



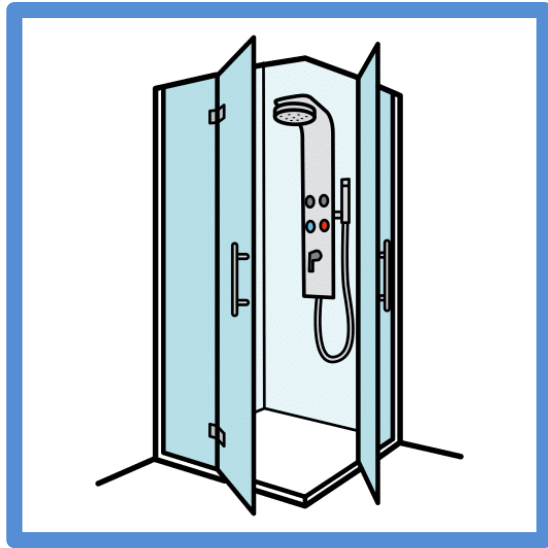
Igiene personale

La doccia

Il bagno

Cura delle
unghie

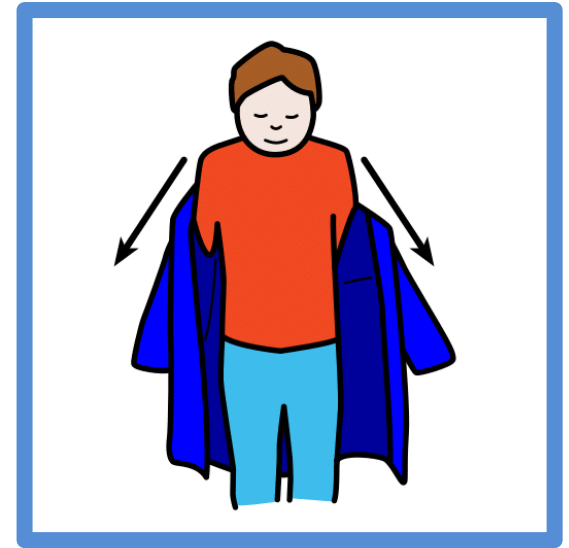
LA DOCCIA



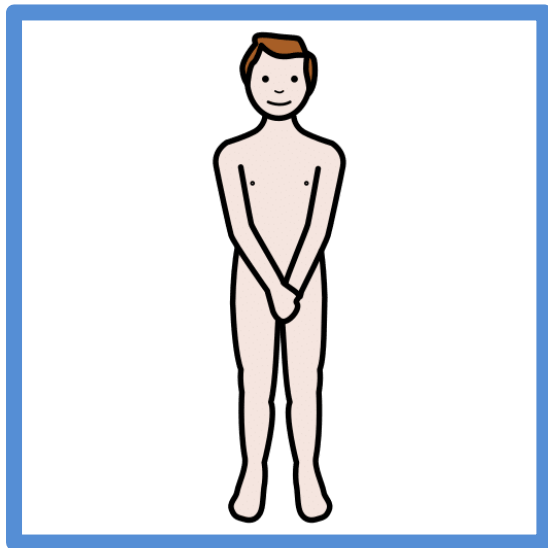
Vado in bagno



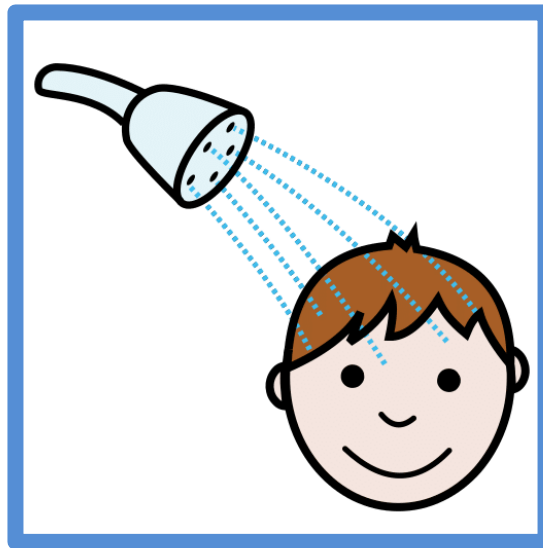
Chiudo la porta



Mi tolgo i vestiti



Mi spoglio



Mi lavo



Prendo lo shampoo

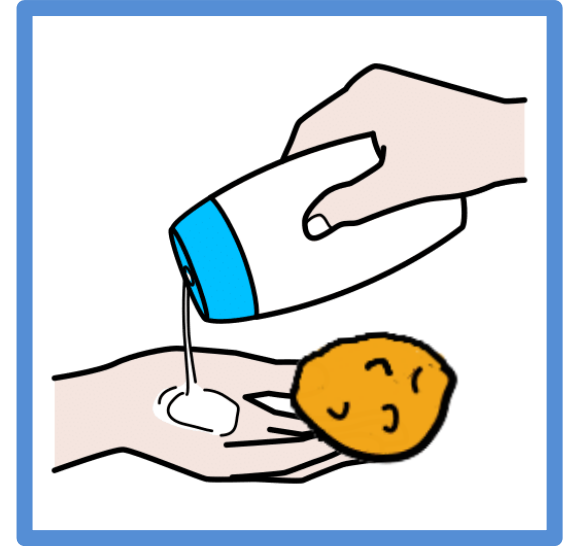
LA DOCCIA



Mi lavo i capelli



Prendo il mio gel doccia



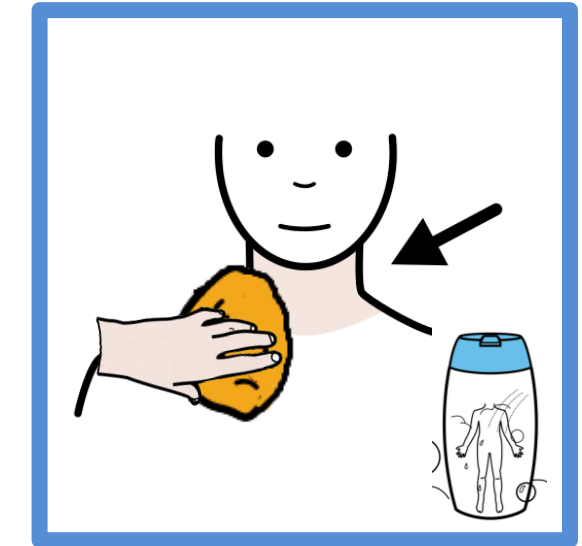
Ne metto un po' sulla mia mano o
sulla spugna da bagno



Insapono tutto il mio corpo

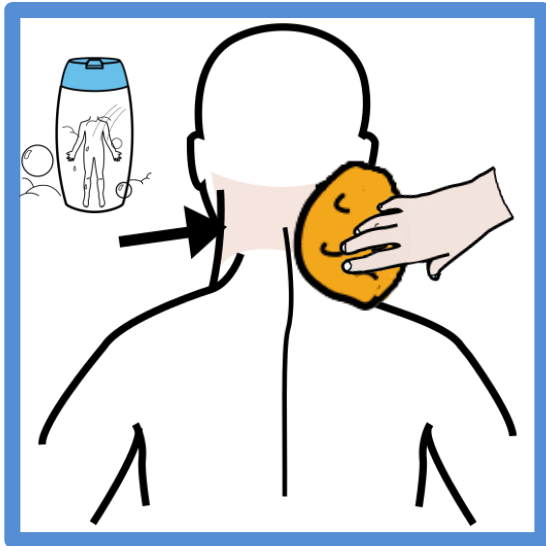


Mi lavo il viso e le orecchie

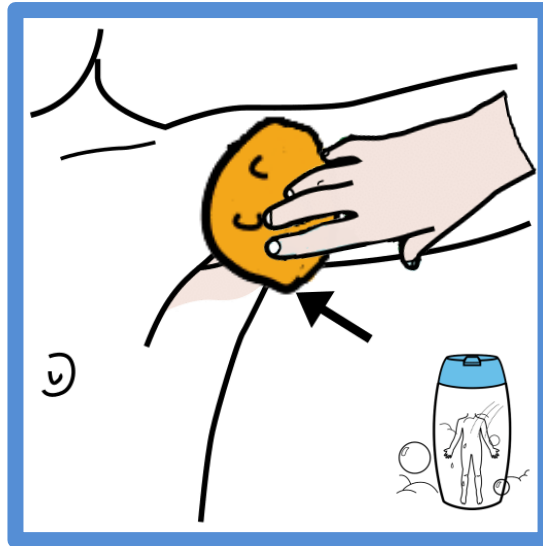


Mi lavo il collo

LA DOCCIA



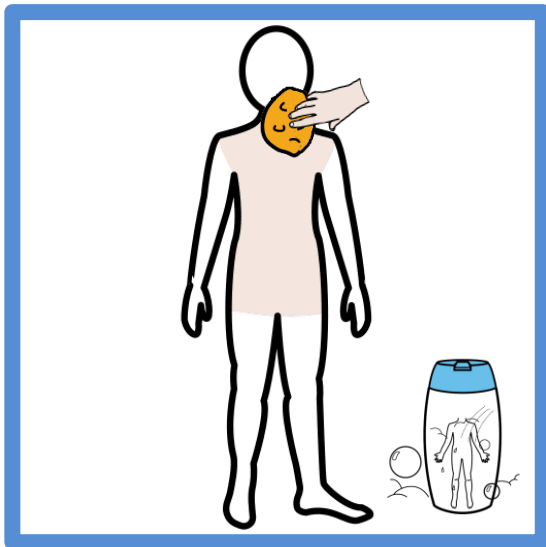
Mi lavo il collo



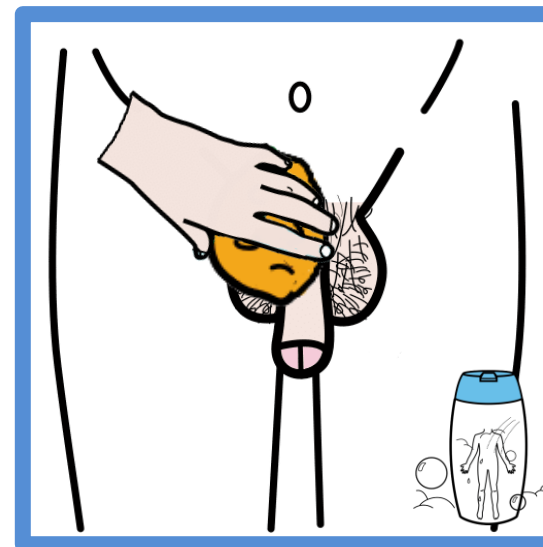
Mi lavo le ascelle



Mi lavo le braccia



Mi lava il petto

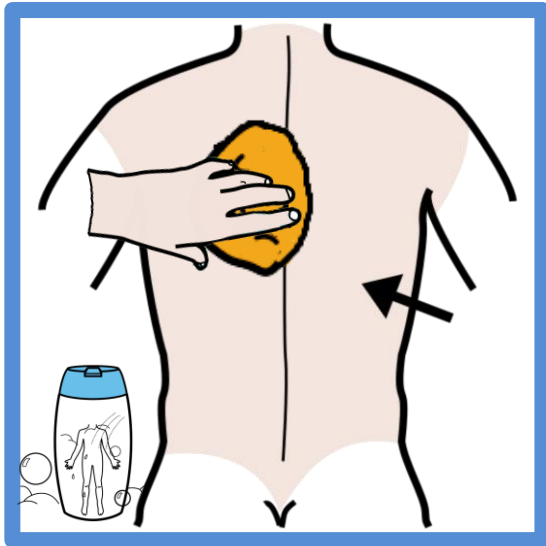


Mi lavo le parti intime



Mi lavo il sedere

LA DOCCIA



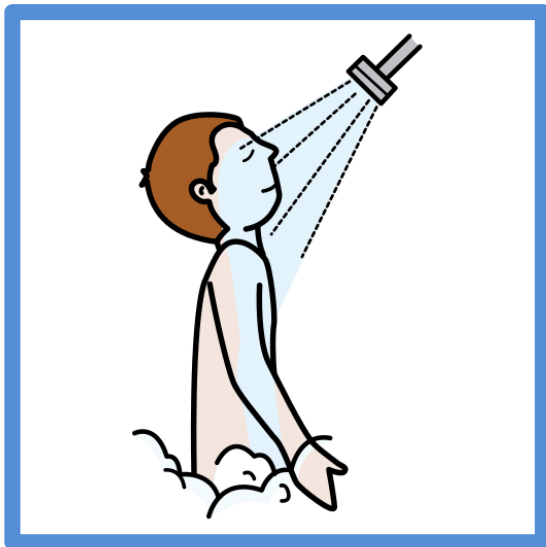
Mi lavo la schiena



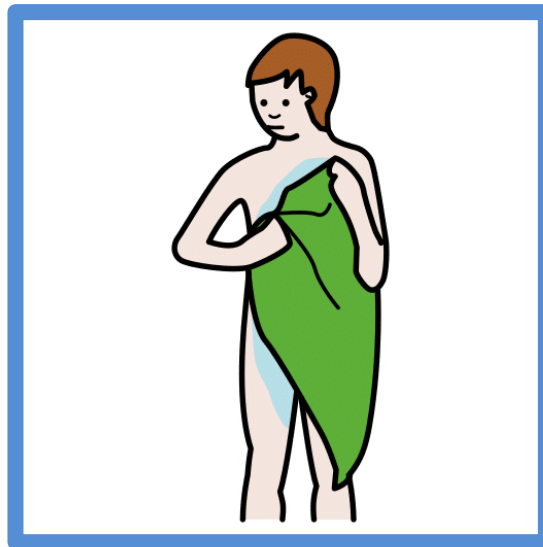
Mi lavo le gambe



Mi lavo i piedi



Mi sciacquo

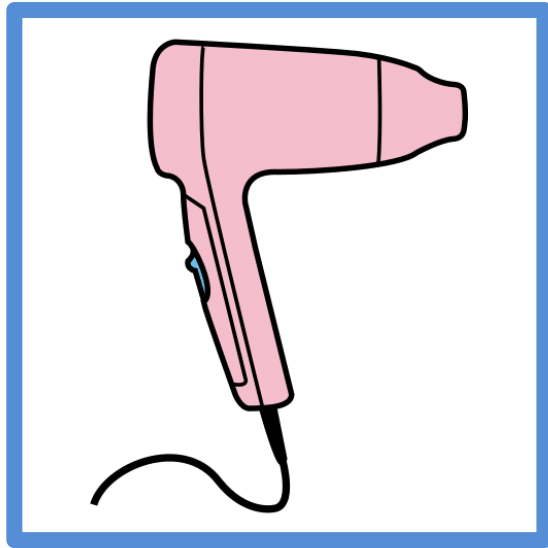


Mi asciugo

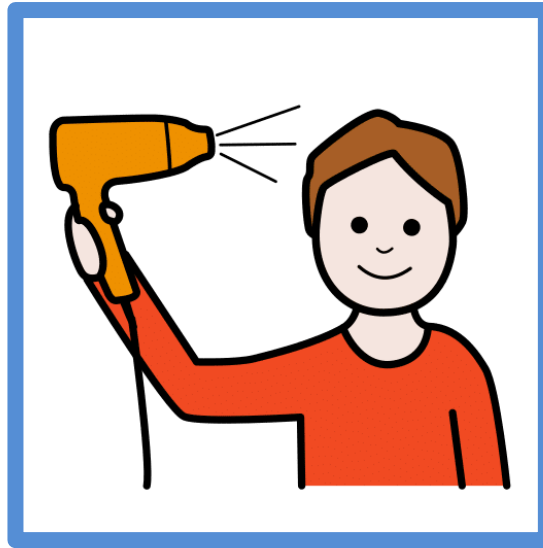


Metto i vestiti puliti

LA DOCCIA



Prendo il mio asciugacapelli



Mi asciugo i capelli

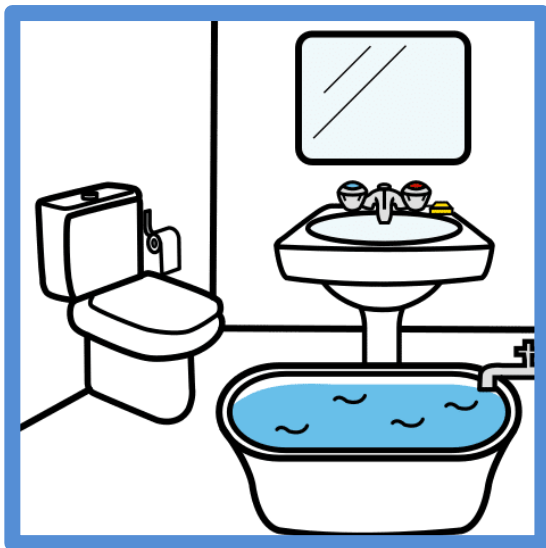


Mi pettino



Esco dal bagno

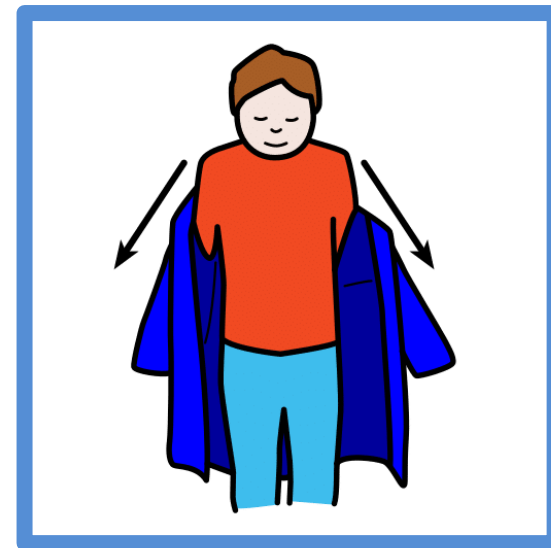
IL BAGNO



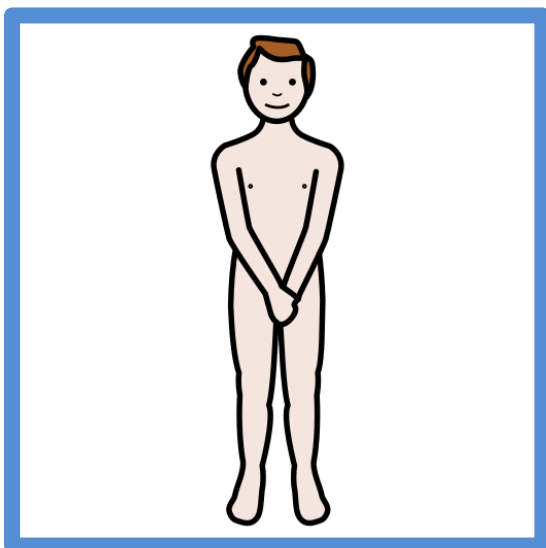
Vado in bagno



Chiudo la porta



Mi tolgo i vestiti



Mi spoglio



Mi sistemo nella vasca da bagno



Prendo lo shampoo

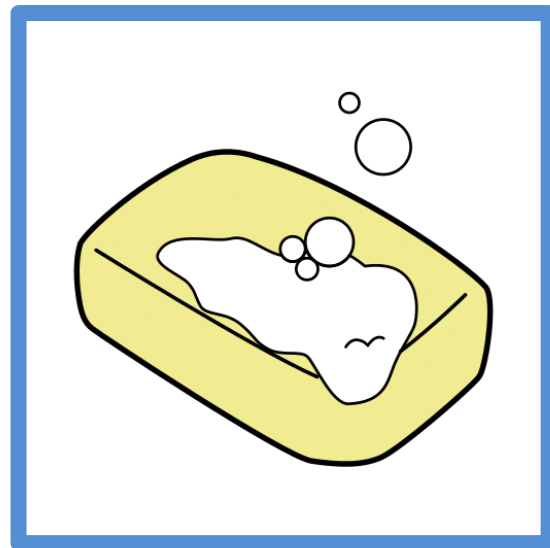
IL BAGNO



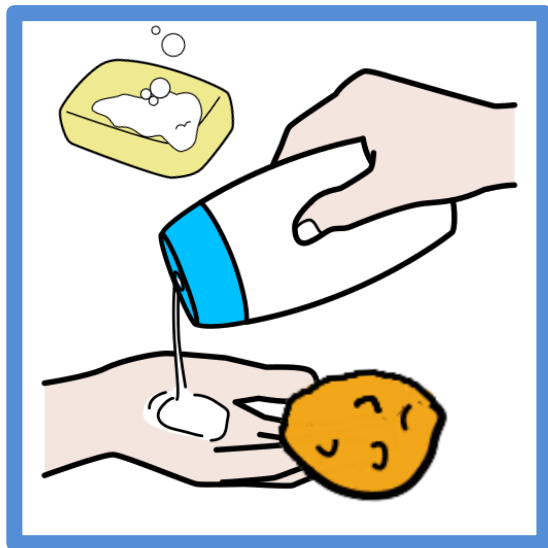
Mi bagno e poi mi lavo i capelli



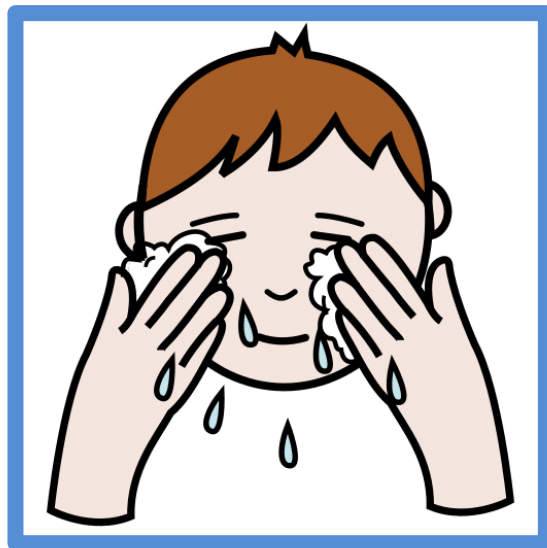
Faccio la doccia del bagno



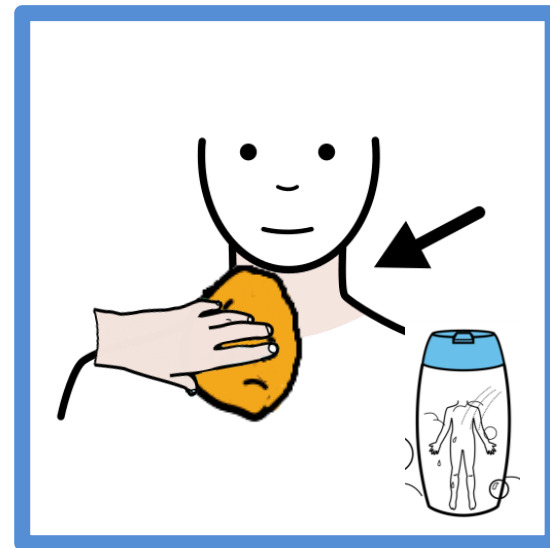
O il mio sapone



Ne metto un po' sulla mia mano o
sulla spugna da bagno

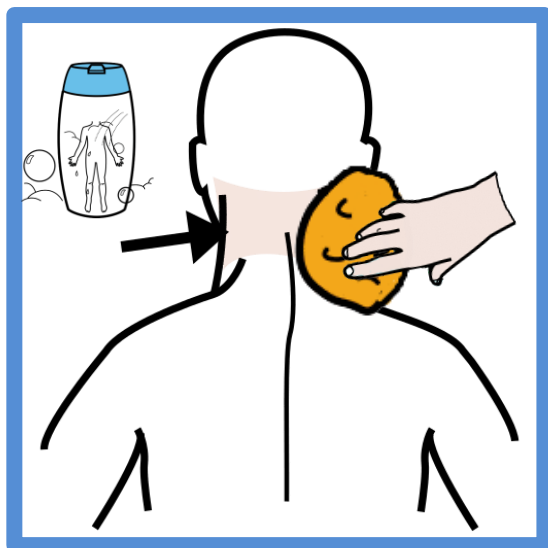


Mi lavo il viso e le orecchie

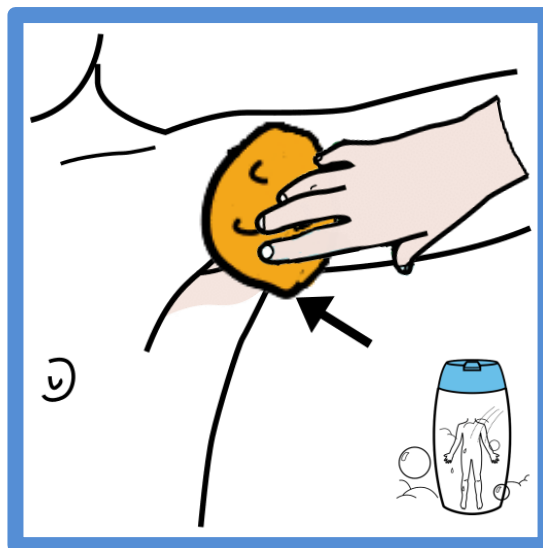


Mi lavo il collo

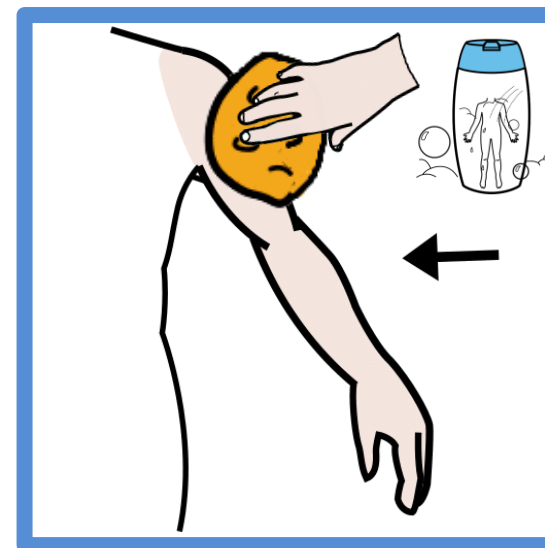
IL BAGNO



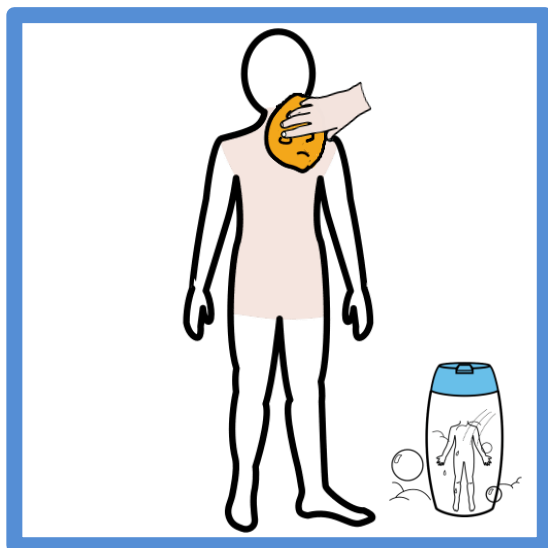
Mi lavo il collo



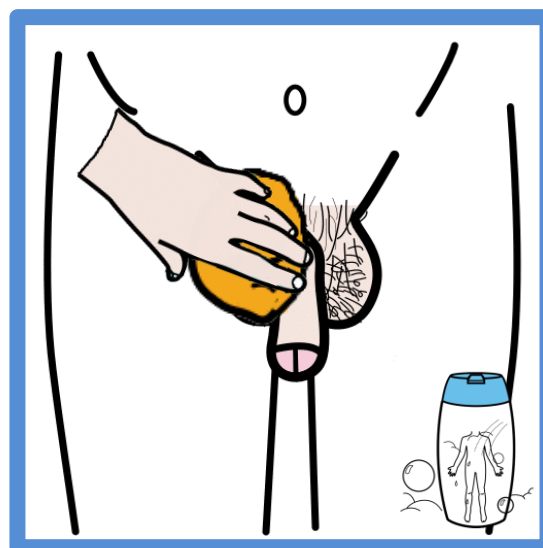
Mi lavo le ascelle



Mi lavo le braccia



Mi lavo il petto

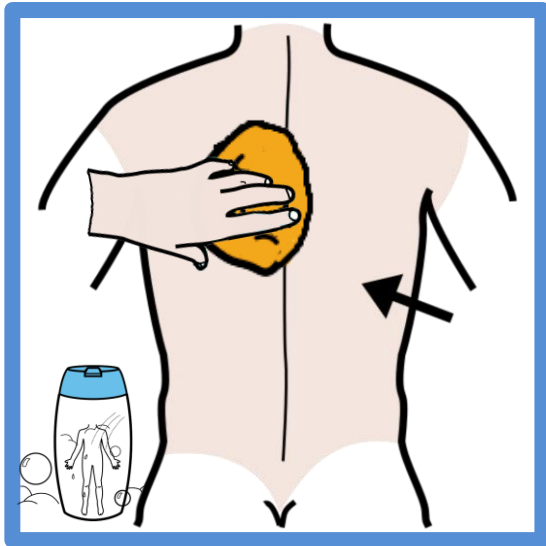


Mi lavo le parti intime



Mi lavo il sedere

LE BAIN



Mi lavo la schiena



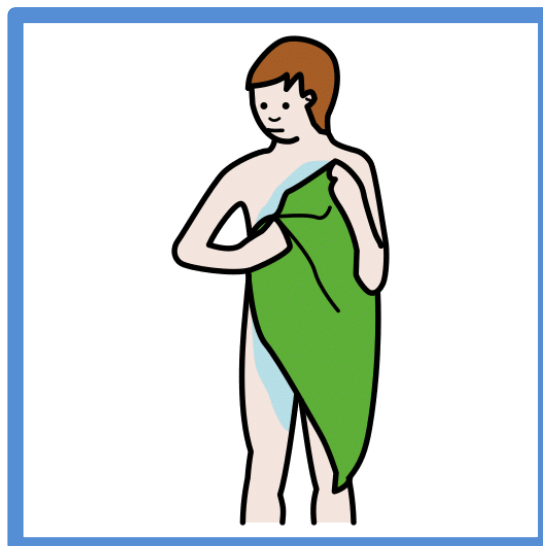
Mi lavo le gambe



Mi lavo i piedi



Risciacquo

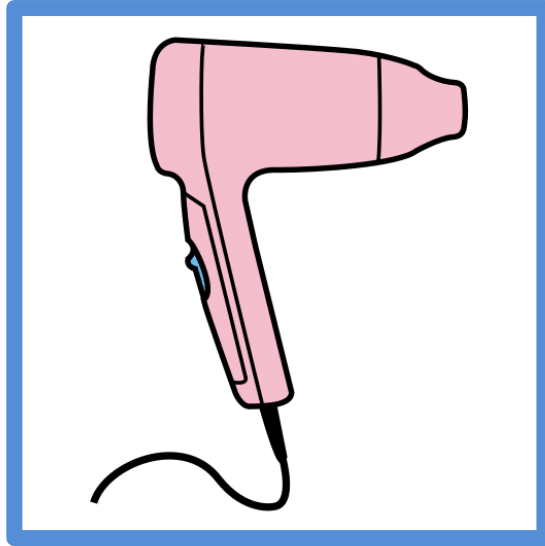


Mi pulisco

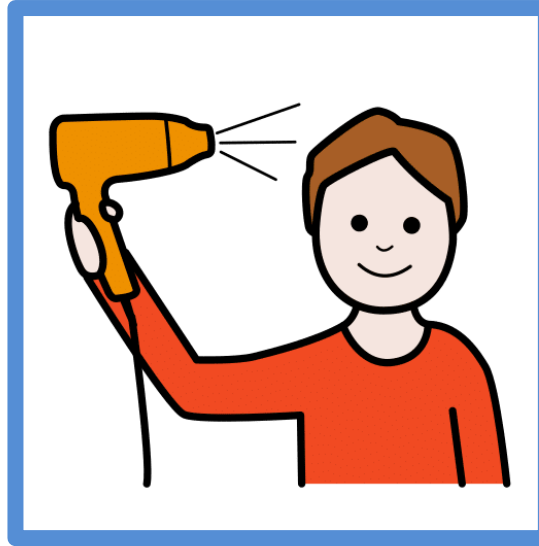


Ho indossato vestiti puliti

LE BAIN



Prendo il mio asciugacapelli



Mi asciugo i capelli

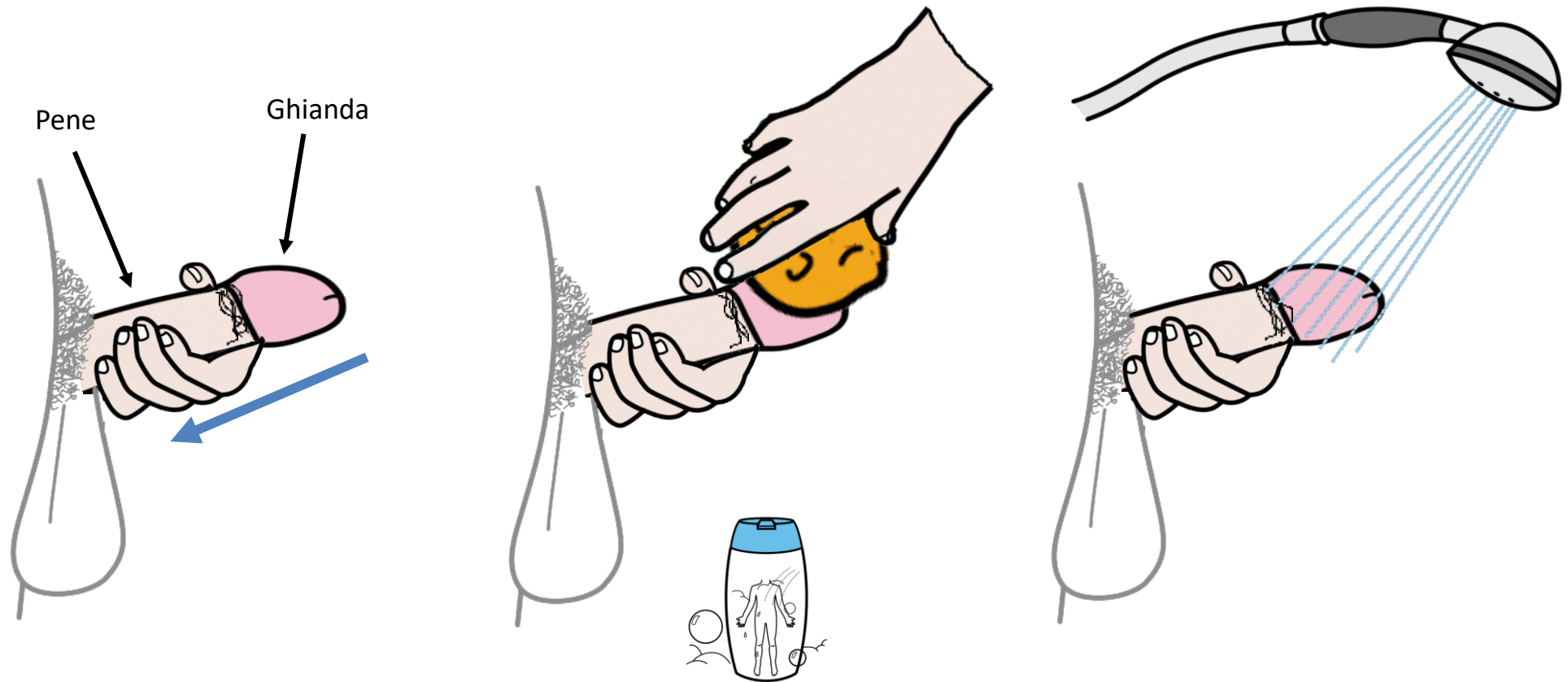


Mi pettino



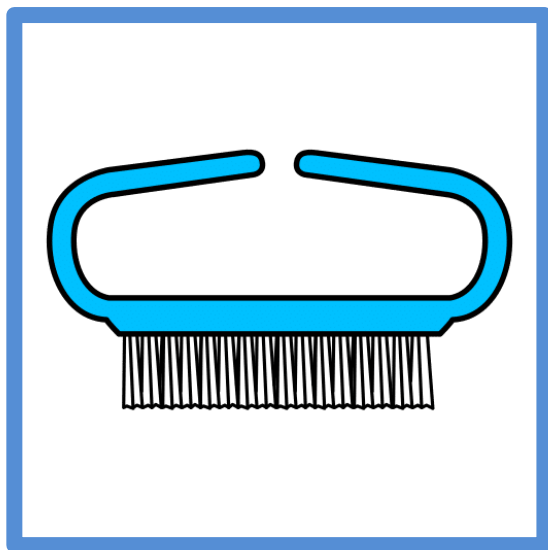
Esco dal bagno

PULISCO BENE IL MIO SESSO



Faccio scorrere delicatamente la pelle del mio pene per scoprire il glande (se non sono circonciso; se sono circonciso, il glande è già evidente). Lavo il glande e il pene con acqua e sapone. Poi risciacquo bene il mio sesso.

CURA DELLE UNGHIE



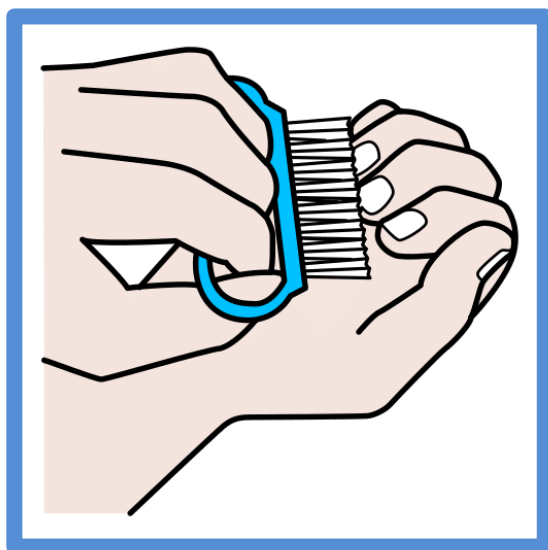
Spazzola per unghie



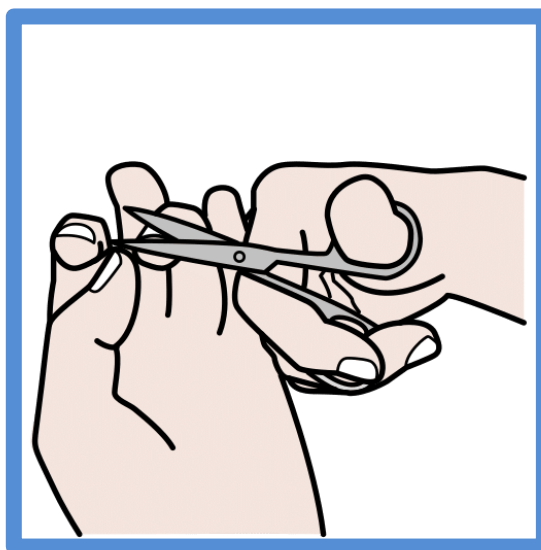
Mi lavo le mani



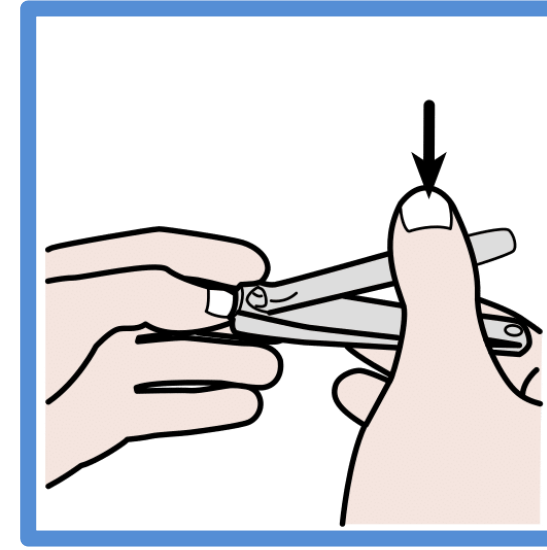
Prendo sapone



Mi spazzolo le unghie

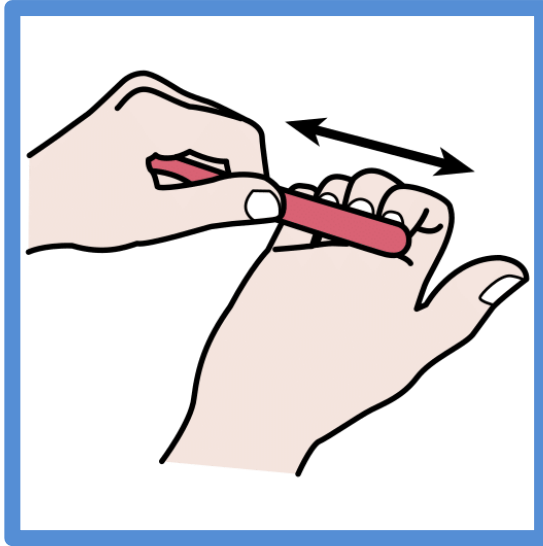


Mi taglio le unghie con le forbici
per unghie

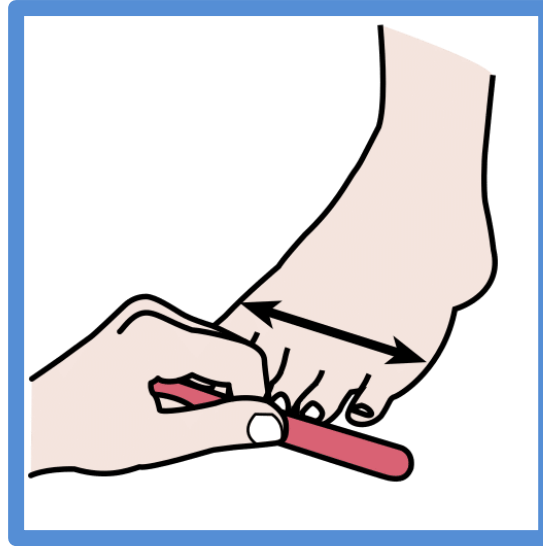


Oppure mi taglio le unghie con un
tagliaunghie

CURA DELLE UNGHIE



Mi limo le unghie



Limo le unghie dei piedi