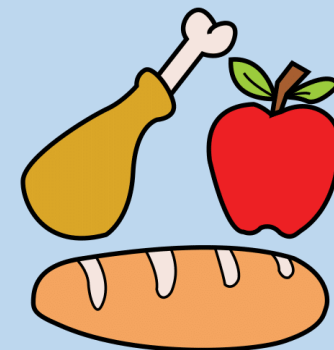


TARJETAS: Los alimentos



@lanubedelasideas

Frutas



Hortalizas



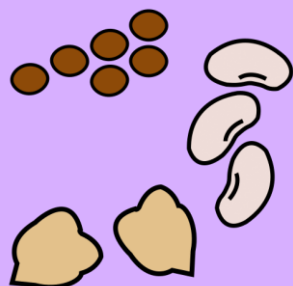
Lácteos



Cereales



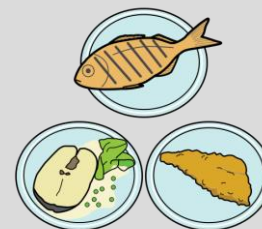
Legumbres



Carne



Pescado
y marisco

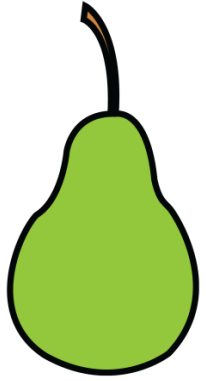


Frutos secos

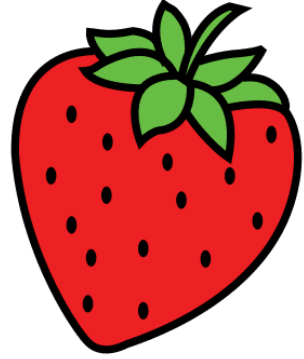


Grasas y azúcares

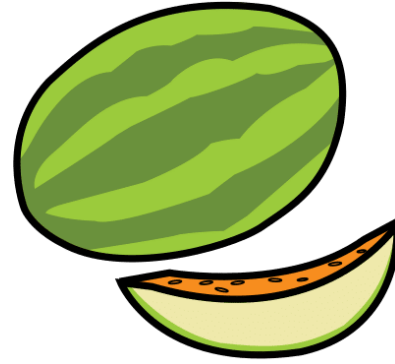




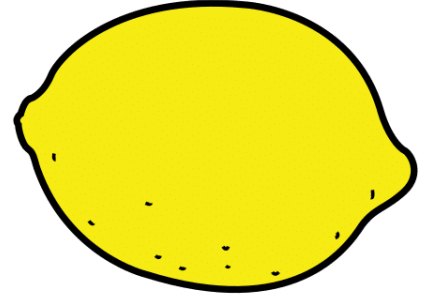
Pera



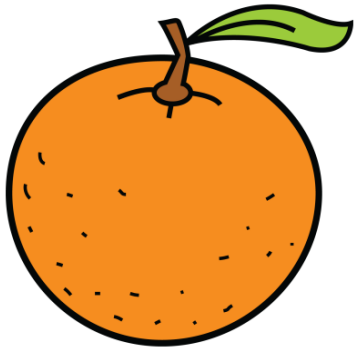
Fresa



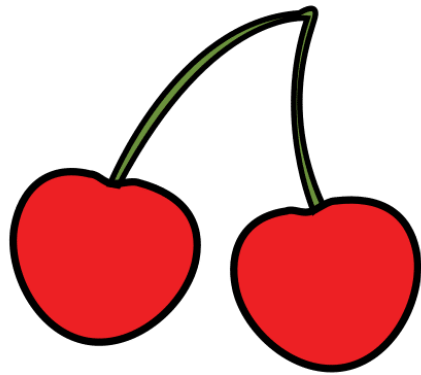
Melón



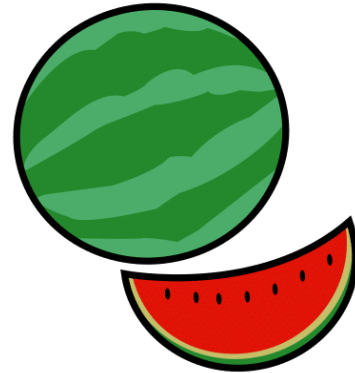
Limón



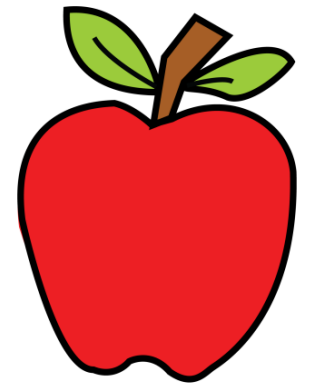
Naranja



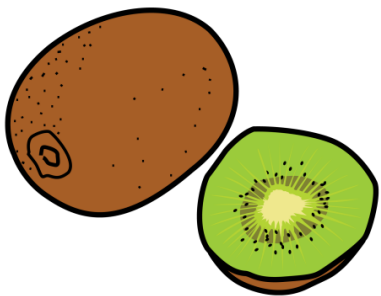
Cerezas



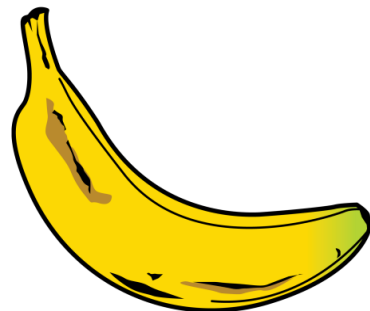
Sandía



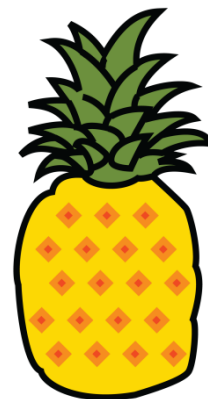
Manzana



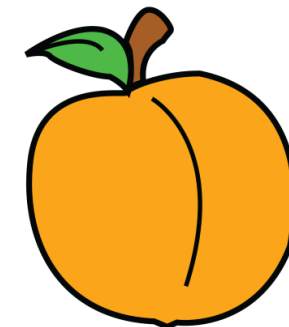
Kiwi



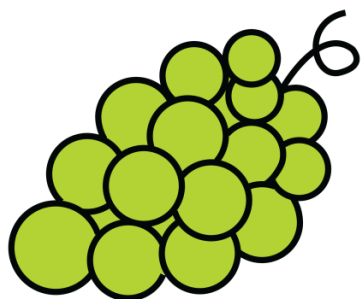
Plátano



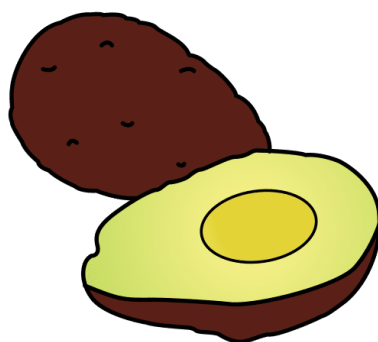
Piña



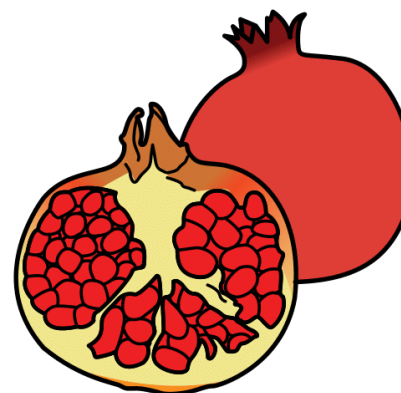
Melocotón



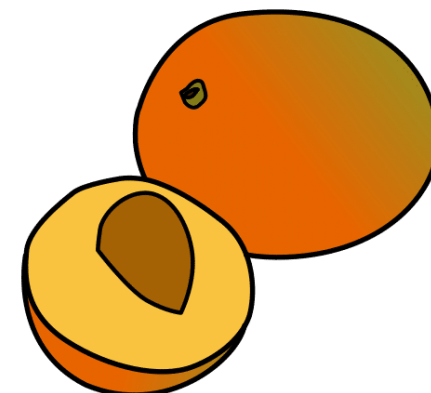
Uvas



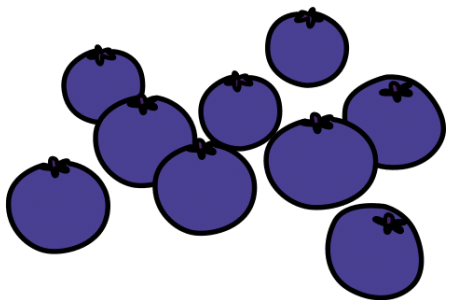
Aguacate



Granada



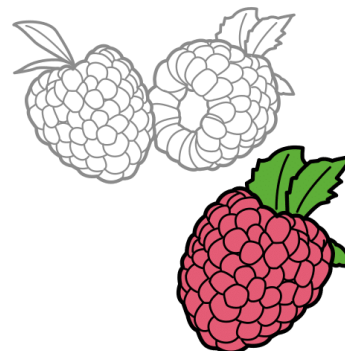
Mango



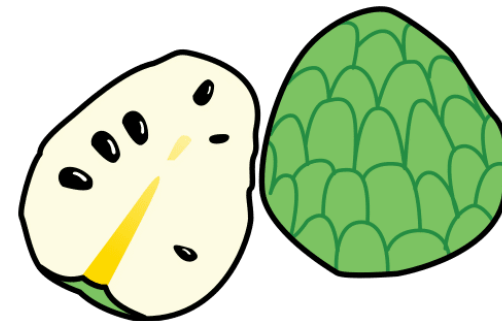
Arándanos



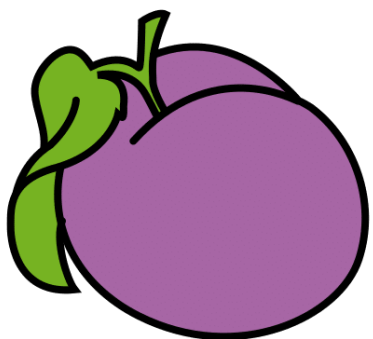
Coco



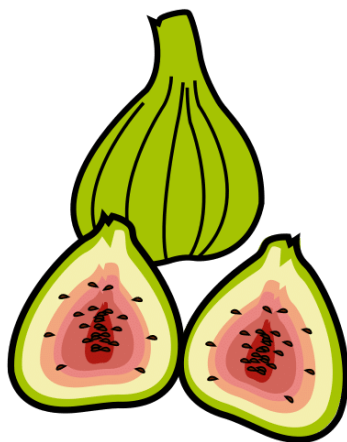
Frambuesa



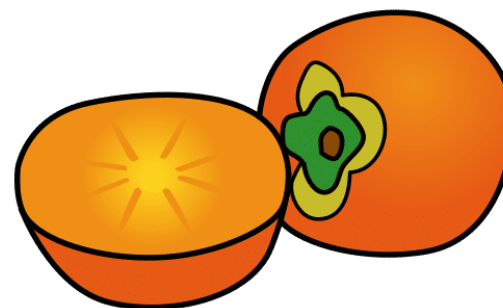
Chirimoya



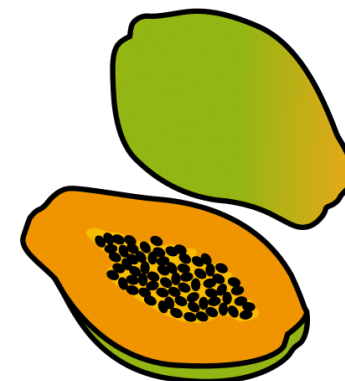
Ciruela



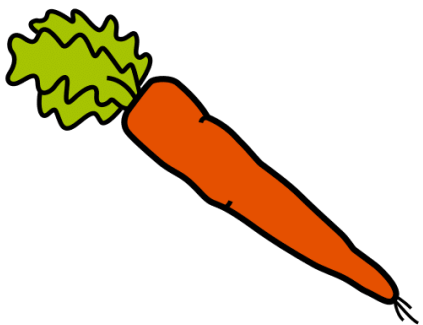
Higo



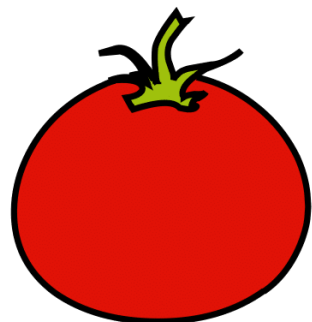
Caqui



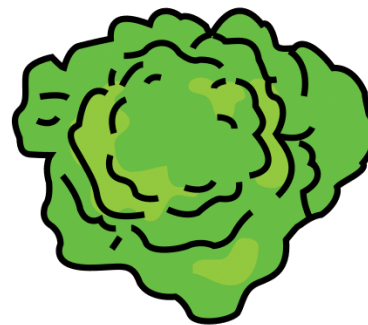
Papaya



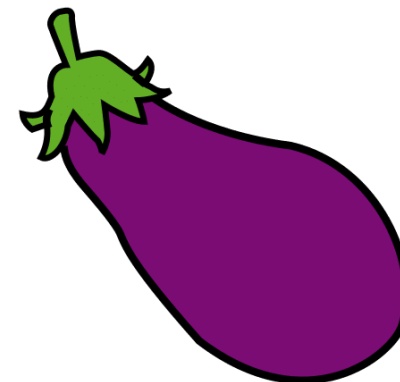
Zanahoria



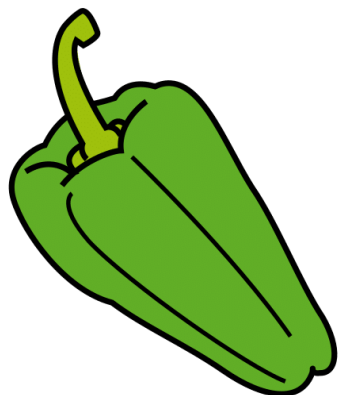
Tomate



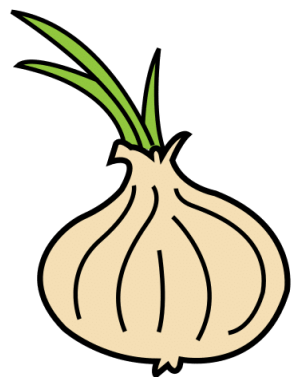
Lechuga



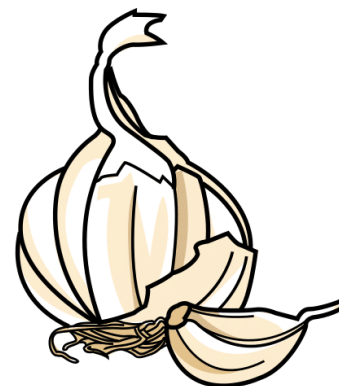
Berenjena



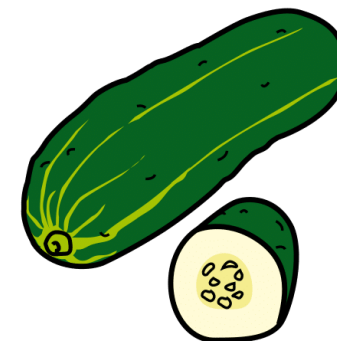
Pimiento



Cebolla



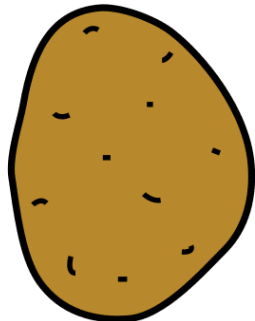
Ajo



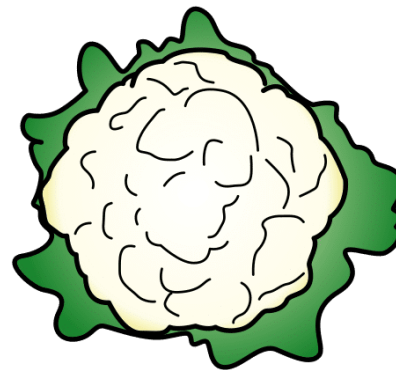
Pepino



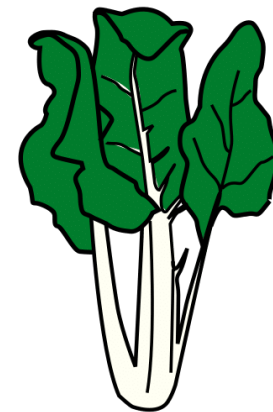
Calabaza



Patata



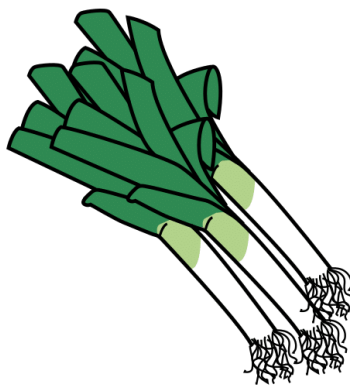
Coliflor



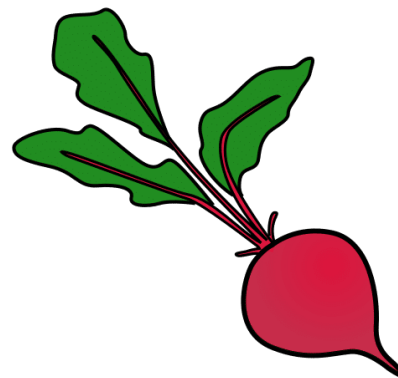
Acelga



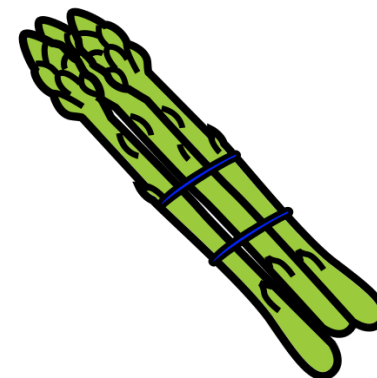
Brócoli



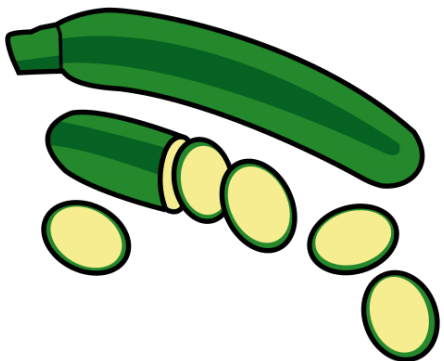
Puerros



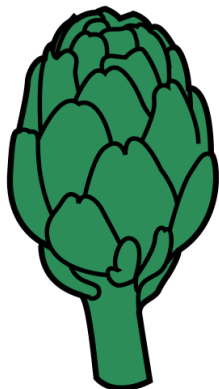
Remolacha



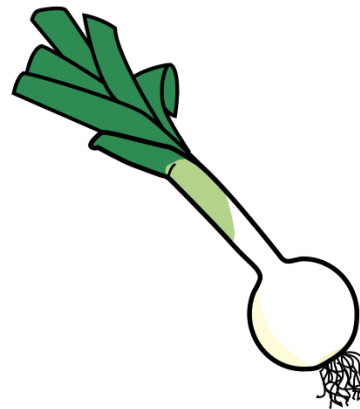
Espárragos



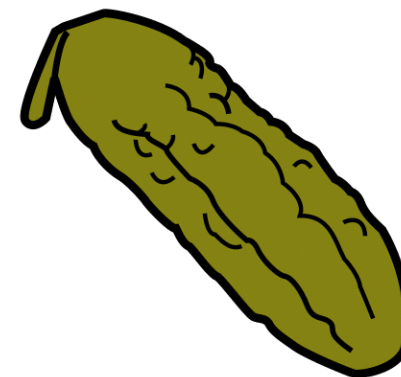
Calabacín



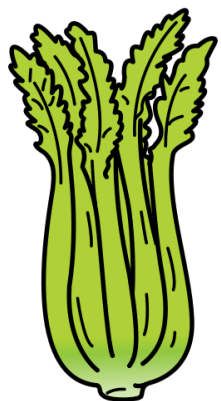
Alcachofa



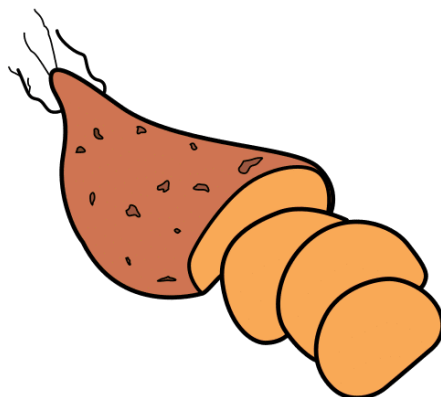
Cebolleta



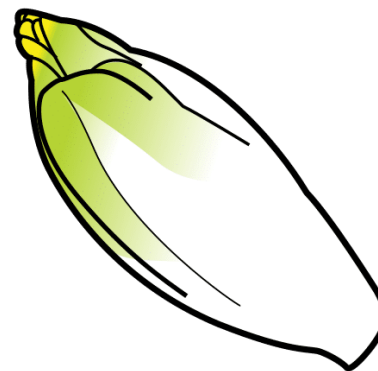
Pepinillos



Apio



Boniato



Endibia



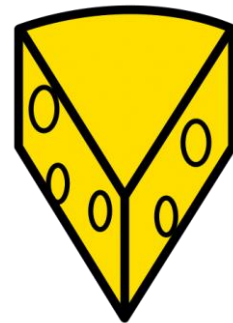
Espinacas



Leche



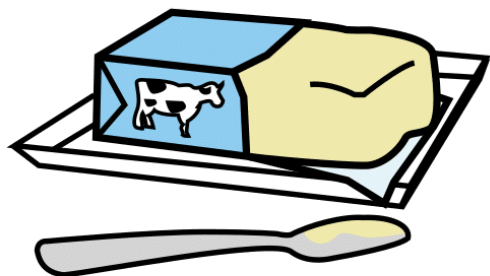
Yogur



Queso



Quesitos



Mantequilla



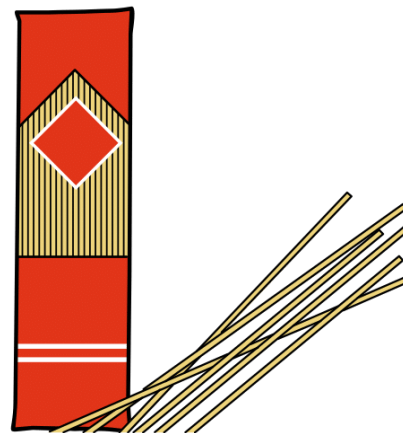
Nata



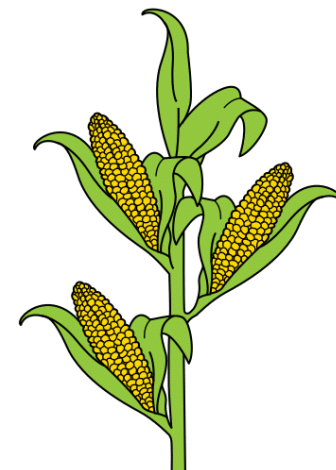
Arroz



Macarrones



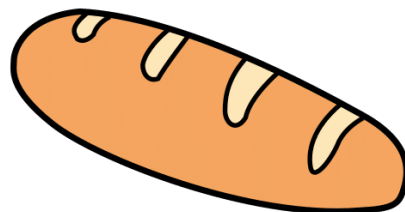
Espaguetis



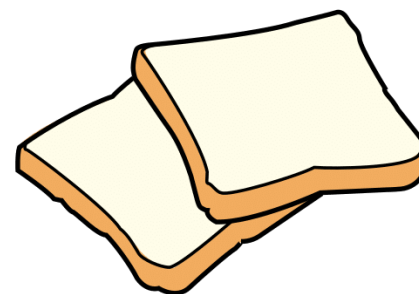
Maíz



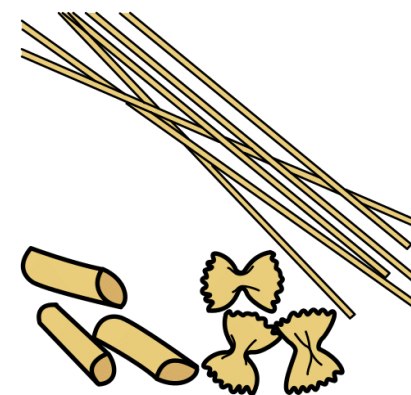
Cereales



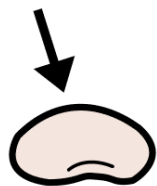
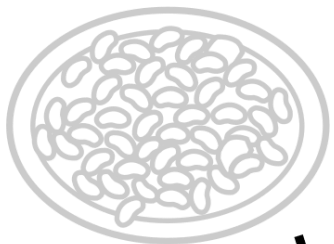
Pan



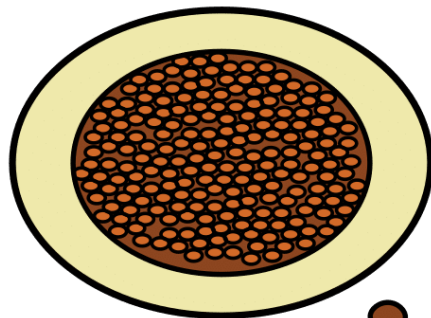
Pan de molde



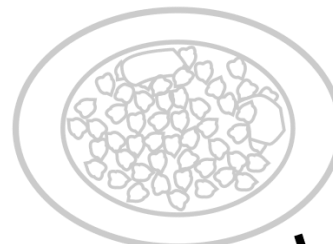
Pasta



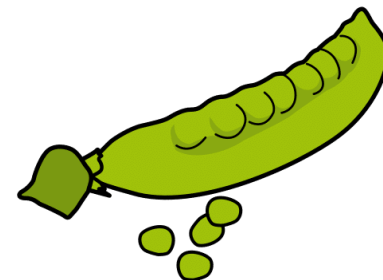
Alubia



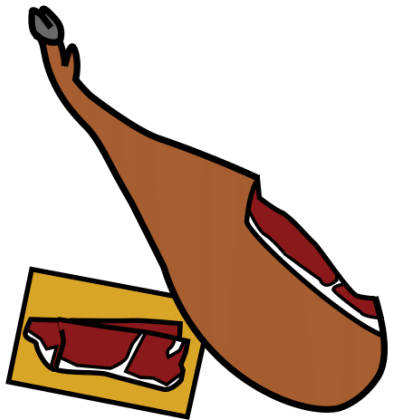
Lentejas



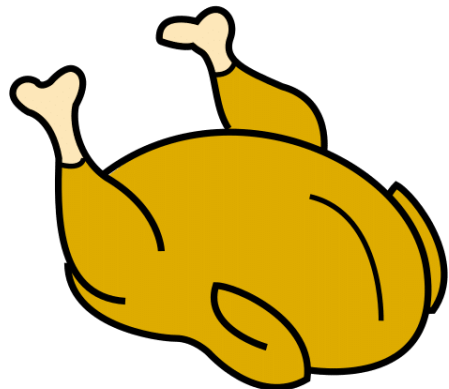
Garbanzo



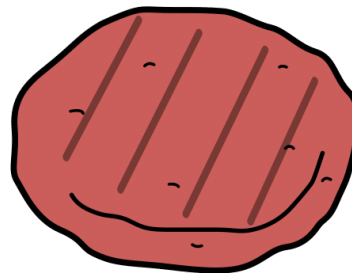
Guisantes



Jamón



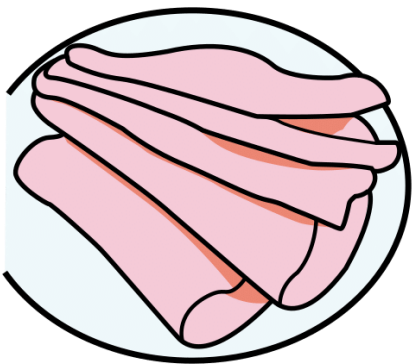
Pollo



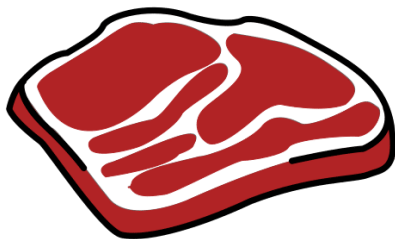
Hamburguesa



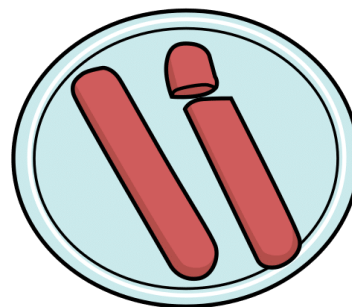
Chorizo



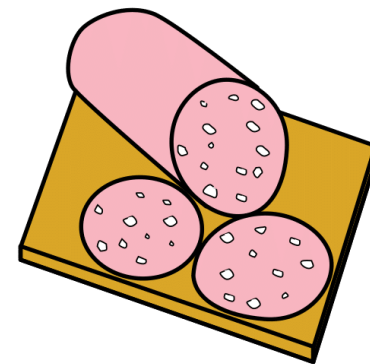
Jamón cocido



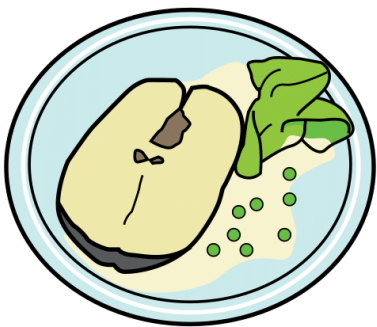
Carne



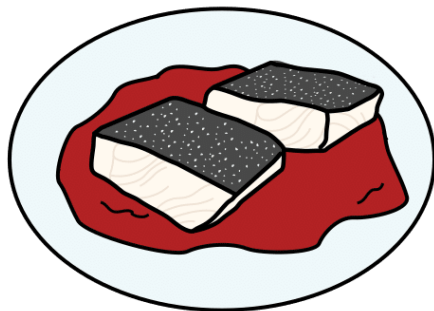
Salchichas



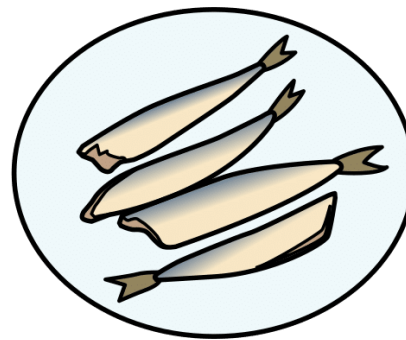
Mortadela



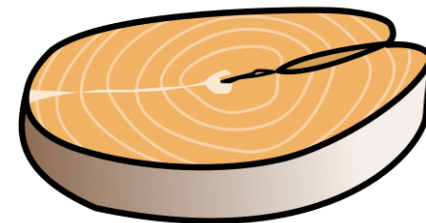
Merluza



Bacalao



Boquerones



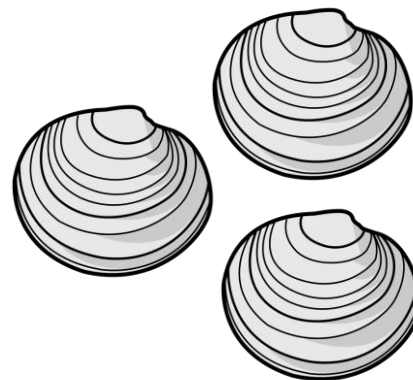
Salmón



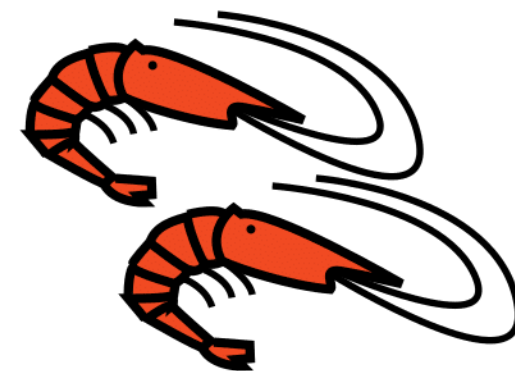
Lata de atún



Anchoas



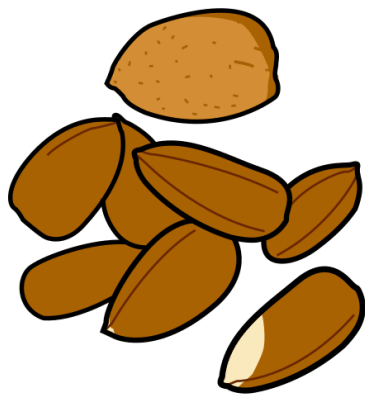
Almejas



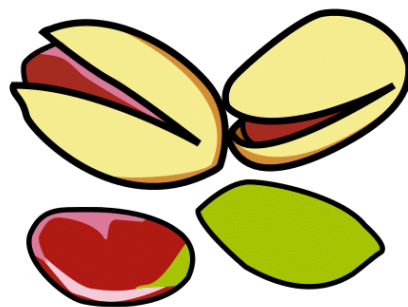
Gambas



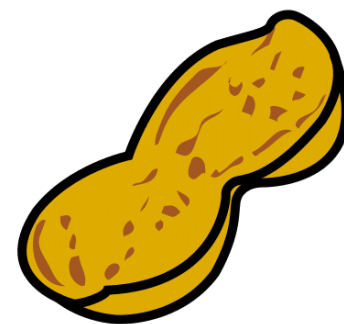
Nuez



Almendras



Pistachos



Cacahuete



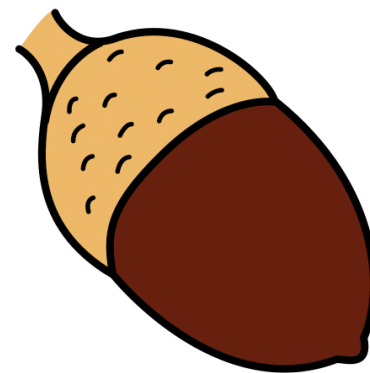
Pasas



Castañas



Pipas



Bellota



Tarta



Bombones



Miel



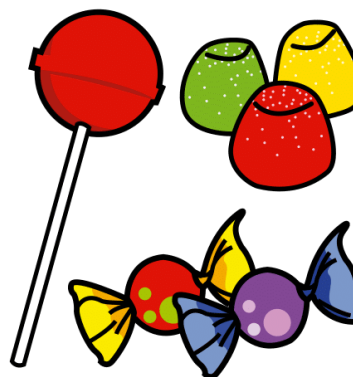
Chocolate



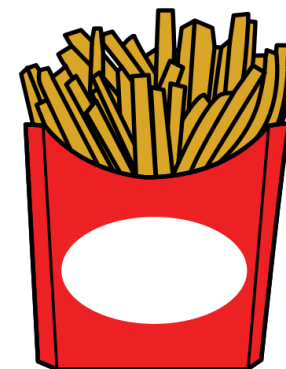
Aceite



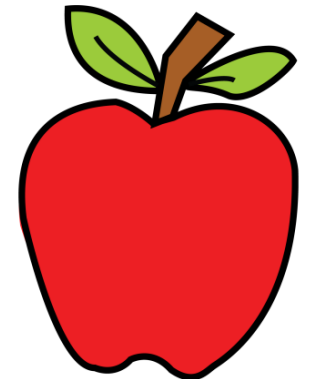
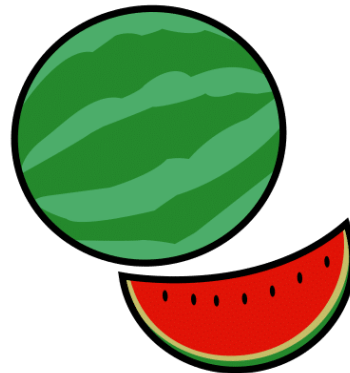
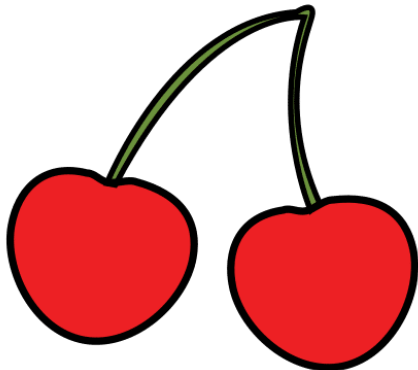
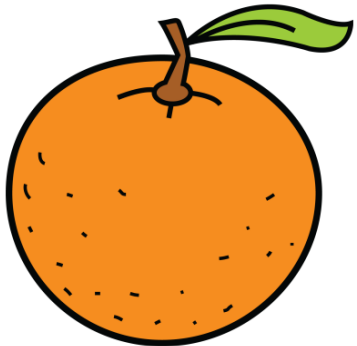
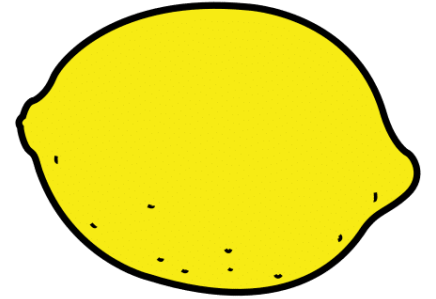
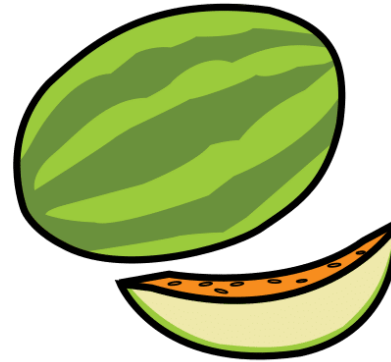
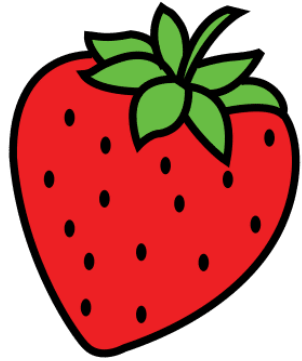
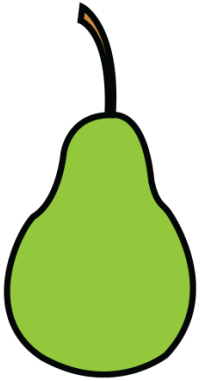
Azúcar

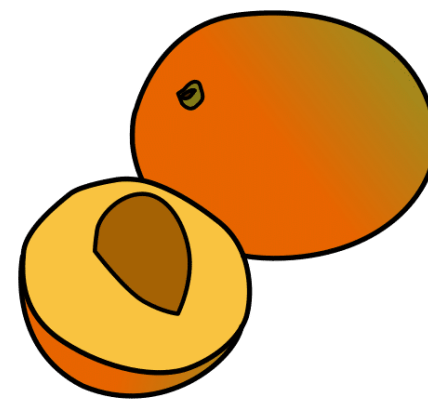
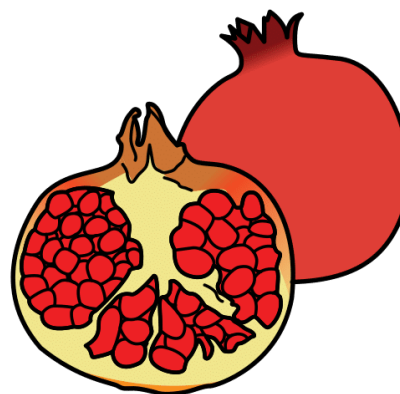
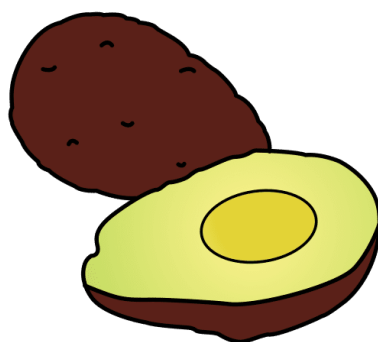
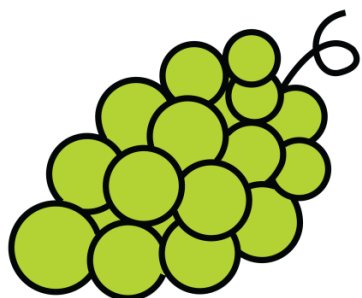
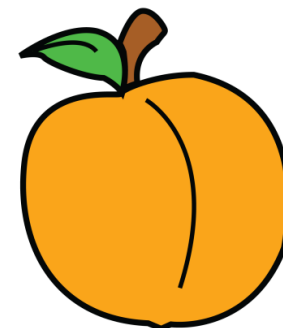
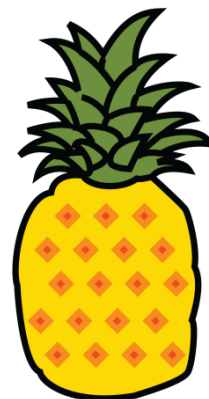
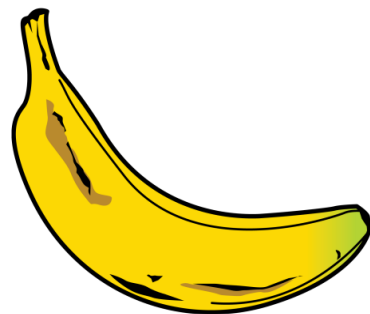
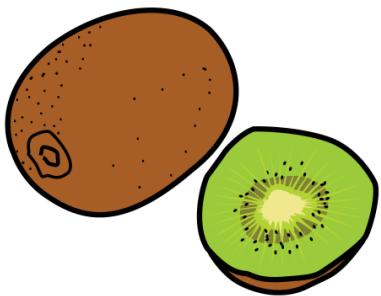


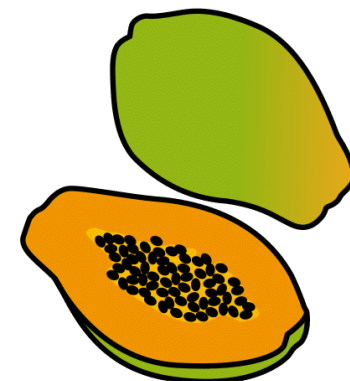
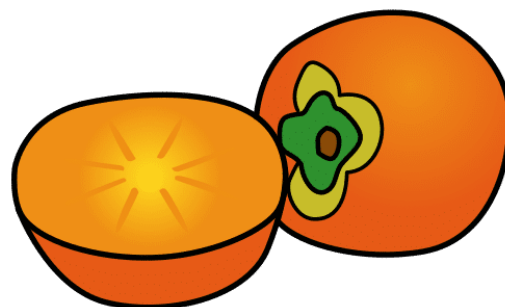
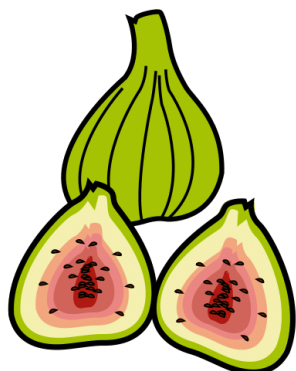
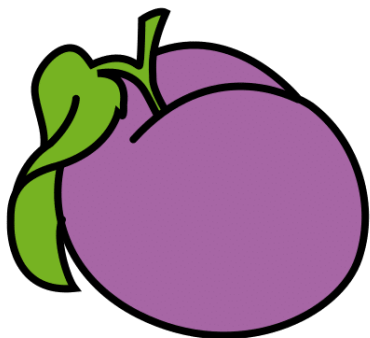
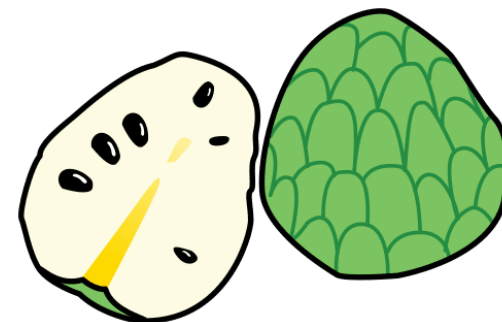
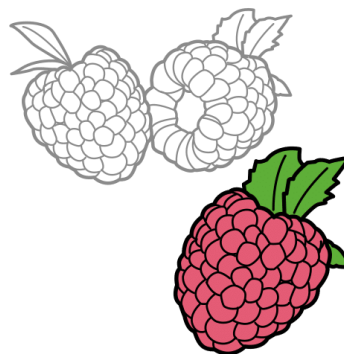
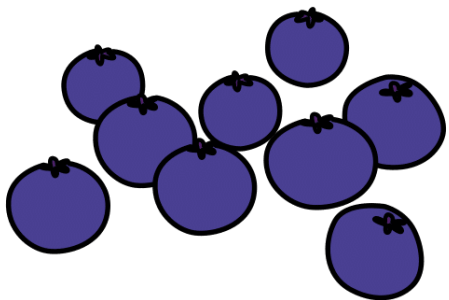
Golosinas

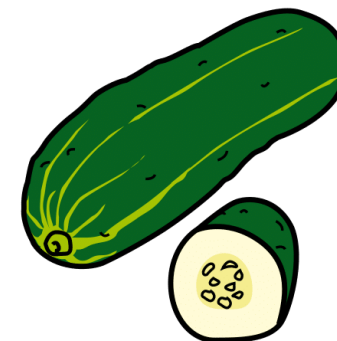
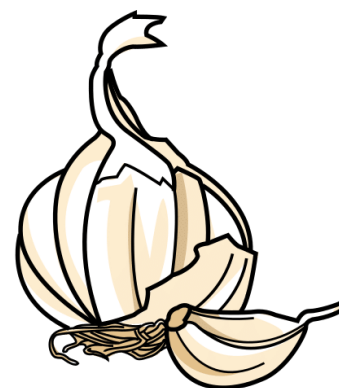
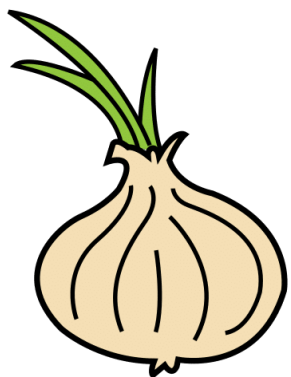
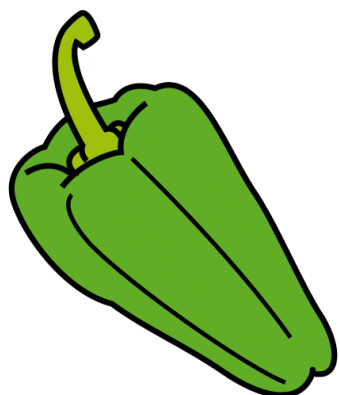
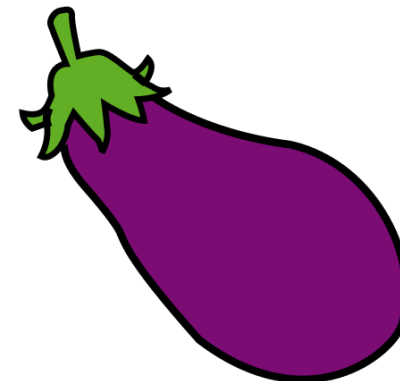
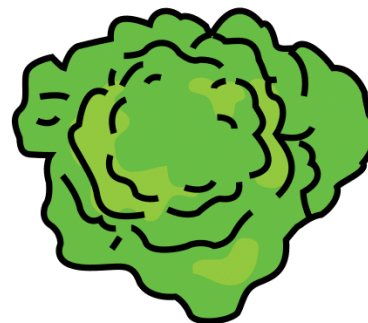
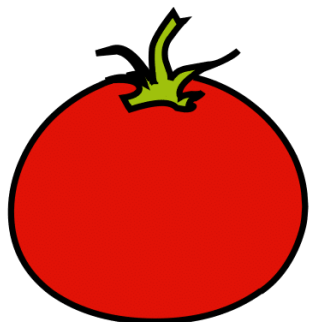
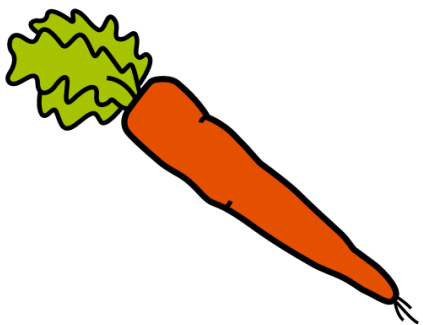


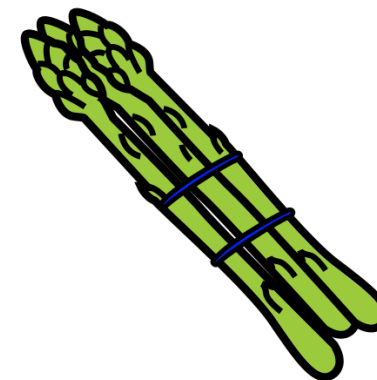
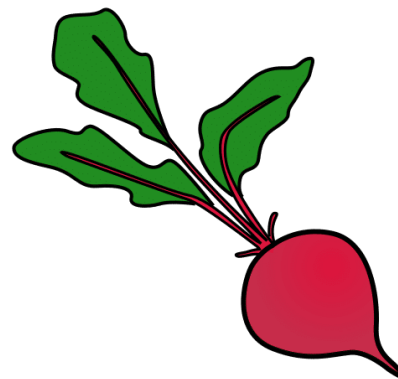
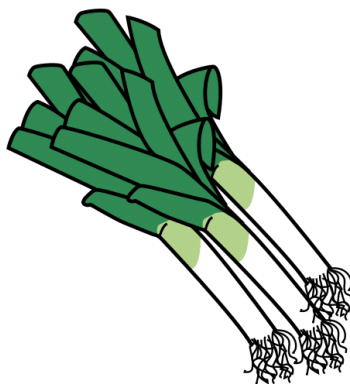
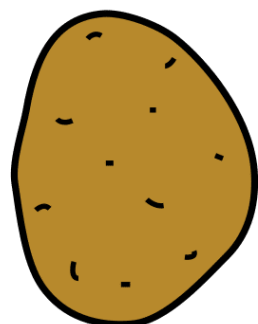
Patatas fritas

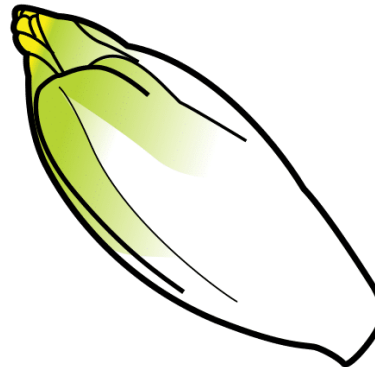
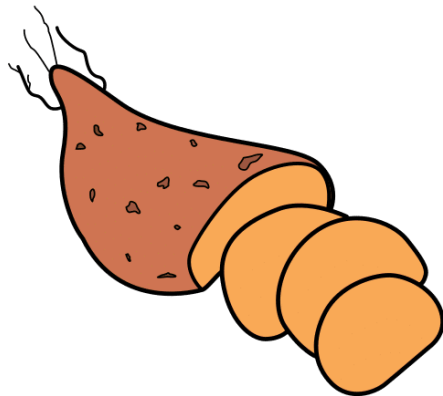
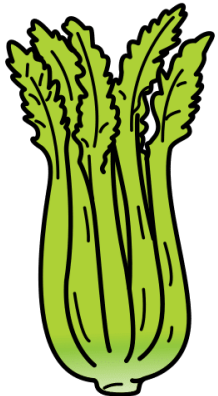
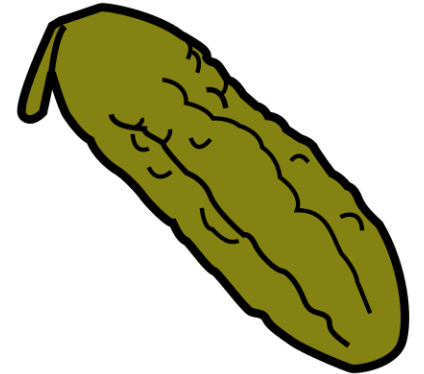
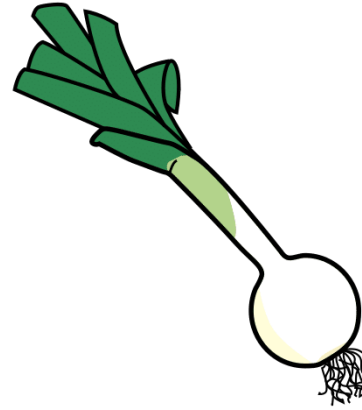
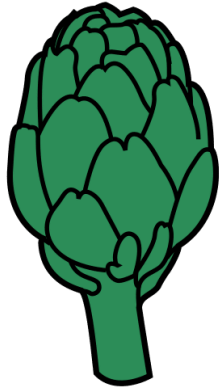
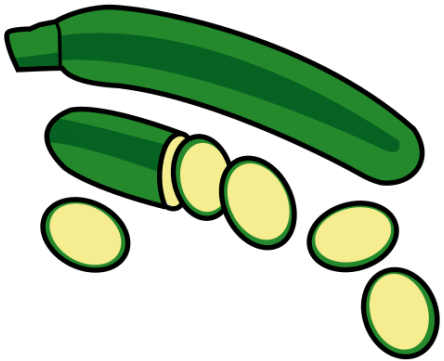


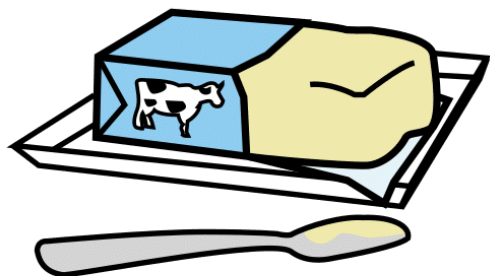
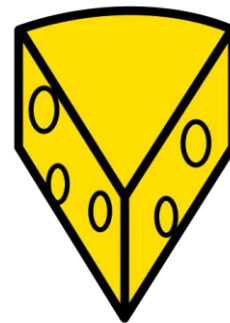


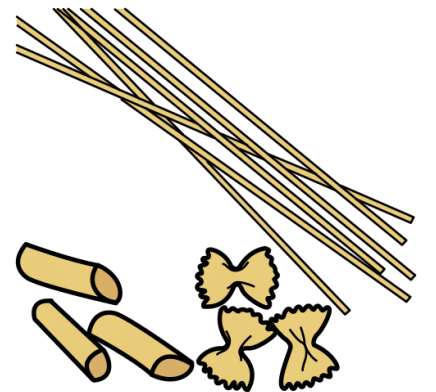
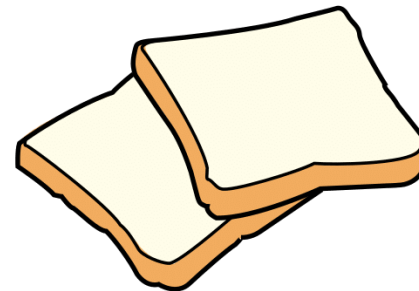
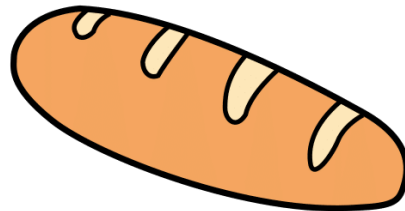
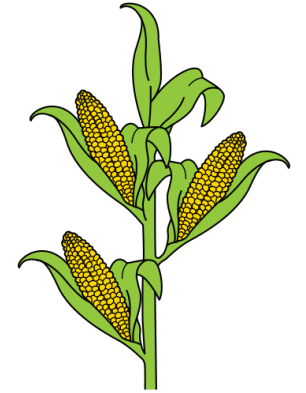
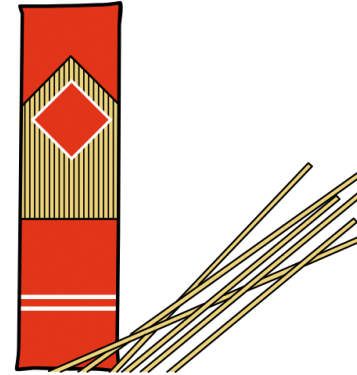


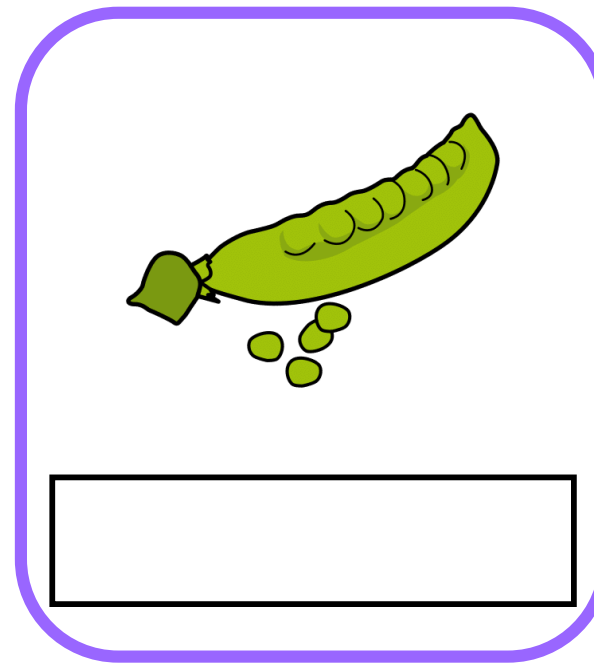
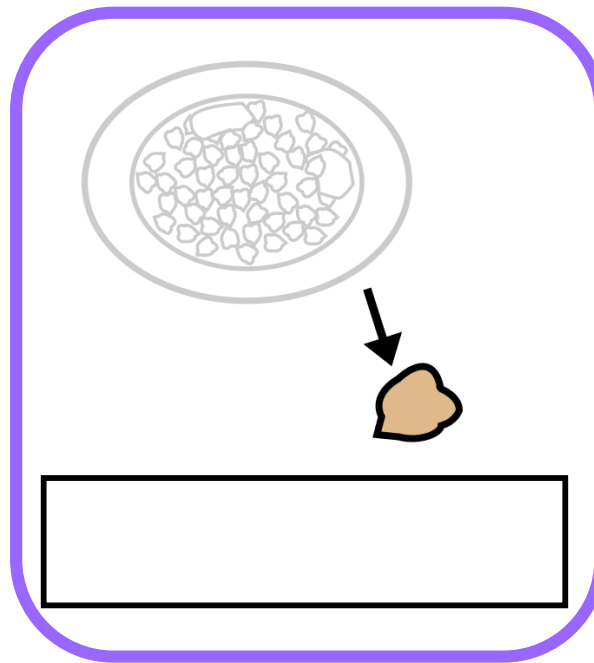
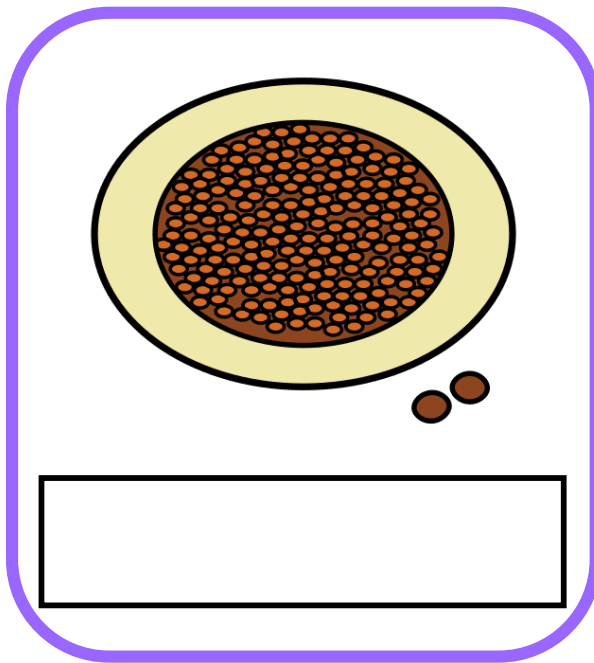
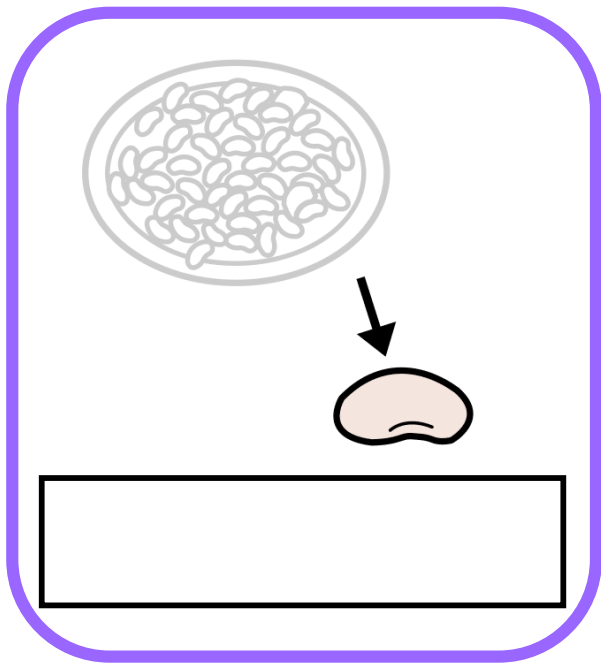


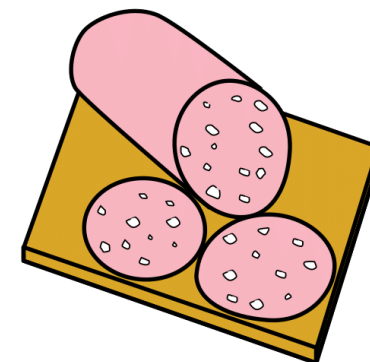
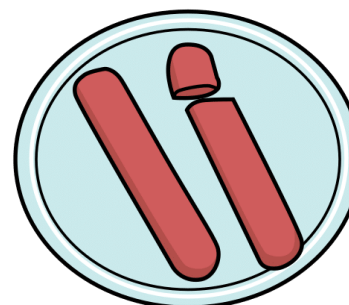
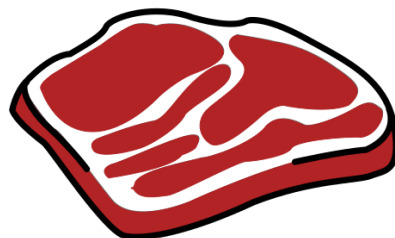
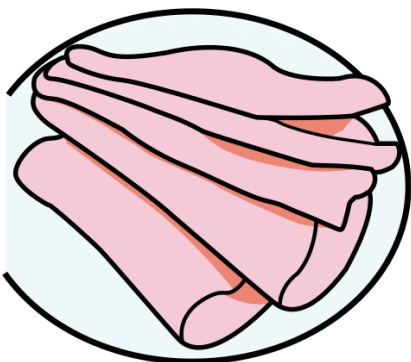
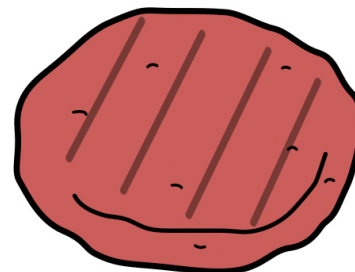
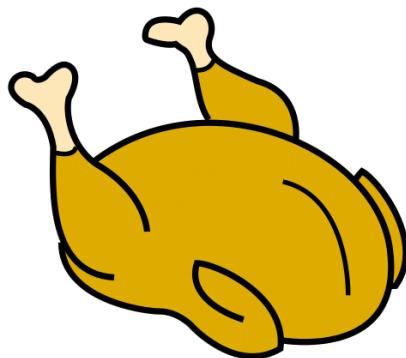
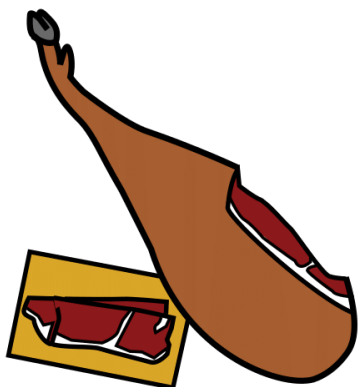


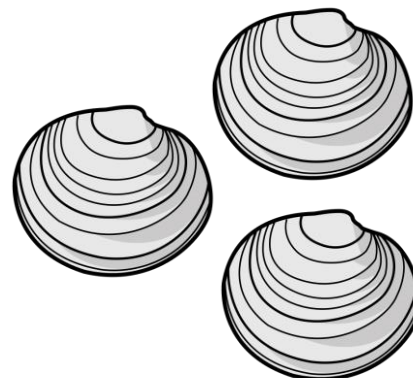
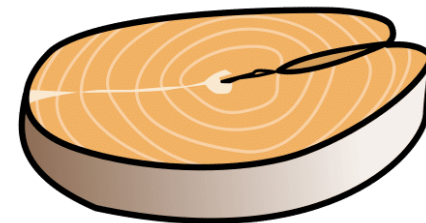
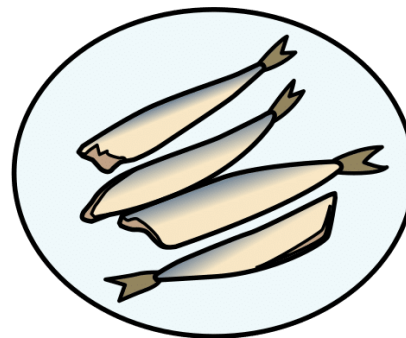
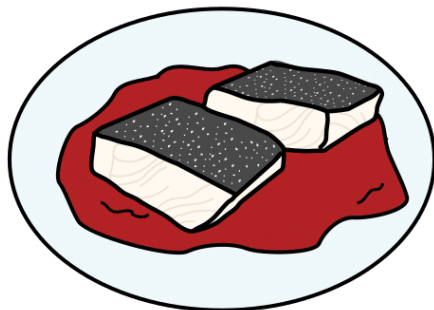
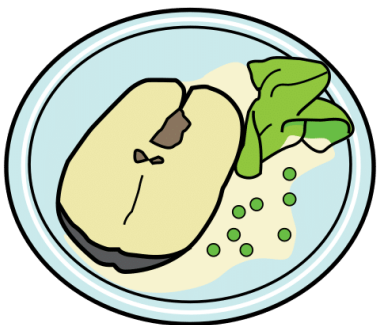


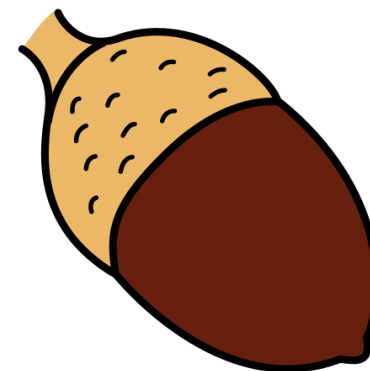
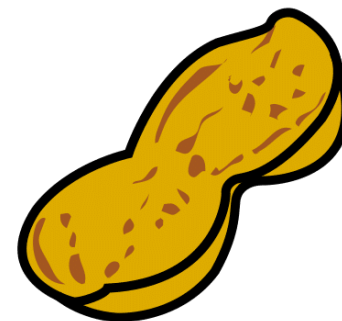
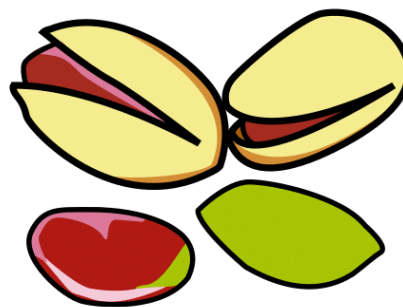
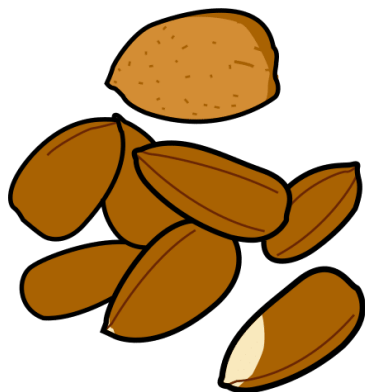


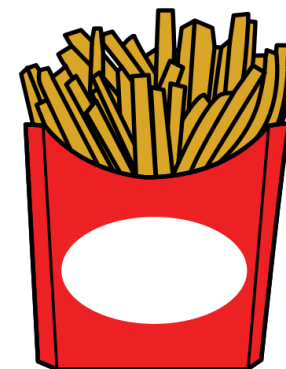
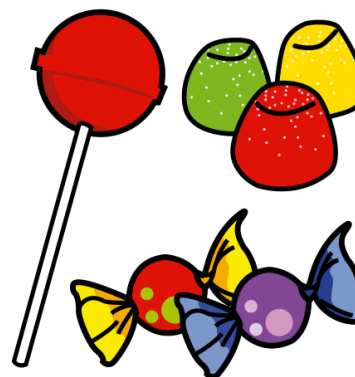












Pera

Kiwi

Arándanos

Zanahoria

Fresa

Plátano

Coco

Tomate

Melón

Piña

Frambuesa

Lechuga

Limón

Melocotón

Chirimoya

Berenjena

Naranja

Uvas

Ciruela

Pimiento

Cerezas

Aguacate

Higo

Cebolla

Sandía

Granada

Caqui

Ajo

Manzana

Mango

Papaya

Pepino

Calabaza

Calabacín

Leche

Arroz

Patata

Alcachofa

Yogur

Macarrones

Coliflor

Cebolleta

Queso

Espaguetis

Acelga

Pepinillos

Quesitos

Maíz

Brócoli

Apio

Mantequilla

Cereales

Puerros

Boniato

Nata

Pan

Remolacha

Endibia

Pan de molde

Espárragos

Espinacas

Pasta

Alubia

Jamón

Merluza

Nuez

Lentejas

Pollo

Bacalao

Almendras

Garbanzo

Hamburguesa

Boquerones

Pistachos

Guisantes

Chorizo

Salmón

Cacahuete

Jamón cocido

Lata de atún

Pasas

Carne

Anchoas

Castañas

Salchichas

Almejas

Pipas

Mortadela

Gambas

Bellota

Tarta

Bombones

Miel

Chocolate

Aceite

Azúcar

Golosinas

Patatas fritas