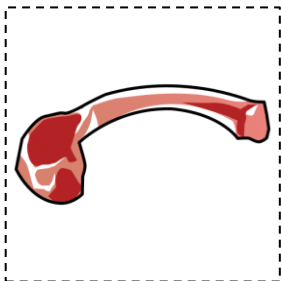
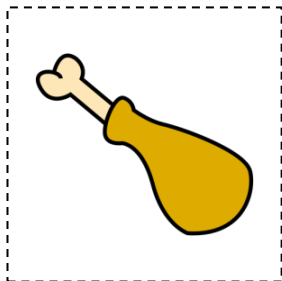
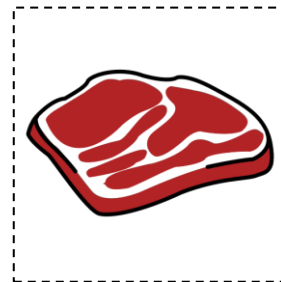
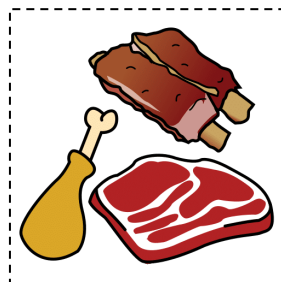
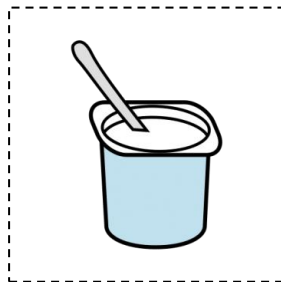
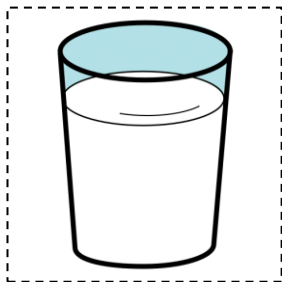
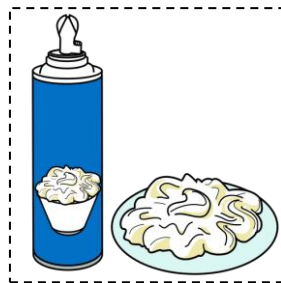
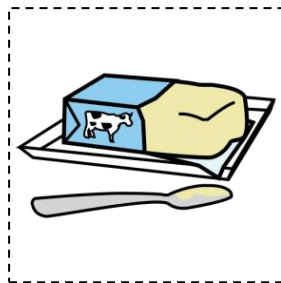
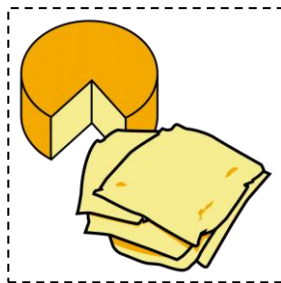
pistaches

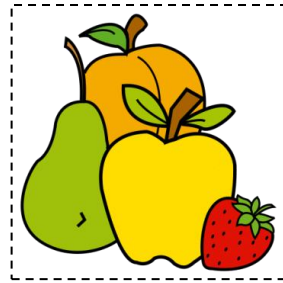
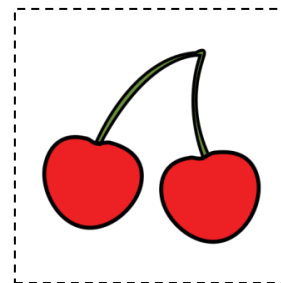
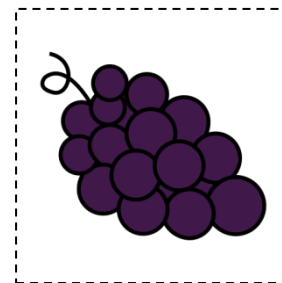
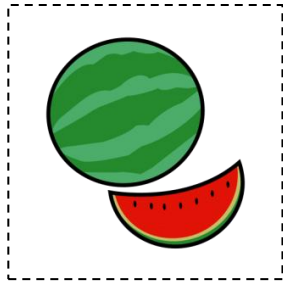
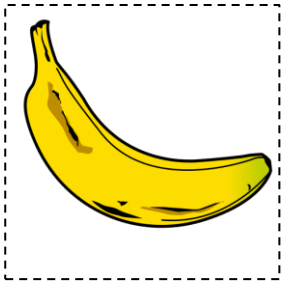
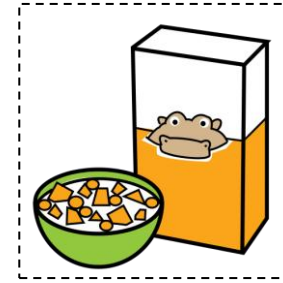
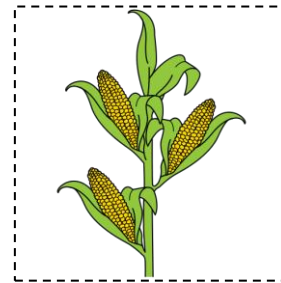
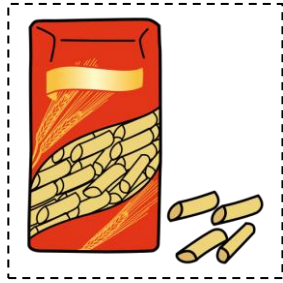
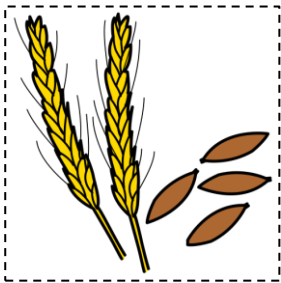
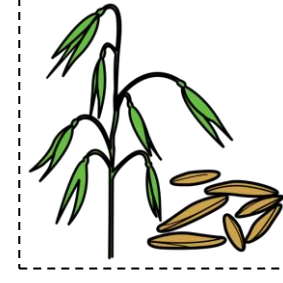
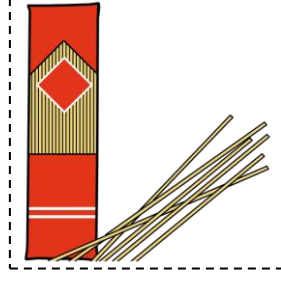
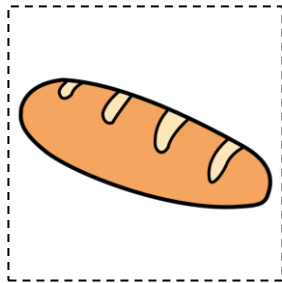
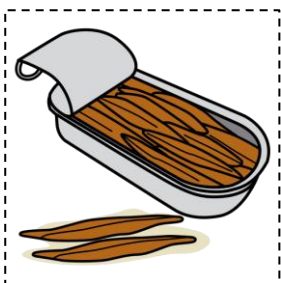
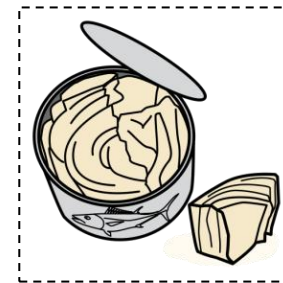
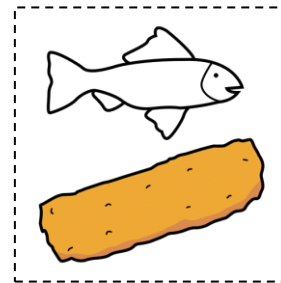
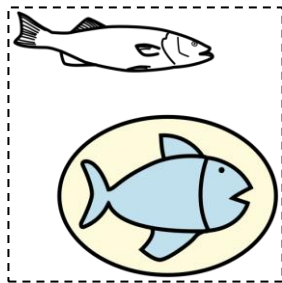
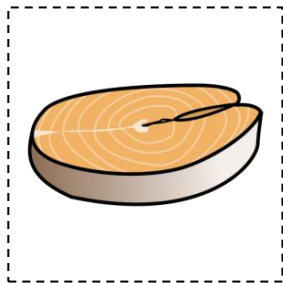
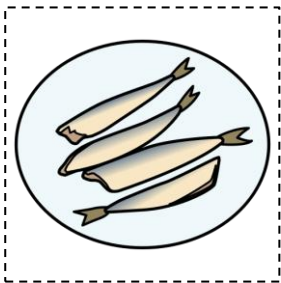
châtaignes

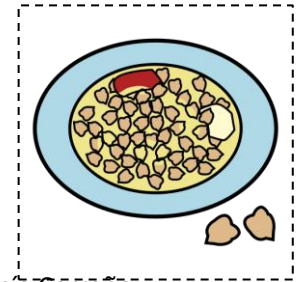
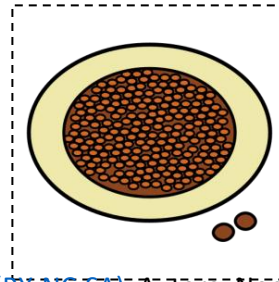
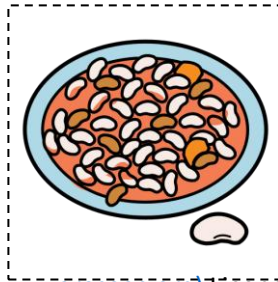
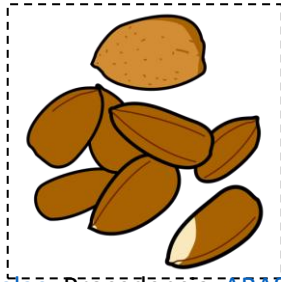
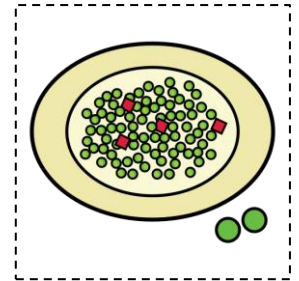
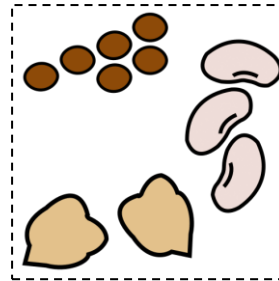
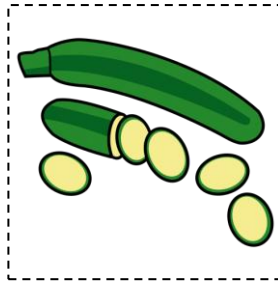
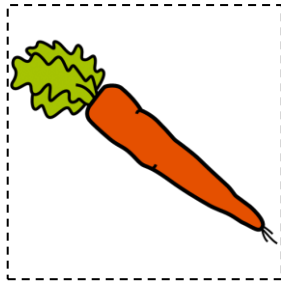
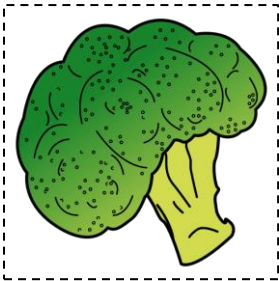
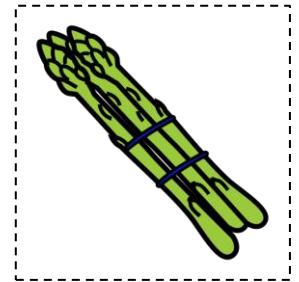
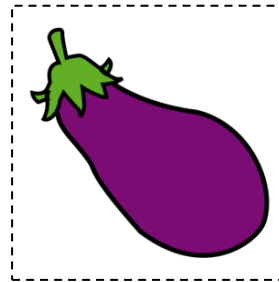
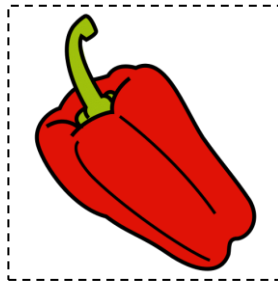
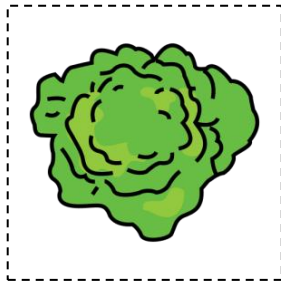
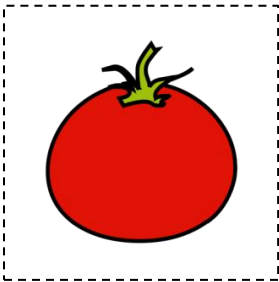
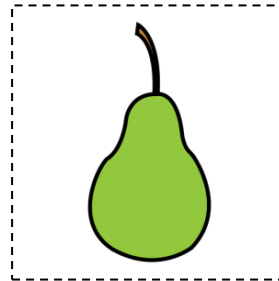
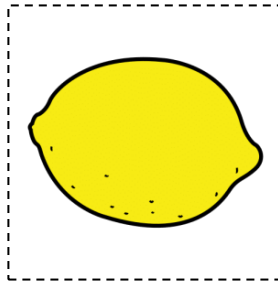
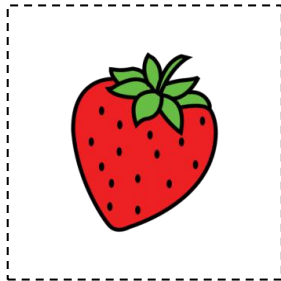
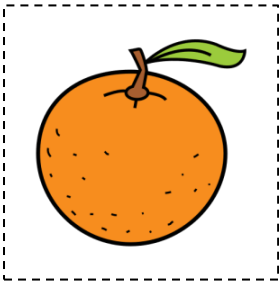
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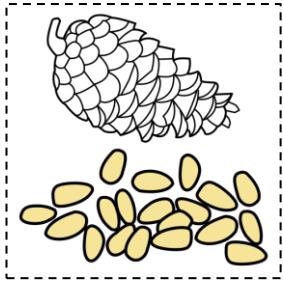
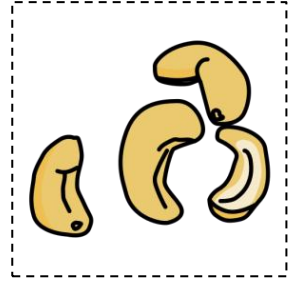
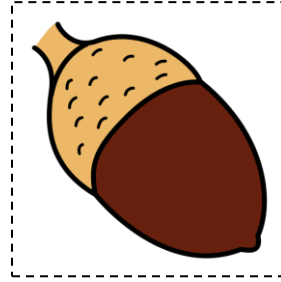
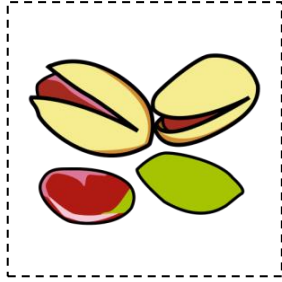
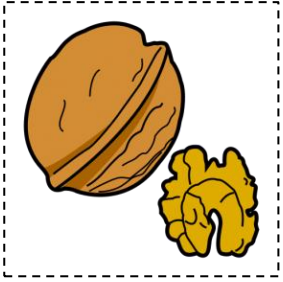
gland

noix de cajoux









Escrit

