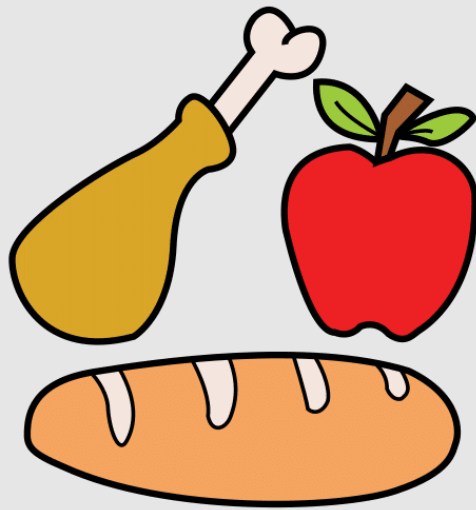


OS TIPOS DE ALIMENTOS



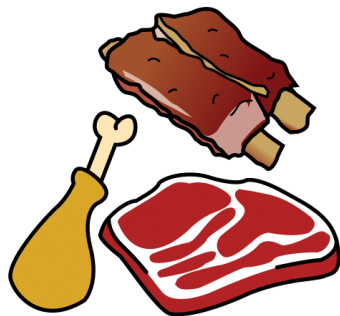
LEITURA / ESCRITA GLOBAL E CLASSIFICAÇÃO

LÊ

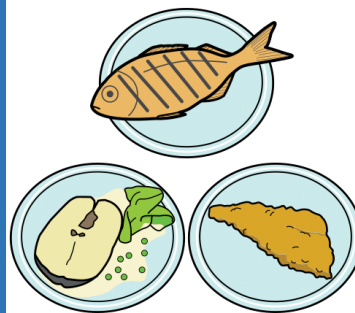




LACTICÍNIOS



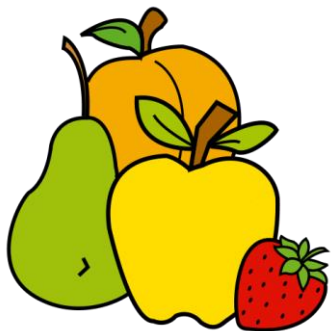
CARNE



PEIXE



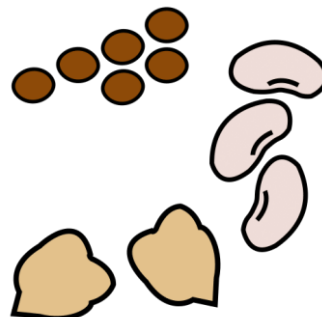
CEREAIS



FRUTAS



VERDURAS



LEGUMES



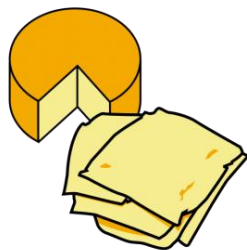
FRUTOS SECOS



LACTICÍNIOS



LEITE



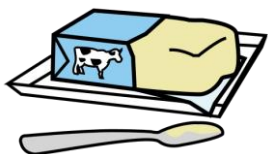
QUEIJO



QUEIJITOS



NATAS



MANTEIGA



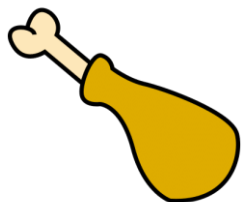
IOGURTE



IOGURTE



CARNE



PERNA



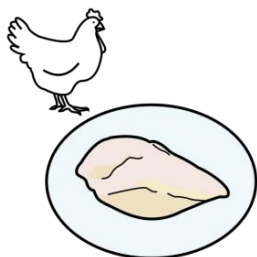
COSTOLETA



ENTRECOSTO



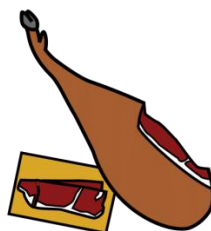
BIFE



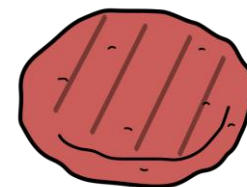
**PEITO DE
FRANGO**



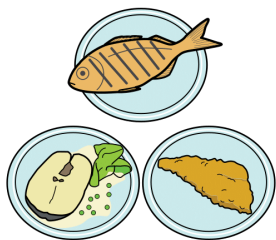
CHOURIÃO



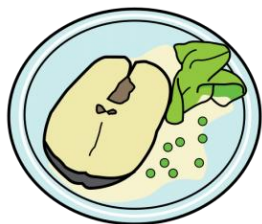
PRESUNTO



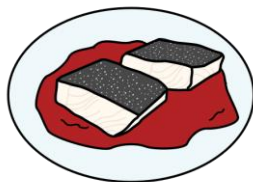
HAMBURGUER



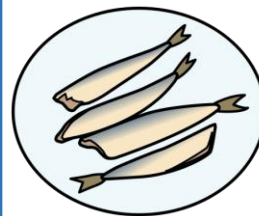
PEIXE



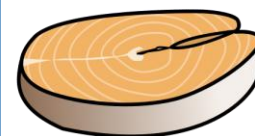
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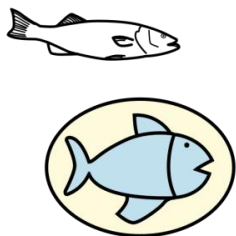
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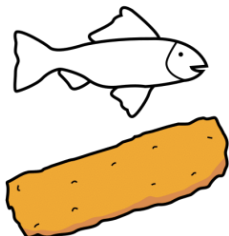
ANCHOVAS



SALMÃO



ROBALO



BARRITAS



ATÚM



ANCHOVAS



CEREAIS



TRIGO



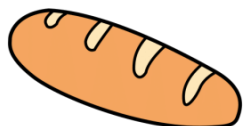
ARROZ



MILHO



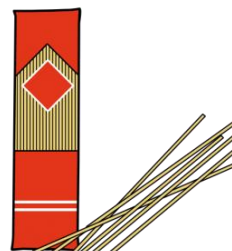
AVEIA



PÃO



MASSA



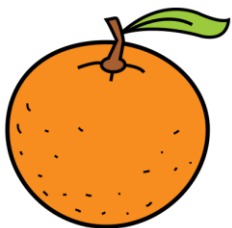
ESPARGUETE



CEREAIS



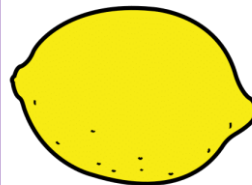
FRUTAS



LARANJA



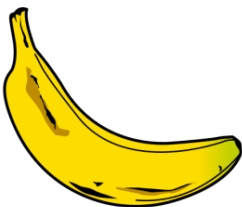
MORANGO



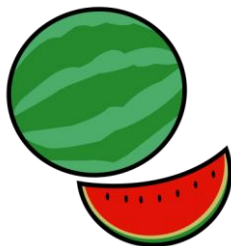
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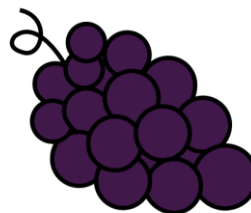
PERA



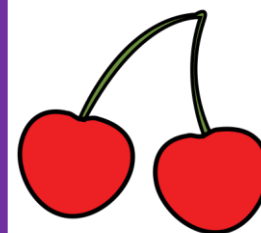
BANANA



MELÂNCIA



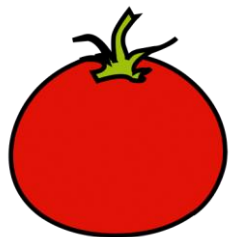
UVAS



CEREJAS



VERDURAS



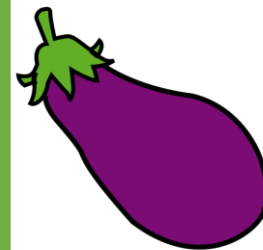
TOMATE



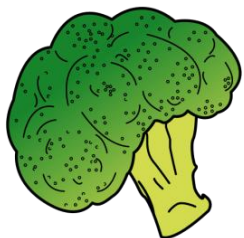
ALFACE



PIMENTO



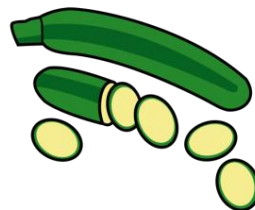
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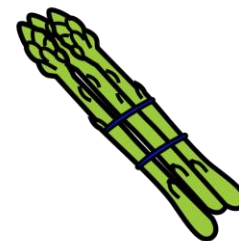
BRÓCOLO



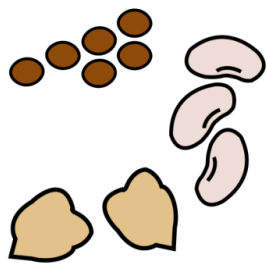
CENOURA



COURGETE



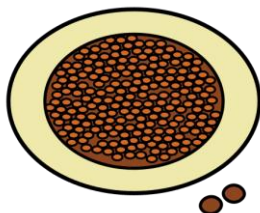
ESPARGOS



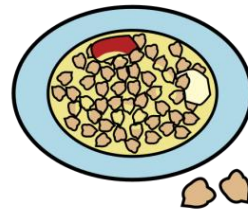
LEGUMES



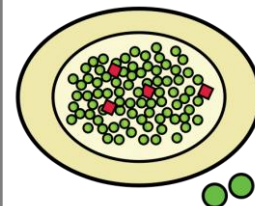
FEIJÃO



LENTILHAS



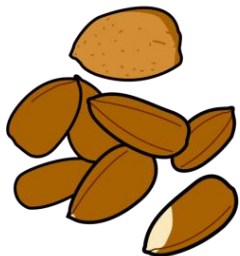
GRÃO



ERVILHAS



FRUTOS SECOS



ALMÊNDOAS



NOZ



PIPAS



PISTACHOS



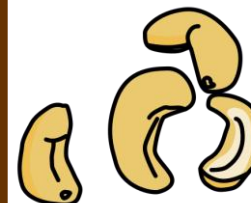
CASTANHAS



PINHÕES

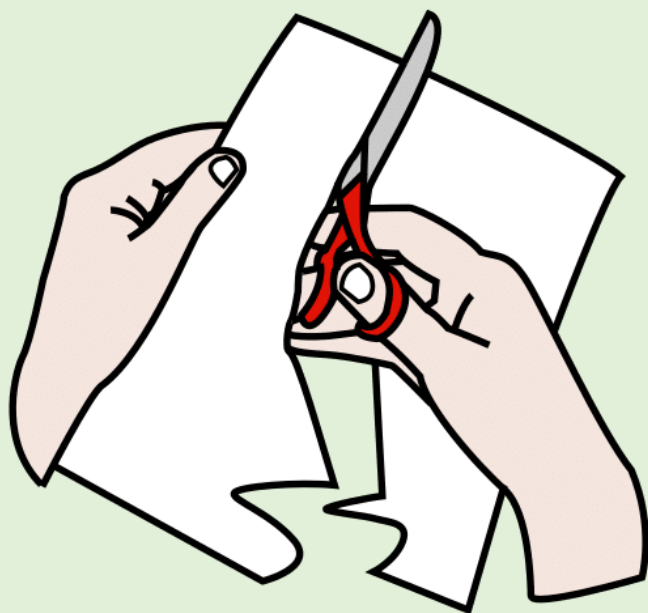


BOLOTA



CASTANHA
DE CAJU

RECORTA E COLA



LATICÍNIOS

LEITE

QUEIJO

QUEIJITOS

NATAS

MANTEIGA

IOGURTE

IOGURTE

CARNE

PERNA

COSTOLETA

ENTRECOSTO

BIFE

**PEITO DE
FRANGO**

CHOURIÃO

PRESUNTO

HAMBURGUER

PEIXE

PESCADA

BACALHAU

ANCHOVAS

SALMÃO

ROBALO

BARRITAS

ATÚM

ANCHOVAS

CEREAIS

TRIGO

ARROZ

MILHO

AVEIA

PÃO

MASSA

ESPAGUETE

CEREAIS

FRUTAS

LARANJA

MORANGO

LIMÃO

PERA

BANANA

MELÂNCIA

UVAS

CEREJAS

VERDURAS

TOMATE

ALFACE

PIMENTO

BERINGELA

BRÓCOLO

CENOURA

COURGETE

ESPARGOS



LEGUMES

FEIJÃO

LENTILHAS

GRÃO

ERVILHAS

FRUTOS SECOS

AMÊNDOAS

NOZ

PIPAS

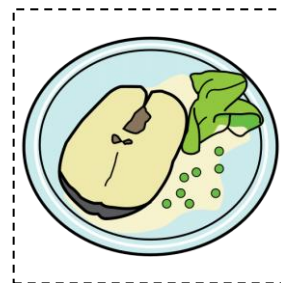
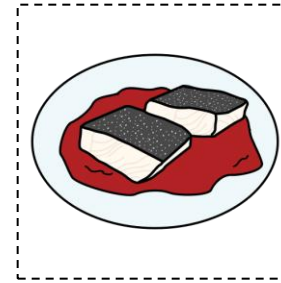
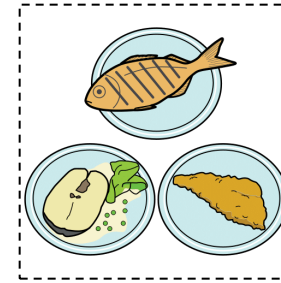
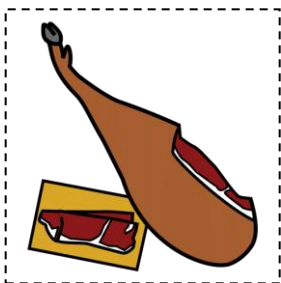
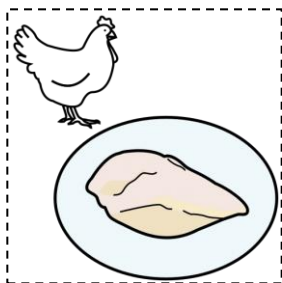
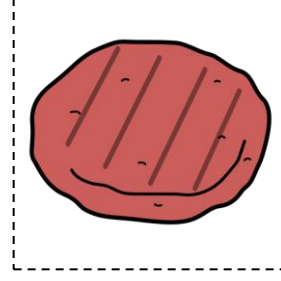
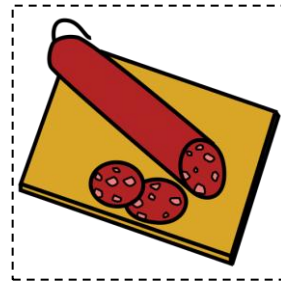
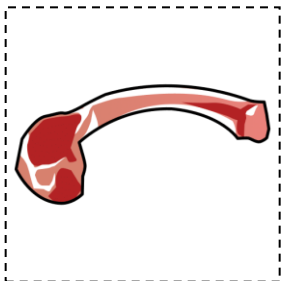
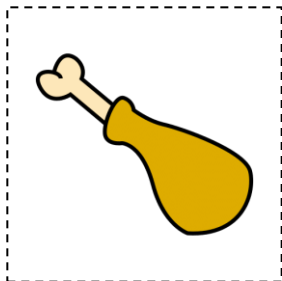
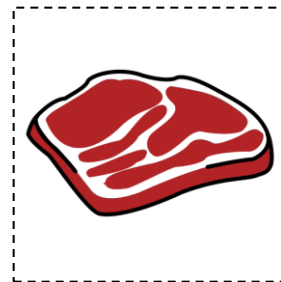
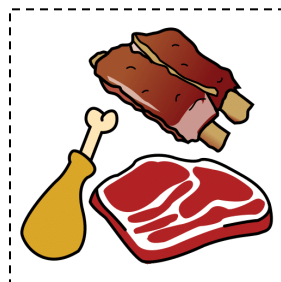
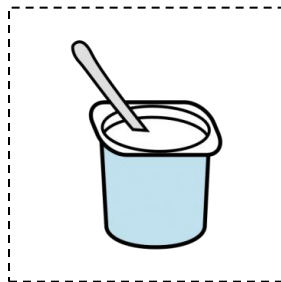
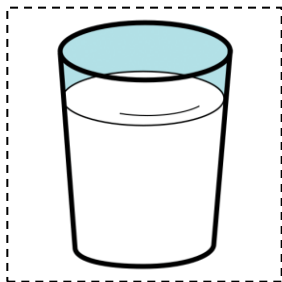
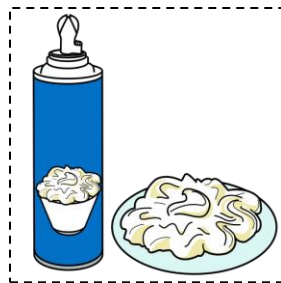
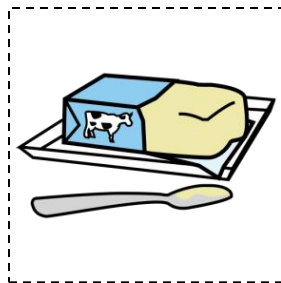
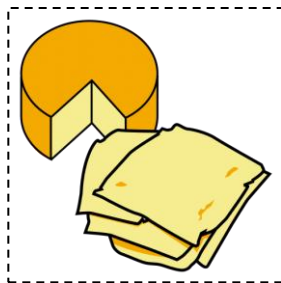
PISTACHOS

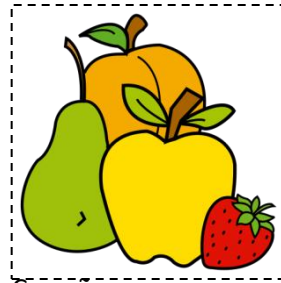
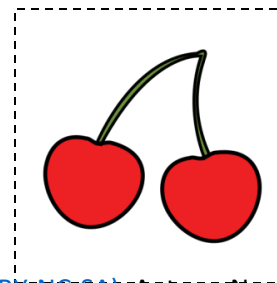
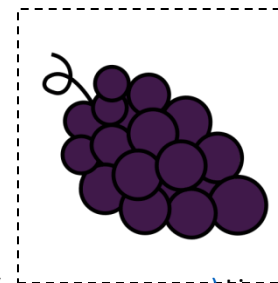
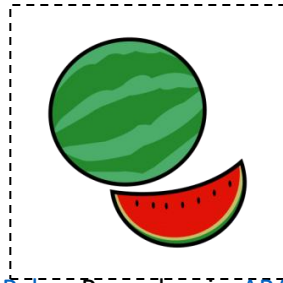
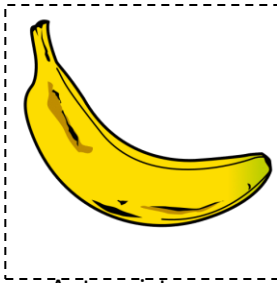
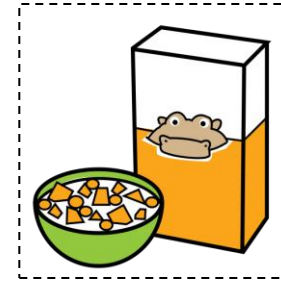
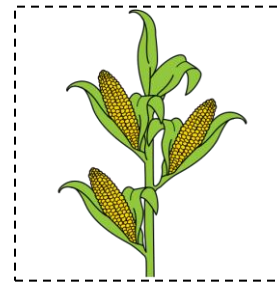
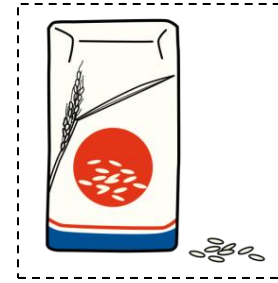
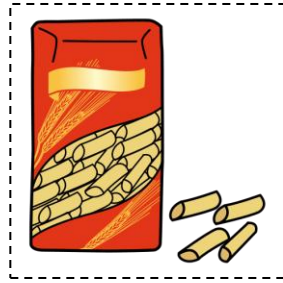
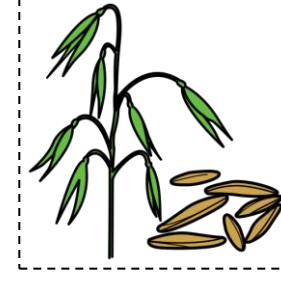
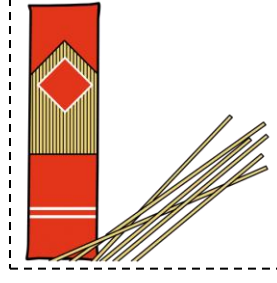
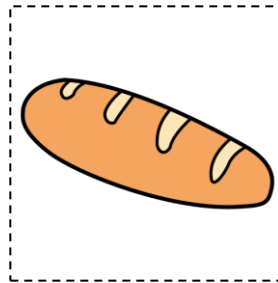
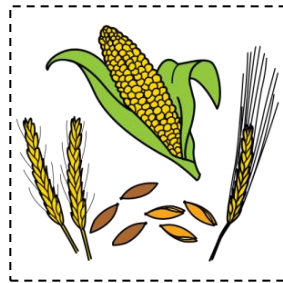
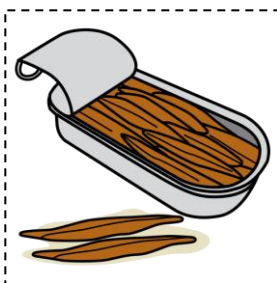
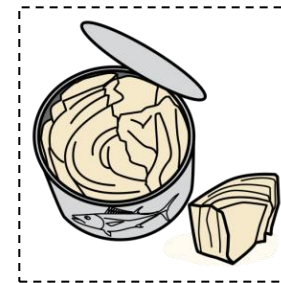
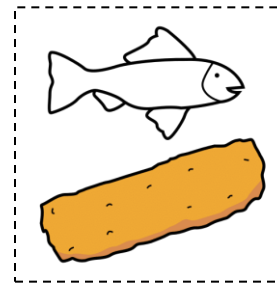
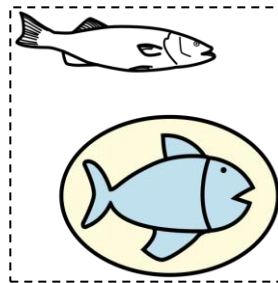
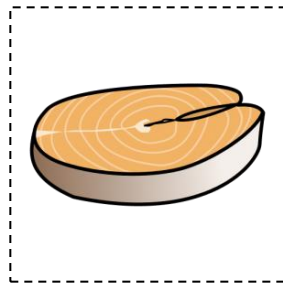
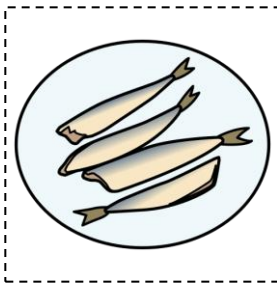
CASTANHAS

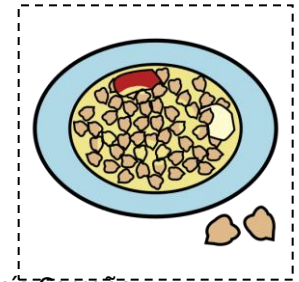
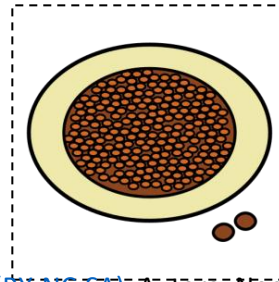
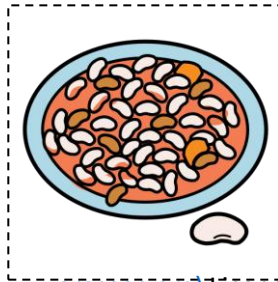
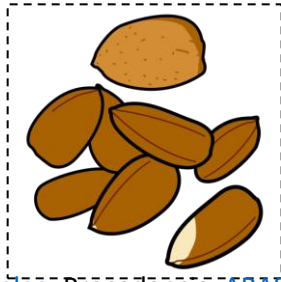
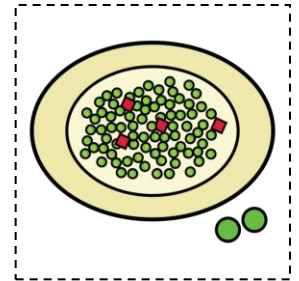
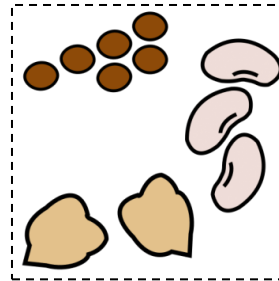
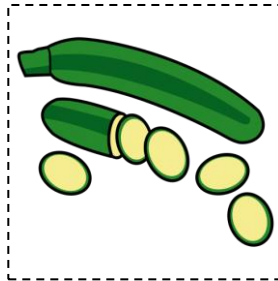
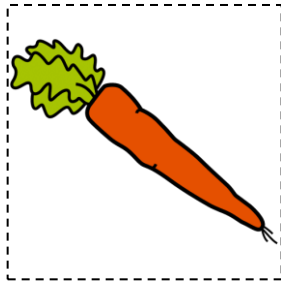
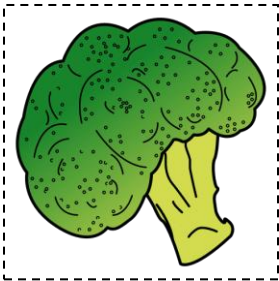
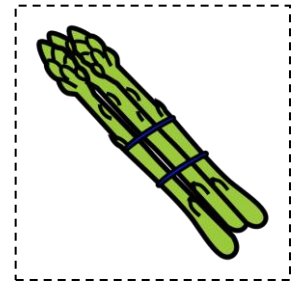
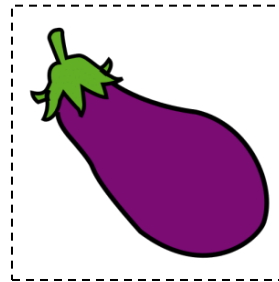
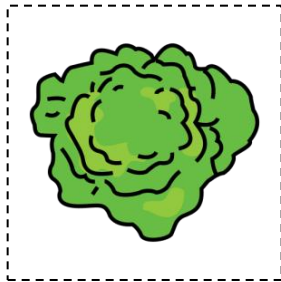
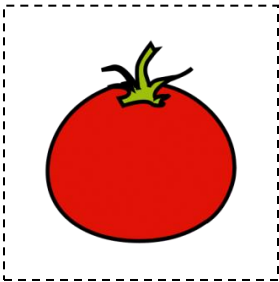
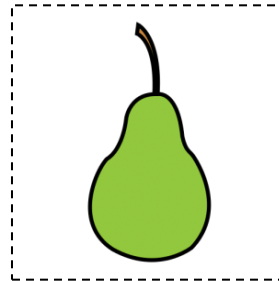
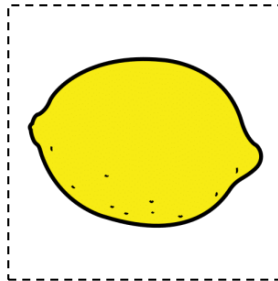
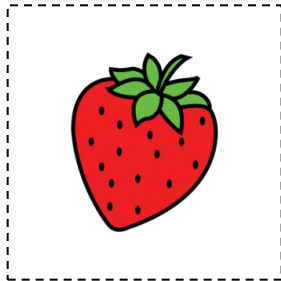
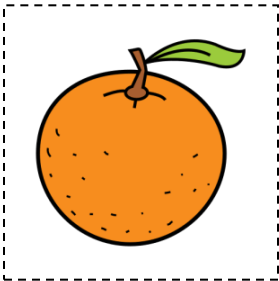
PINHÕES

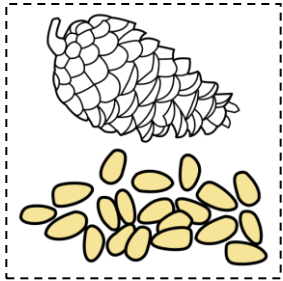
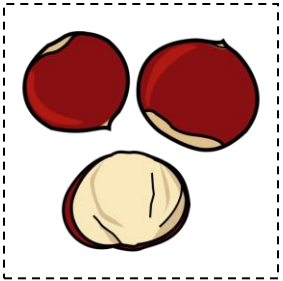
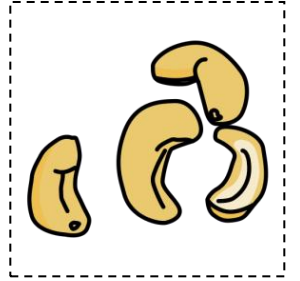
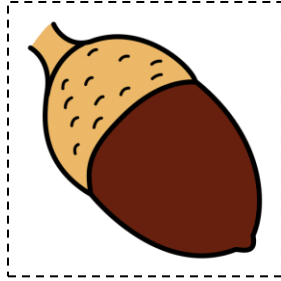
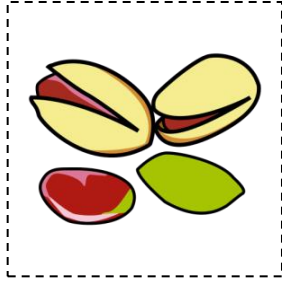
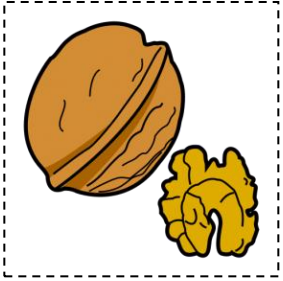
BOLOTA

CASTANHA
DE CAJU









ESCREVE

