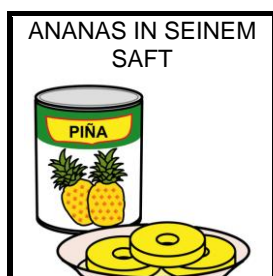


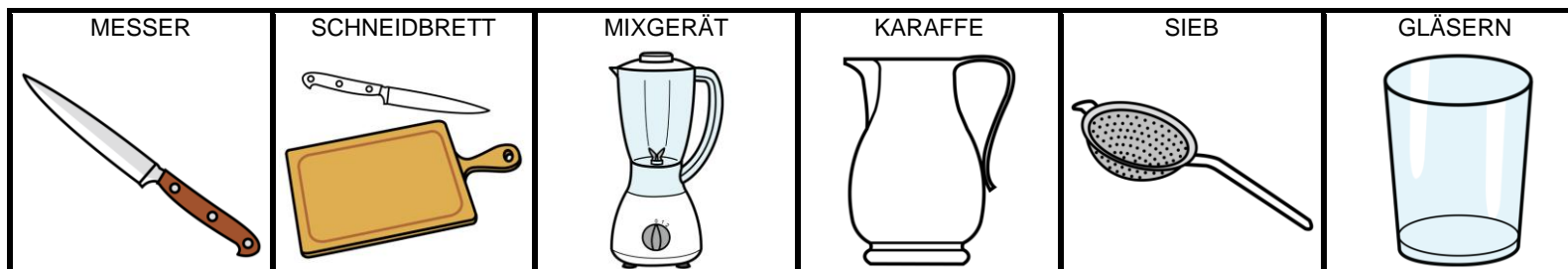
ANANASSAFT



ZUTATEN:

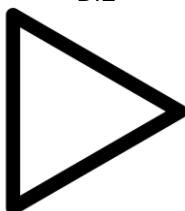


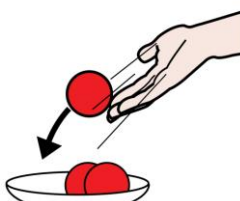
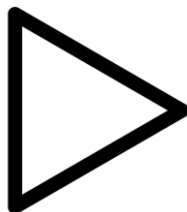


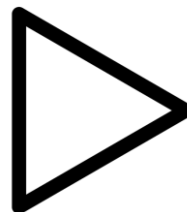


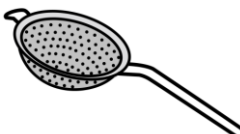
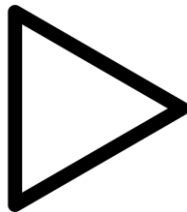




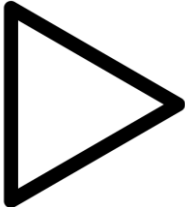
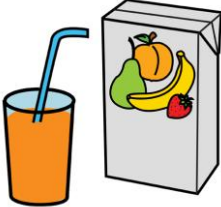

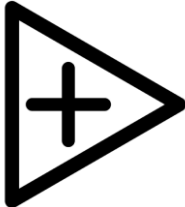
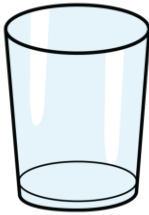

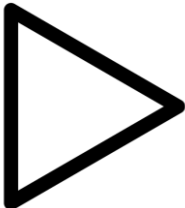
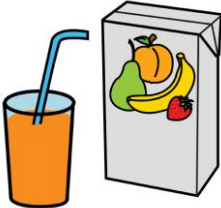
KÜCHENAUSSTATTUNG:





ZUBEREITUNG:

1	DIE 	ANANAS 	SCHNEIDEN 			
2	FÜLLEN SIE 	DAS 	ANANAS UND EIN TEIL DER SAFT 	IN 	DEN 	MIXGERÄT 
3	EINSCHALTEN 					
4	SIEBEN 	DER 	SAFT 			

5	GIEßEN SIE 	DAS 	SAFT 	IN 	DEN 	GLÄSERN 
6	TRINK 	DEN 	SAFT 			

HINWEISE:

Das pürieren der Ananas kann erleichtert werden, wenn ein Teil des Saft in den Mixer gegeben wird