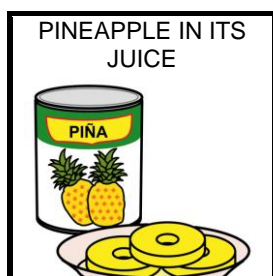


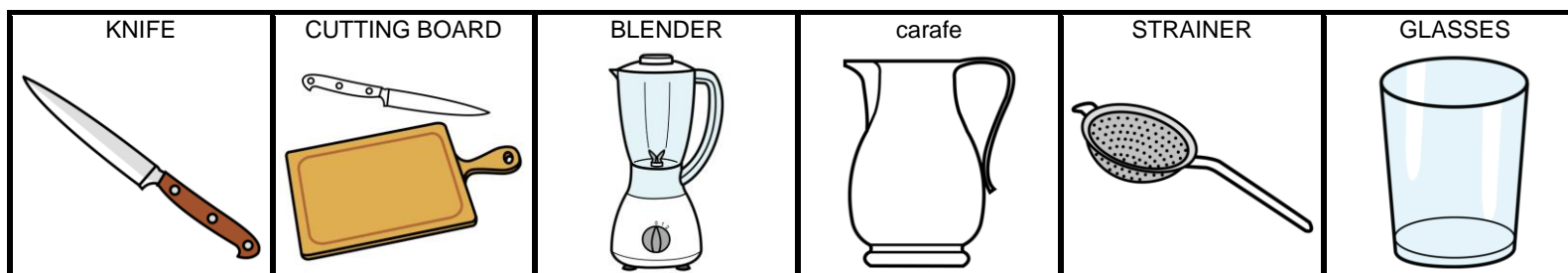
PINEAPPLE JUICE



INGREDIENTS:

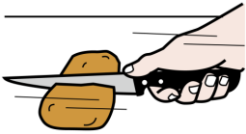
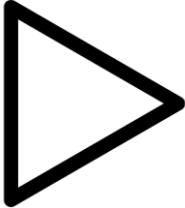

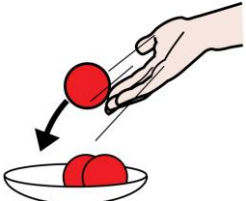
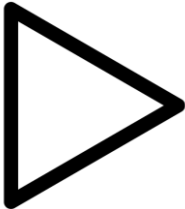


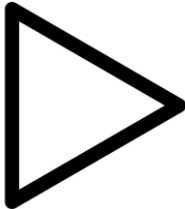
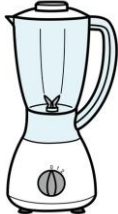

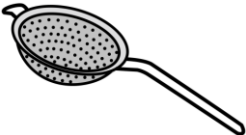
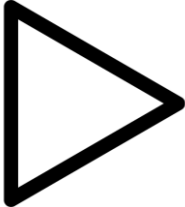




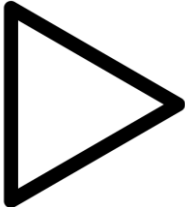
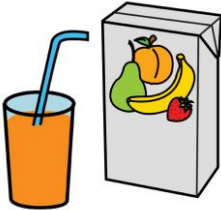

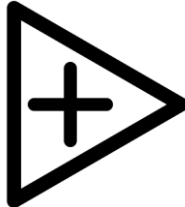


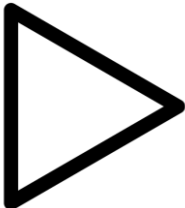
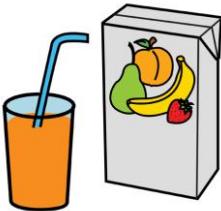
KITCHEN EQUIPMENT:





THE PREPARATION:

1	CUT 	THE 	PINEAPPLE 			
2	PUT 	THE 	PINEAPPLE AND SOME JUICE 	IN 	THE 	BLENDER 
3	SWITCH ON 					
4	SIFT 	THE 	JUICE 			

5	POUR 	THE 	JUICE 	IN 	THE 	GLASSES 
6	DRINK 	THE 	JUICE 			

OBSERVATIONS:

Mashing the pineapple can be facilitated if a part of the syrup is put in the blender