

★ Primeros días de colegio



CONTENTA



TRANQUILA

Todo lo que necesitas con tu alumnado

Anticipación • Estructuración • Regulación • Seguridad



Material adaptado con **pictogramas** e **imagen real**

LLEGADA AL COLEGIO



ACTIVIDADES DE AULA



COMEDOR



RECREO



TRANSPORTE



NORMAS



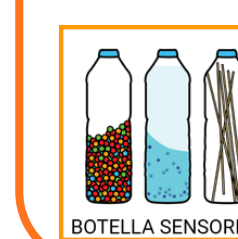
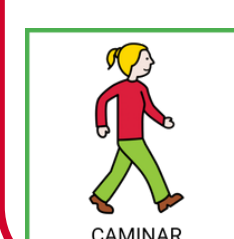
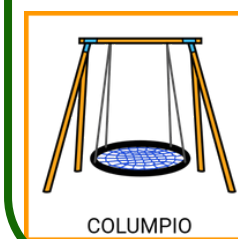
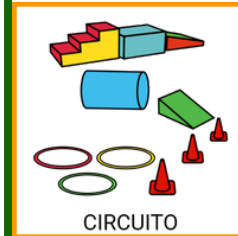
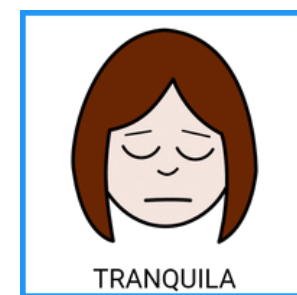
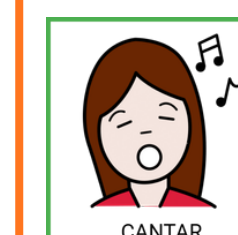
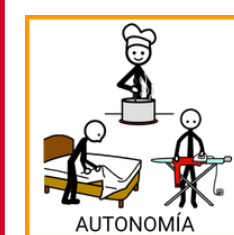
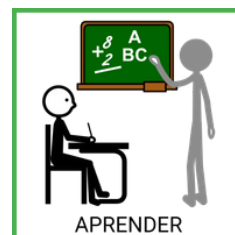
REGULACIÓN EMOCIONAL Y SENSORIAL



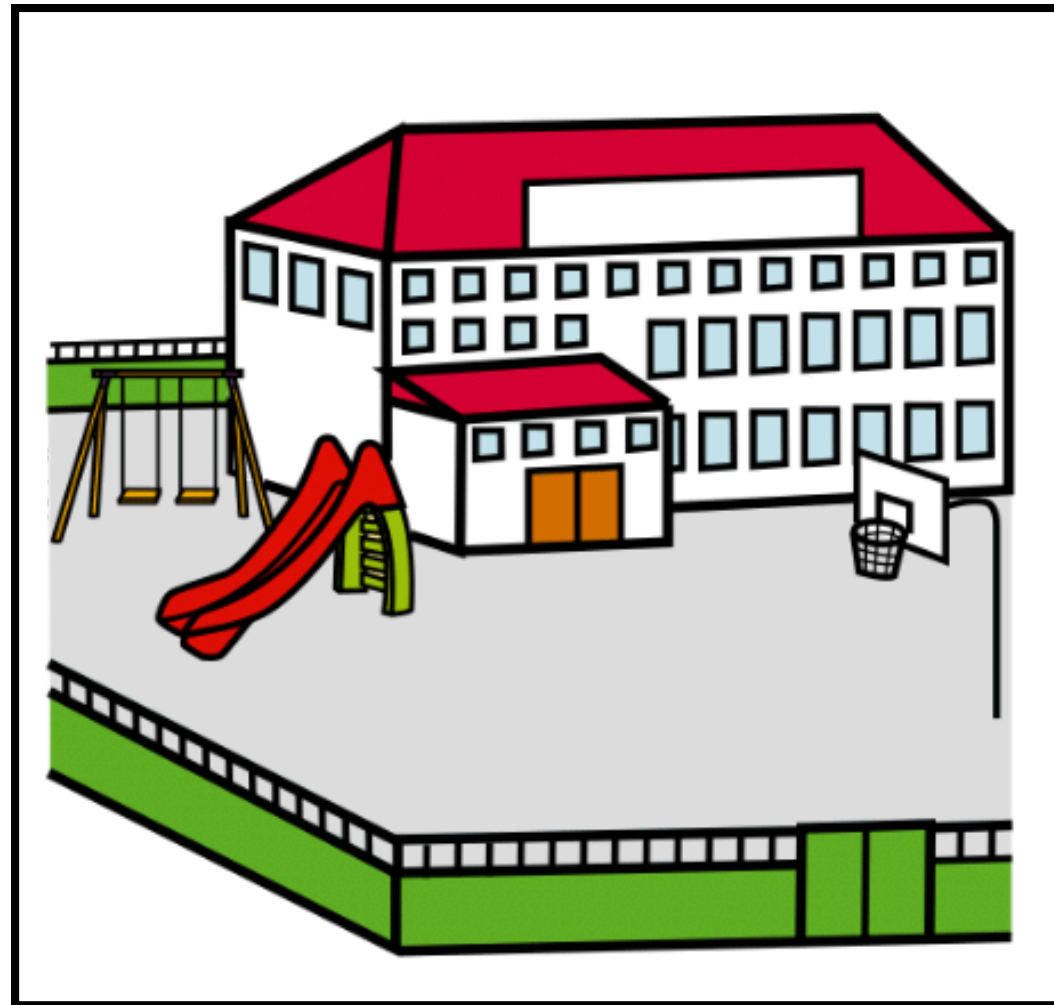
Autor pictogramas: Sergio Palao Procedencia: ARASAAC (<http://arasaac.org>) Licencia: CC (BY-NC-SA).
Autora: Janetzy del Valle Rodríguez. @maestraneaept. Canva Educación



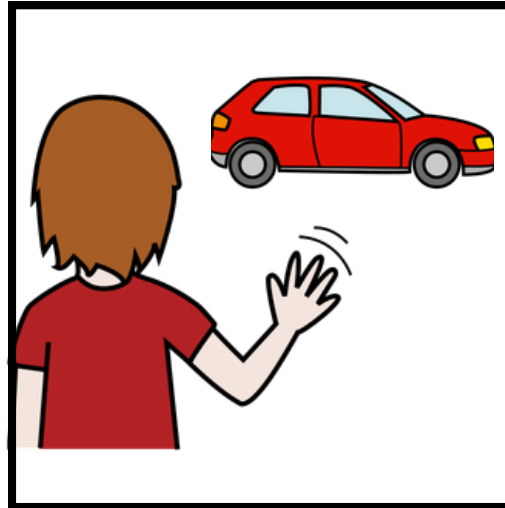
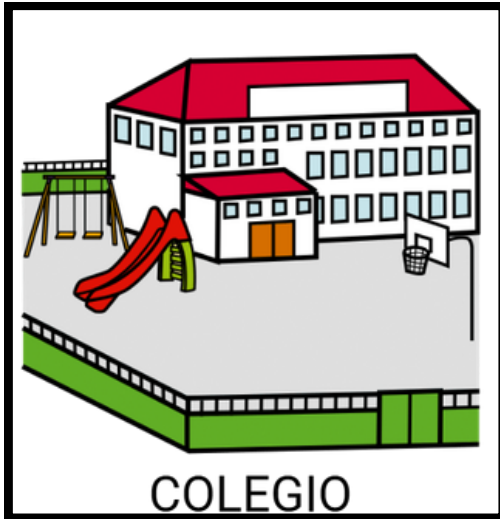
EN EL COLEGIO



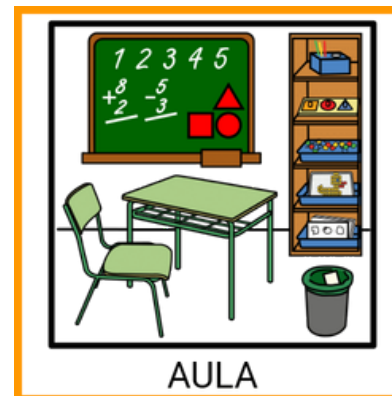
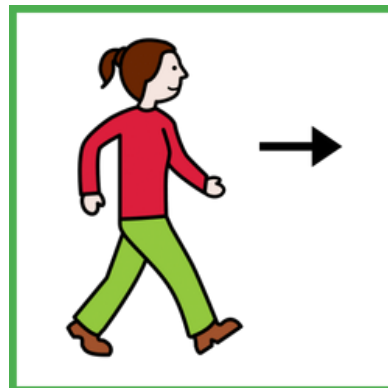
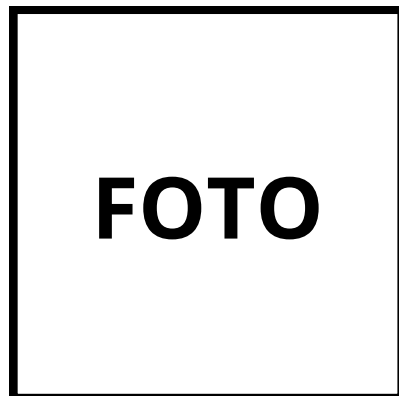
AL LLEGAR AL COLEGIO



AL LLEGAR AL COLEGIO

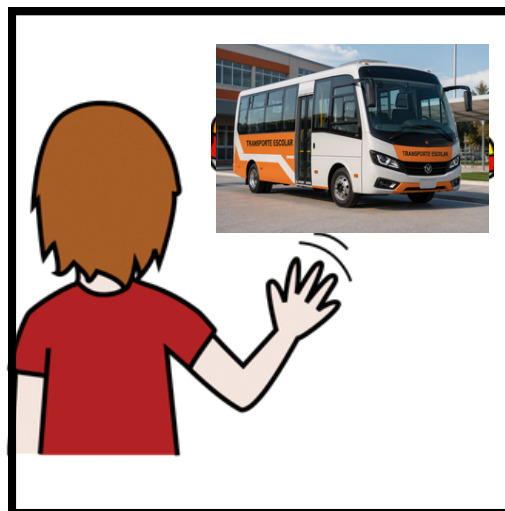
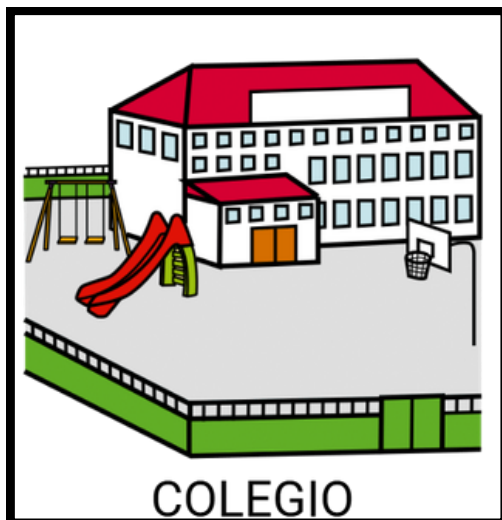


**DECIMOS ADIÓS A
MAMÁ Y PAPÁ**

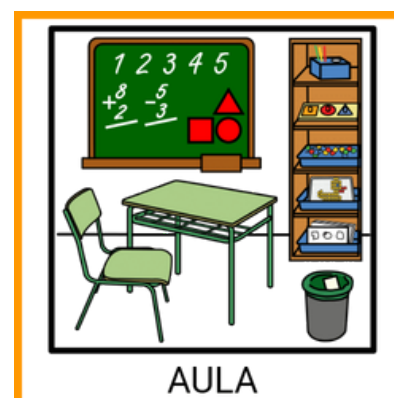
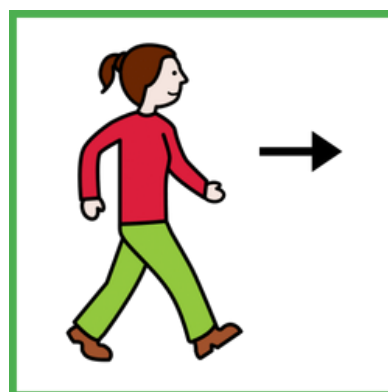
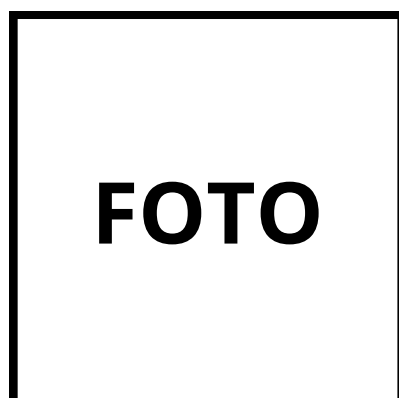


¡¡NOS VAMOS A CLASE!!!

AL LLEGAR AL COLEGIO

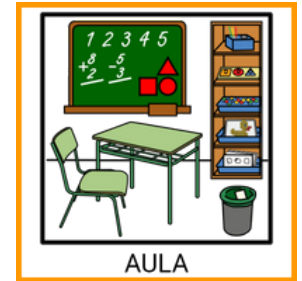
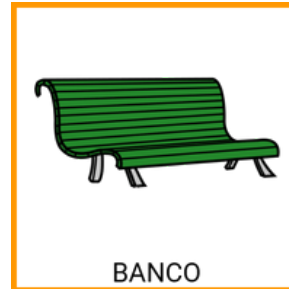


**DECIMOS ADIÓS A LA
GUAGUA O AUTOBUS**



¡¡NOS VAMOS A CLASE!!!

AL LLEGAR AL COLEGIO



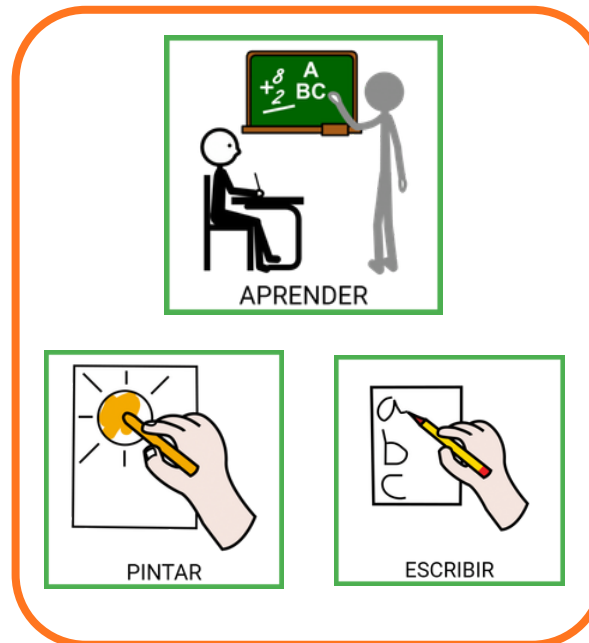
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4º

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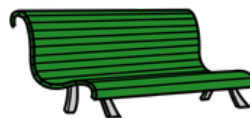
AL LLEGAR AL COLEGIO



COLEGIO



MOCHILA



BANCO



SACAR EL CUADERNO



CUARTO DE BAÑO



AULA

1º



SENTAR

2º

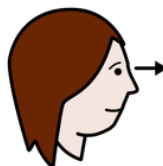


ASAMBLEA

3º



CONTAR UN CUENTO



VER



LEER

4º



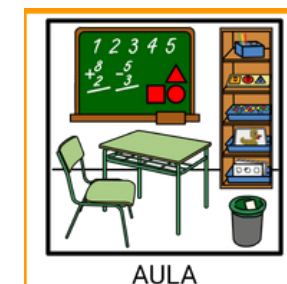
SE ACABÓ

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VÁMONOS A CASA

AL LLEGAR AL COLEGIO



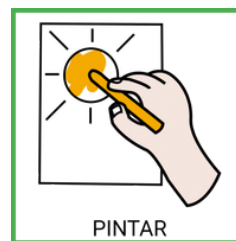
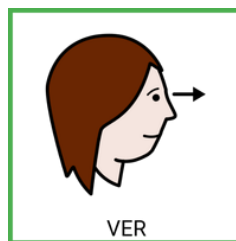
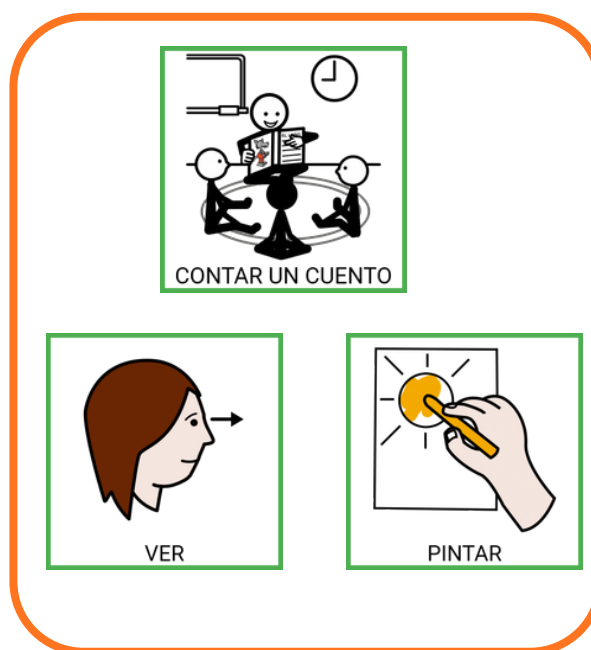
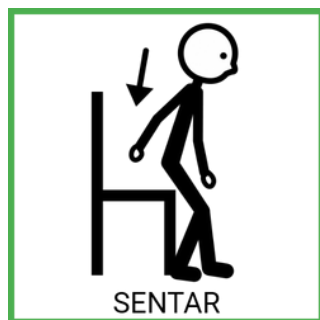
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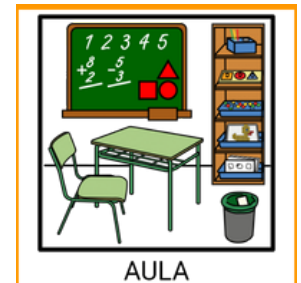
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AL LLEGAR AL COLEGIO



1º

2º

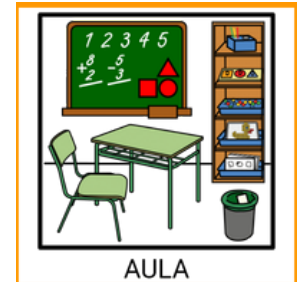
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AL LLEGAR AL COLEGIO



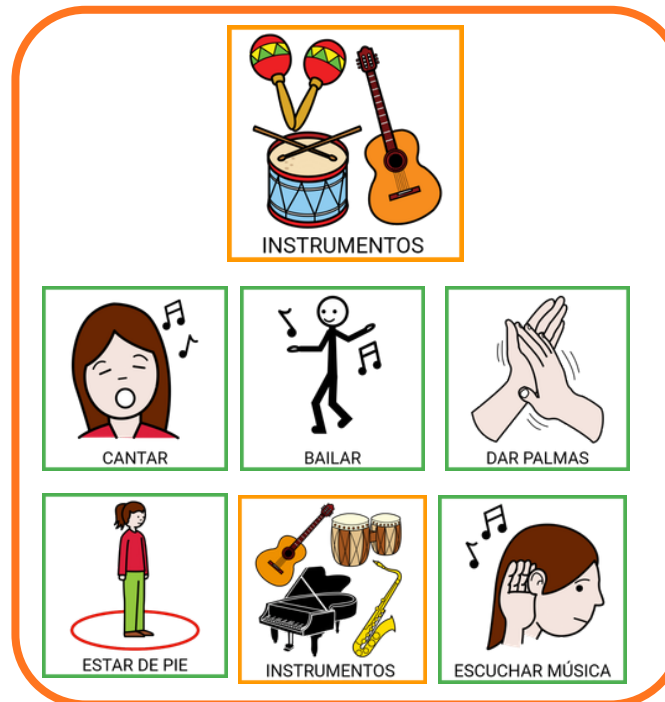
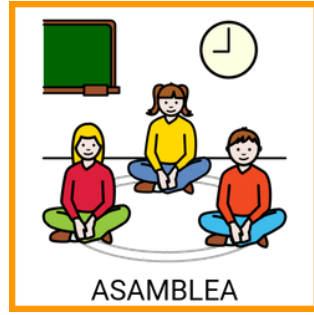
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2º

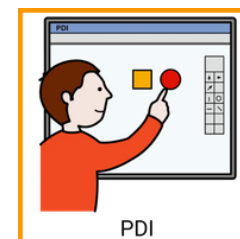
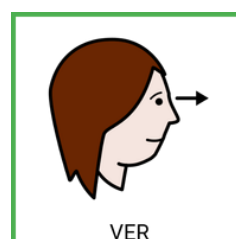
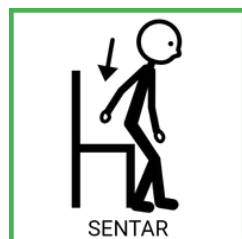
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ASAMBLEA

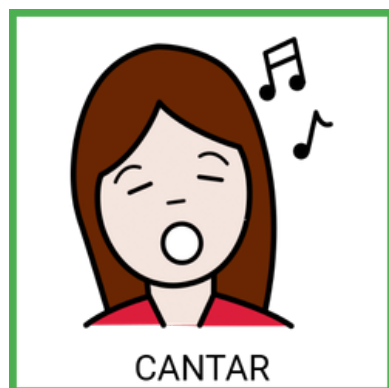


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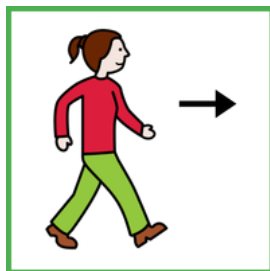
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RECREO

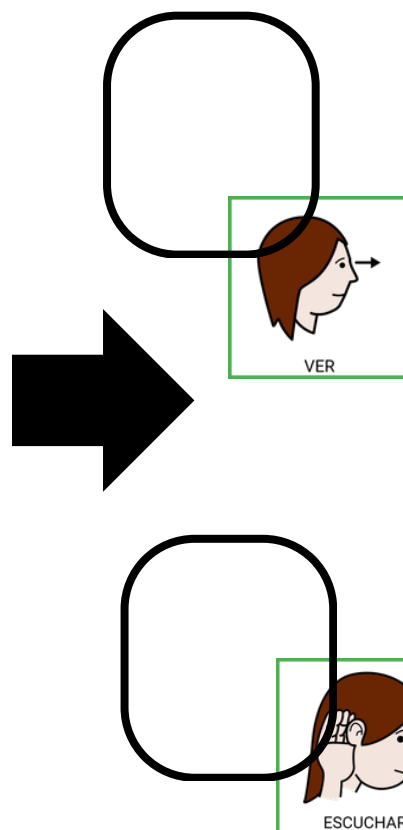




RECREO



Cuando toque **RECREO** vamos al patio con la maestra y cuidadoras.

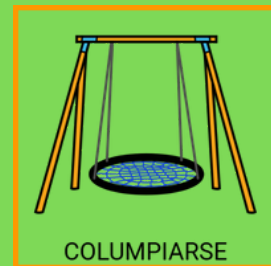


En el patio, cuando toque **RECREO**

Niños jugando, saltando,
corriendo, gritando



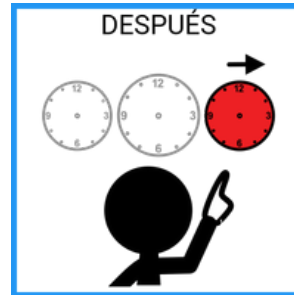
Cuando toca **RECREO**:



Ir a clase....



AL FINAL DEL RECREO

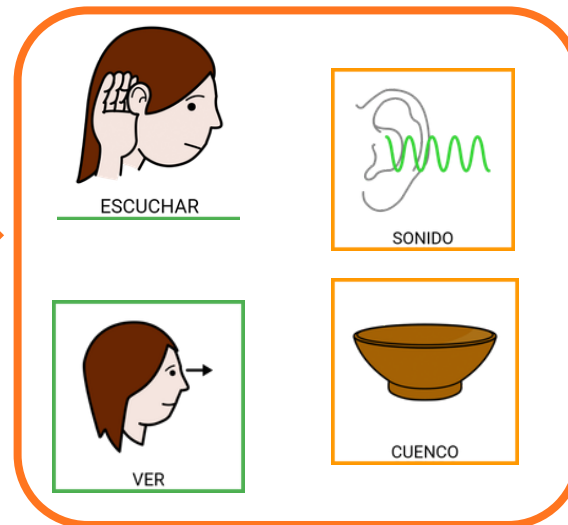


Cuando termina **RECREO** hacemos **MINDFULNESS**.

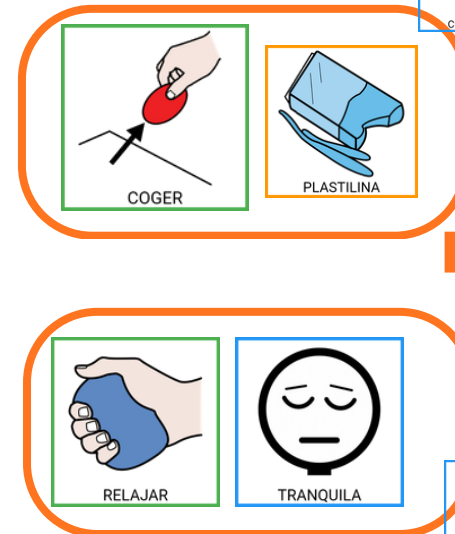
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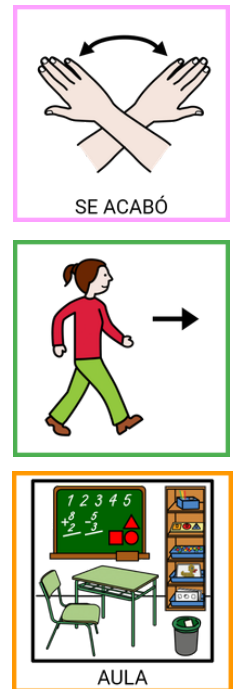
2º



3º



4º

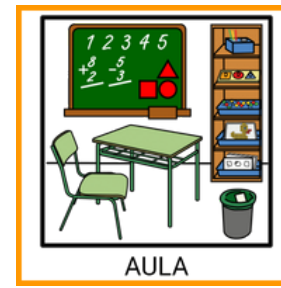
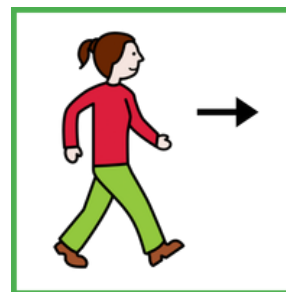
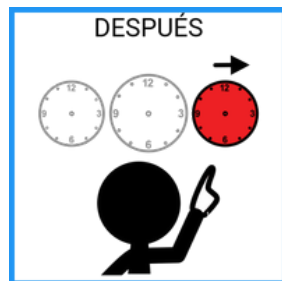


Nos sentamos, oímos y vemos el cuenco para relajarnos. Cogemos plastilina, nos relajamos y estamos tranquila. Después vamos al aula.

DESPUÉS DEL RECREO



COLEGIO



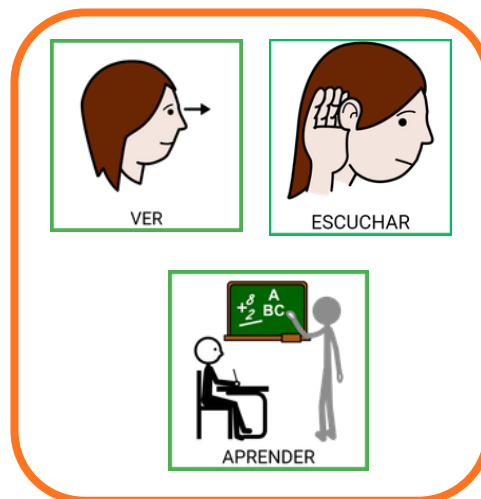
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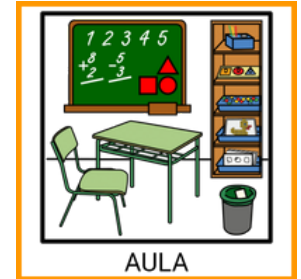
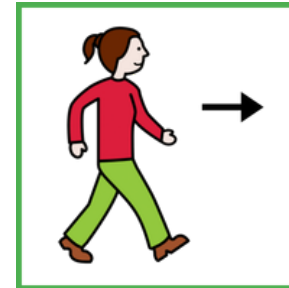
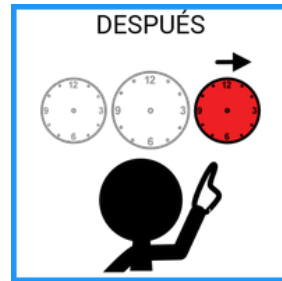
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DESPUÉS DEL RECREO



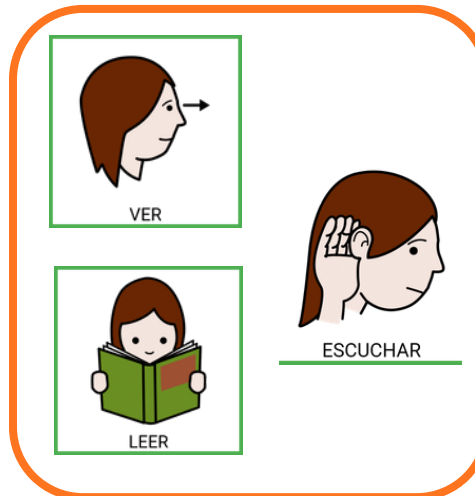
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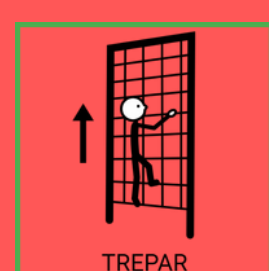
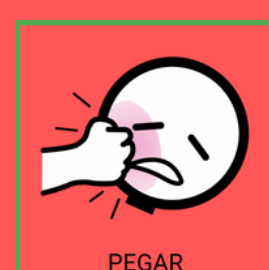
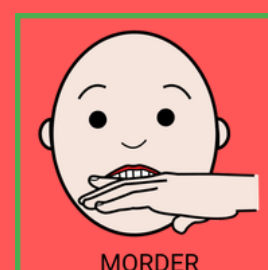
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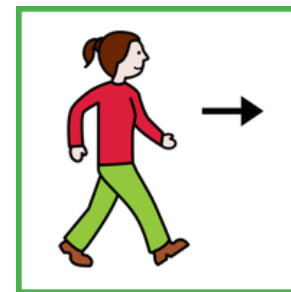




NORMAS DE PATIO/RECREO



AL TERMINAR EL COLEGIO



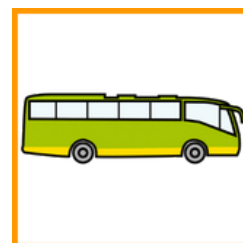
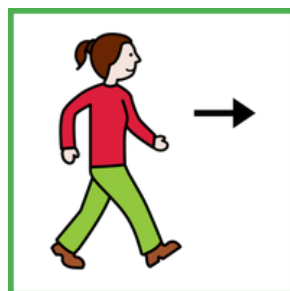
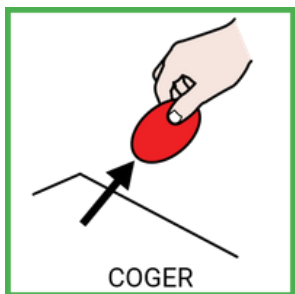
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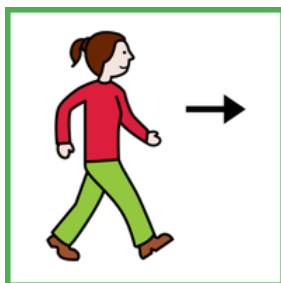
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COMEDOR





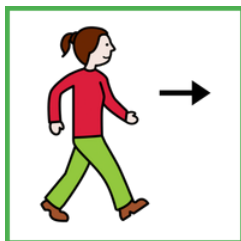
COMEDOR

En el colegio vamos al **COMEDOR** con la maestra y cuidadoras.

Vemos a la cocinera y la ayudante.



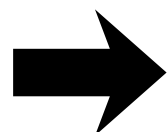
Nos sentamos en nuestra mesa.



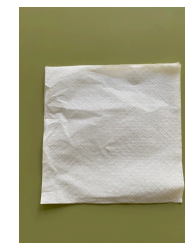
COMEDOR

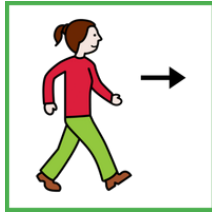
En el colegio vamos al **COMEDOR** con la maestra y cuidadoras.

1º Nos lavamos las manos y sentamos para comer.



2º Usamos los utensilios de comedor.

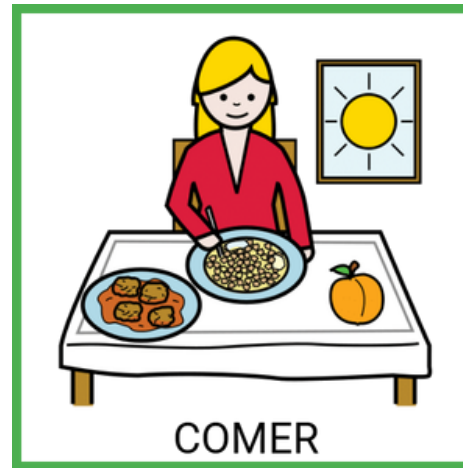
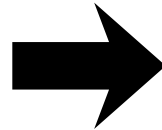




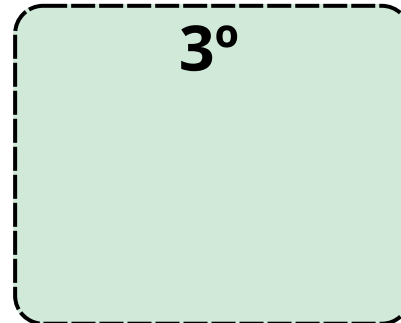
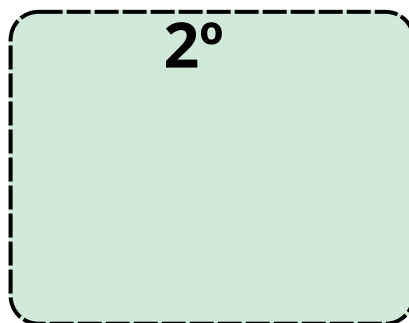
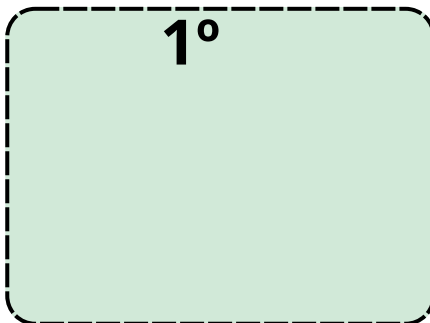
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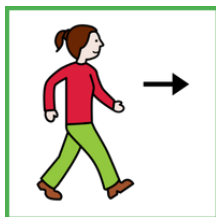
En el **COMEDOR**.....

3º Como y recojo...



¿Qué comemos hoy?

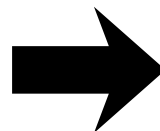




COMEDOR

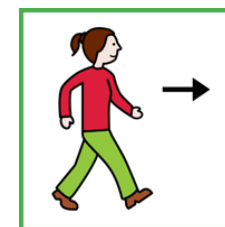
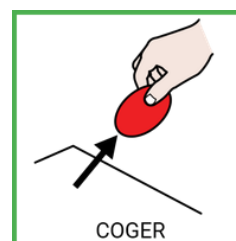
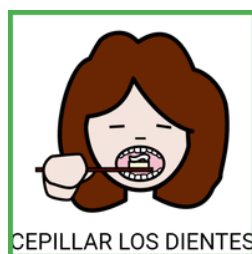
En el **COMEDOR**....

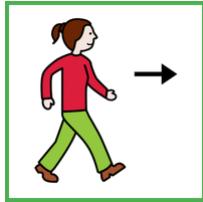
4º Al terminar, voy al baño a cepillar los dientes.



5º Al terminar los dientes, voy al aula a coger la mochila.

¡¡NOS VAMOS!!!





COMEDOR

En el colegio vamos al **COMEDOR** con la maestra y cuidadoras.



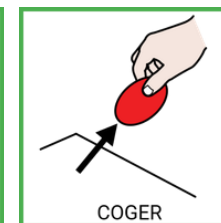
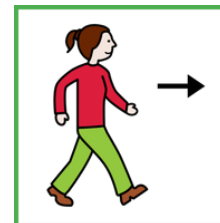
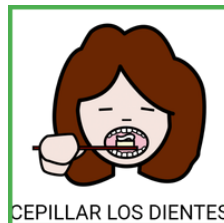
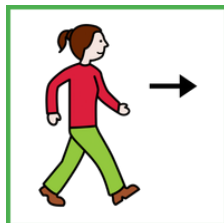
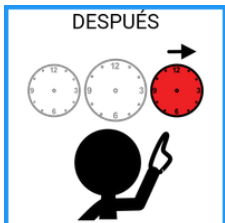
1º En el **COMEDOR**, nos lavamos las manos y sentamos para comer juntos.



2º Usamos los utensilios de comedor. Nos comemos, el 1º (puré), 2º..., postre (fruta/yogur) y recogemos la mesa.



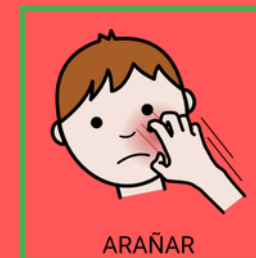
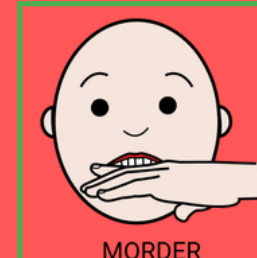
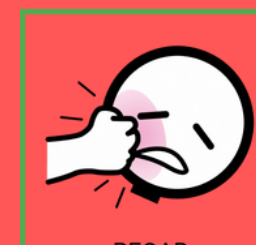
3º Después de comedor vamos al baño, cepillamos los dientes.



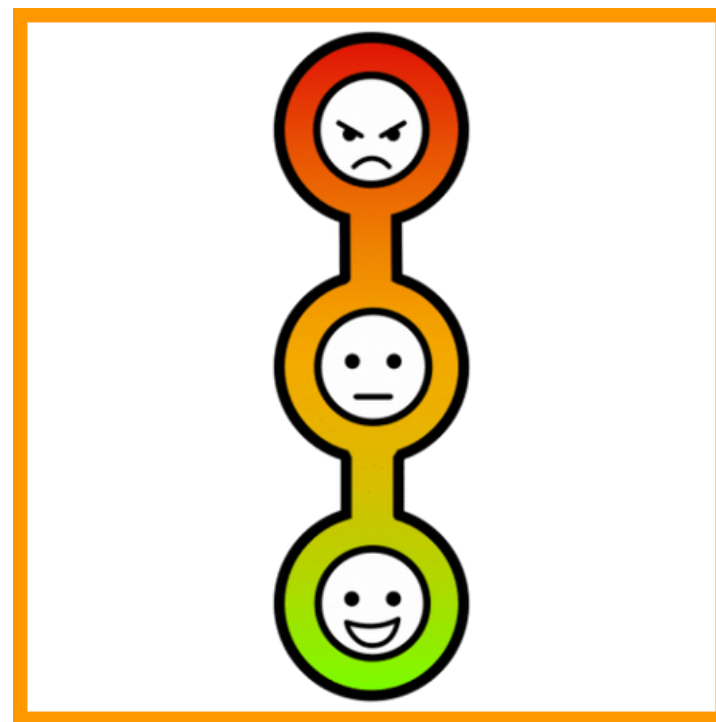
4º Vamos al aula, cogemos la mochila y vamos a casa.



NORMAS DE COMEDOR

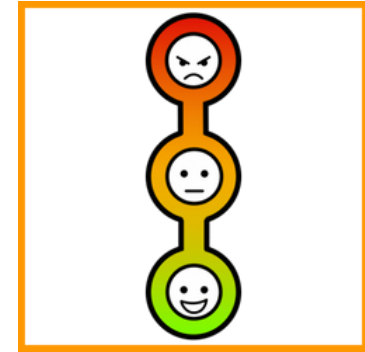


MIS EMOCIONES....





MIS EMOCIONES....



ESTOY BIEN



ESTOY MAL



ALEGRE



CONTENTA



CARIÑOSA



ENFADADA



ABURRIDA



CANSADA



TENER MIEDO



SORPRENDIDA

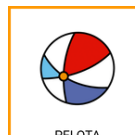
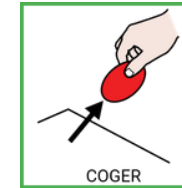
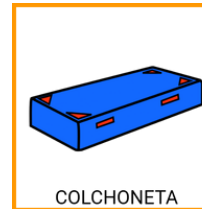
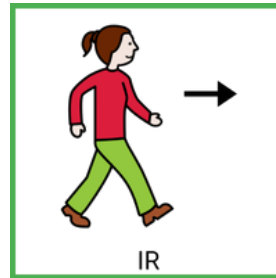


TRISTE

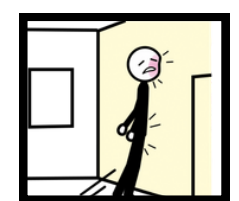
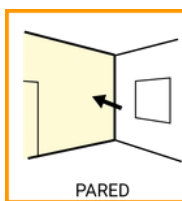
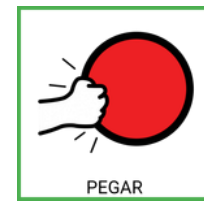
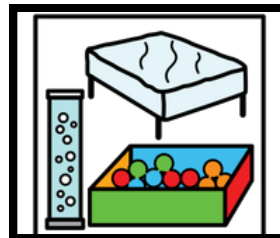
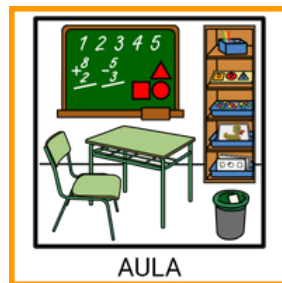


SI NOS ENFADAMOS PODEMOS...

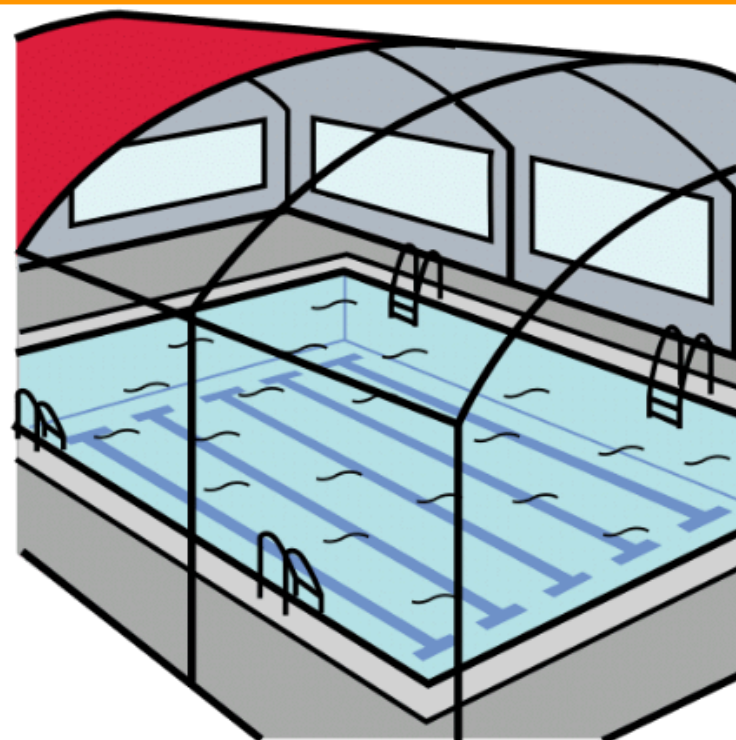
1º



2º



PISCINA

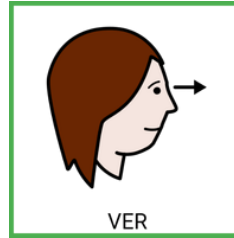


PISCINA CUBIERTA

PISCINA



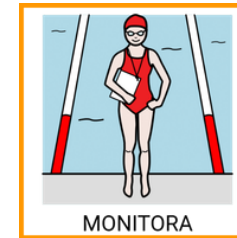
PISCINA CUBIERTA



VER



ESCUCHAR



MONITORA



POCO TIEMPO

1º

2º

3º

4º



VESTIR



BAÑADOR



GORRO DE NATACIÓN



PONER LA CHANCLA



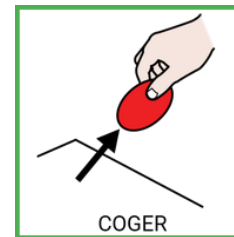
DUCHAR



ESPERAR



MONITORA



COGER



MATERIAL DE PISCINA



APRENDER A NADAR



NADAR



POCO TIEMPO



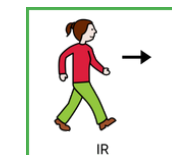
SE ACABÓ



DUCHAR



VESTIR



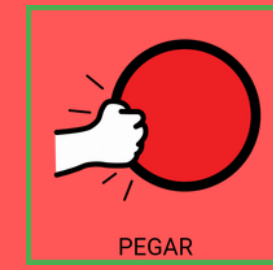
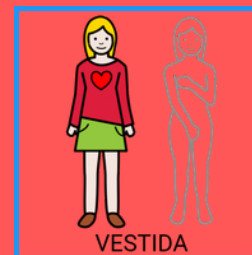
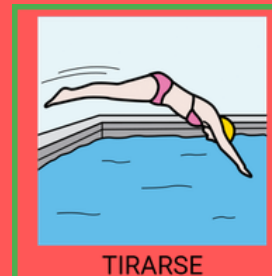
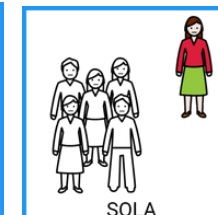
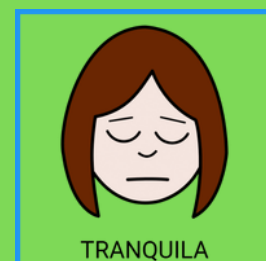
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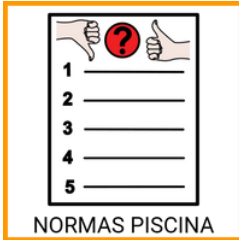


AULA

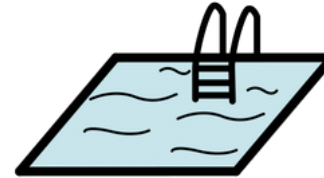
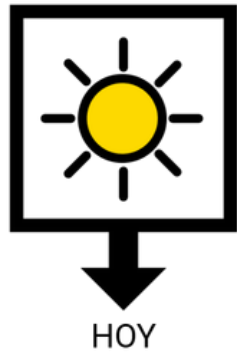


NORMAS DE PISCINA





NORMAS DE PISCINA



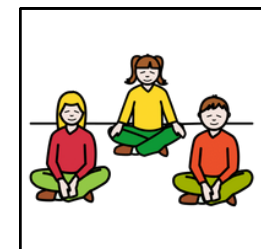
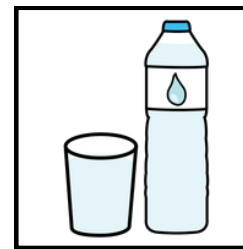
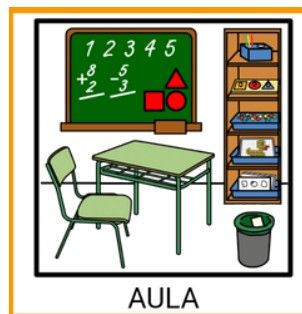
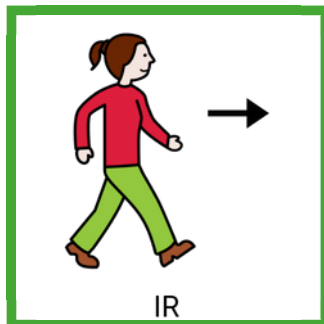
AGUA

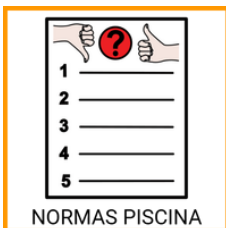


SUCIA

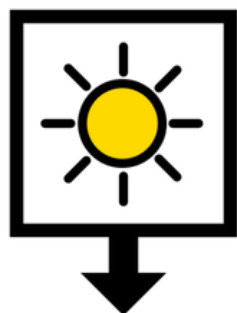


ENFERMAR

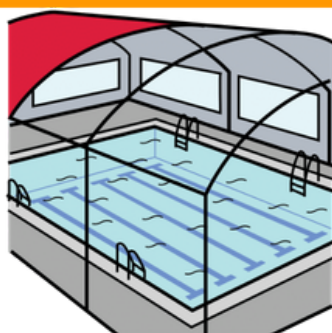




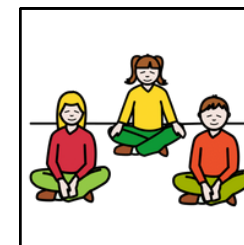
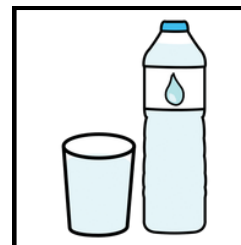
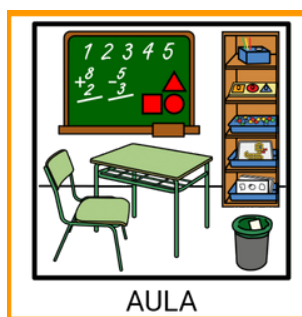
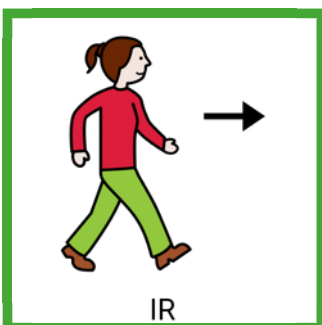
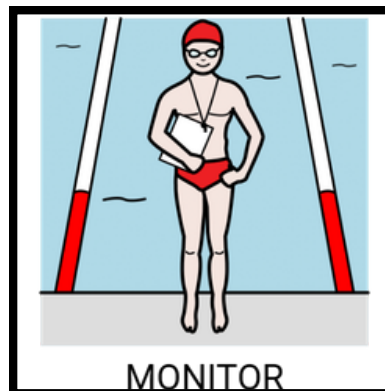
NORMAS DE PISCINA

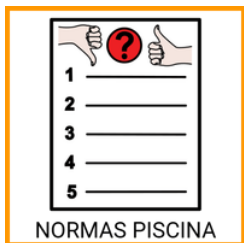


HOY

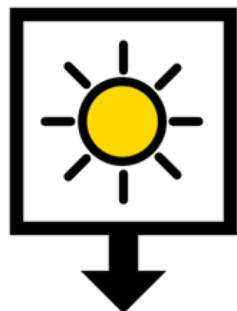


PISCINA CUBIERTA





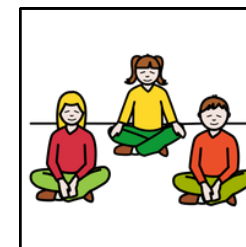
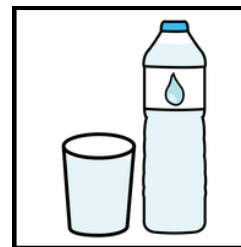
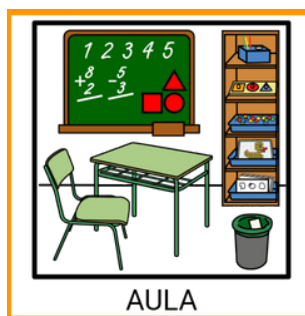
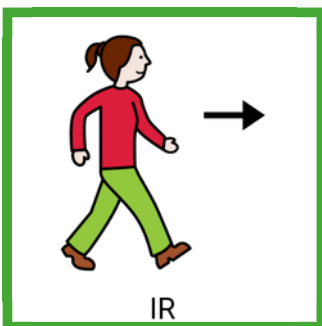
NORMAS DE PISCINA

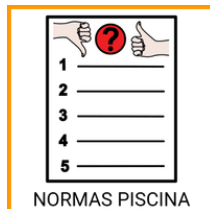


HOY

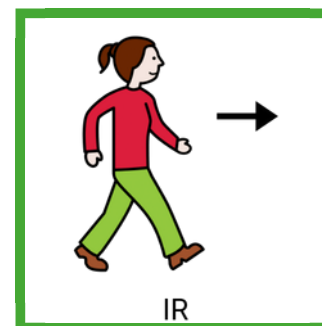
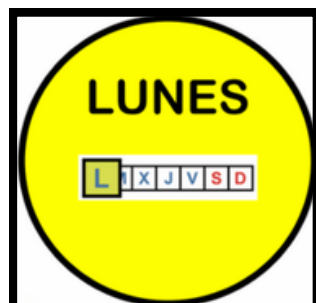
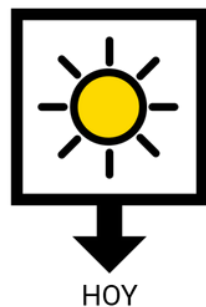


CERRADA



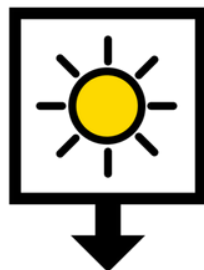


NO HAY PISCINA

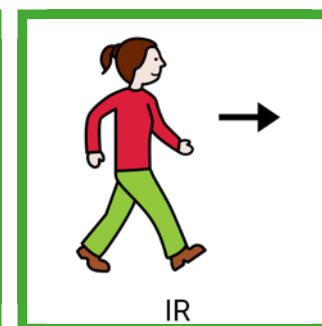
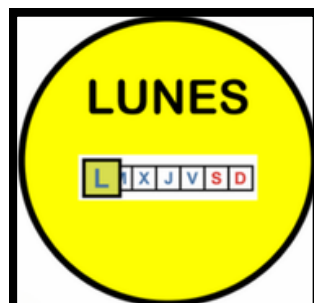
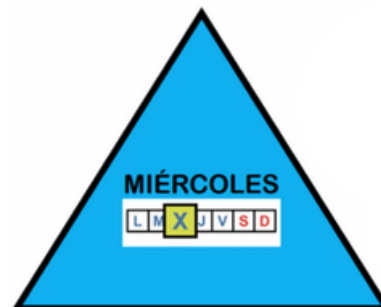


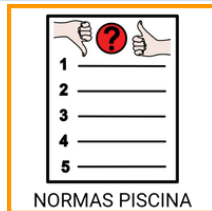


NO HAY PISCINA

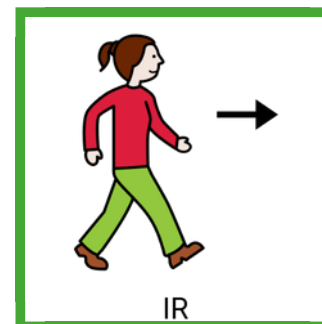
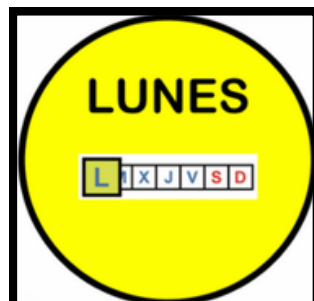
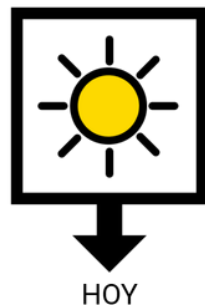


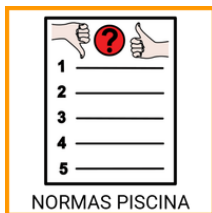
HOY



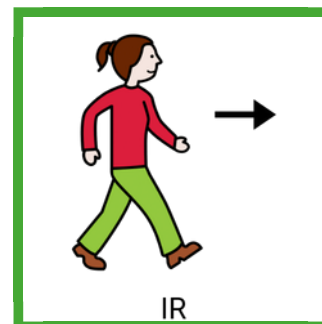
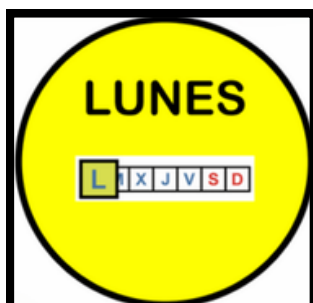
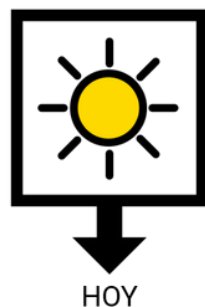


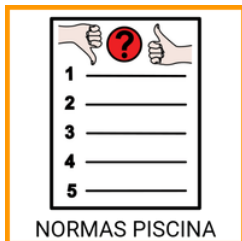
NO HAY PISCINA



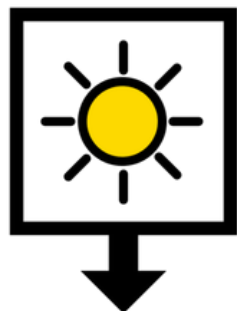


NO HAY PISCINA

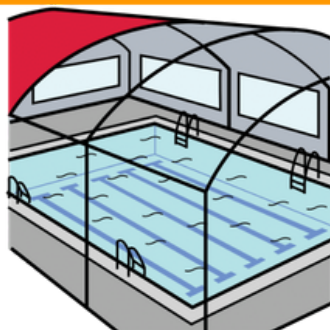




NORMAS DE PISCINA

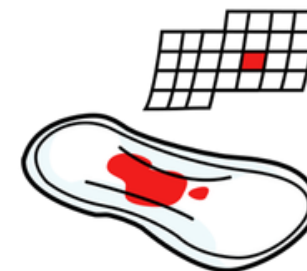


HOY



PISCINA CUBIERTA

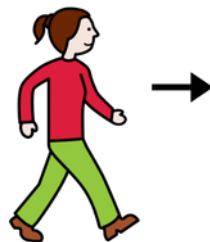
FOTO



MENSTRUACIÓN



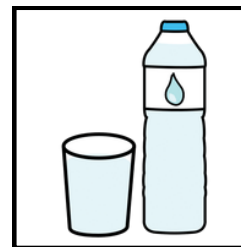
SI PODEMOS



IR



AULA

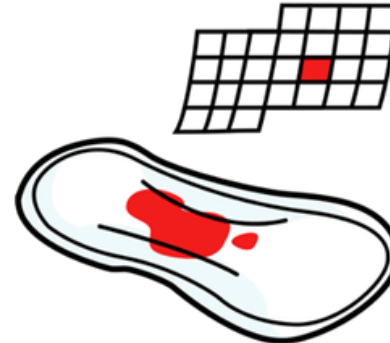


UNA VEZ AL MES TENGO LA REGLA.
DURANTE UNOS DÍAS ME SALE SANGRE DE LA VAGINA.

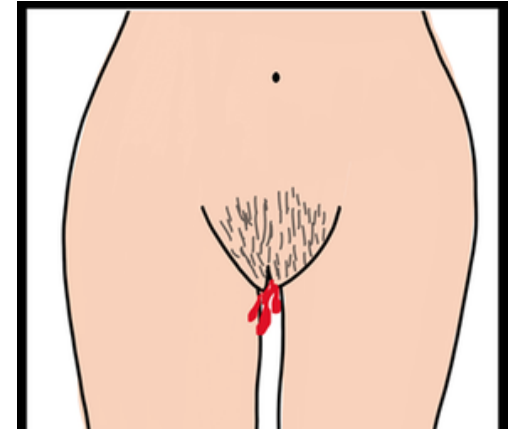
FOTO



CALENDARIO



MENSTRUACIÓN



SANGRE DE LA VAGINA

CUANDO TENGO LA REGLA PUEDO TENER DOLOR:



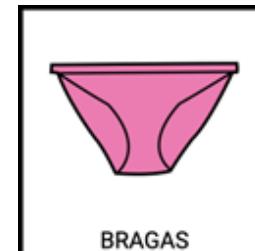
SI TENGO DOLOR, PUEDO PEDIR AYUDA



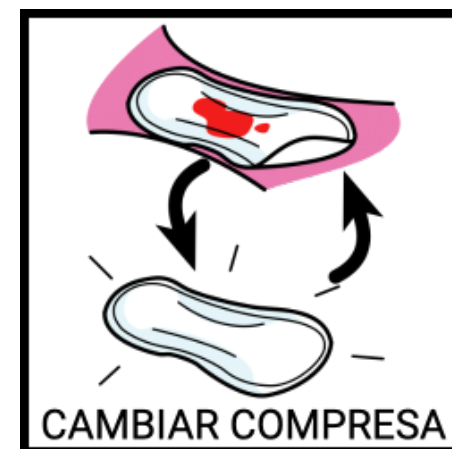
CUANDO TENGO LA REGLA TENGO DOLOR Y ME SIENTO MAL



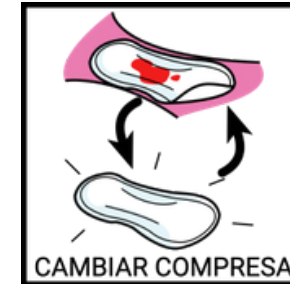
PARA NO MANCHARME, TENGO QUE USAR UNA COMPRESA



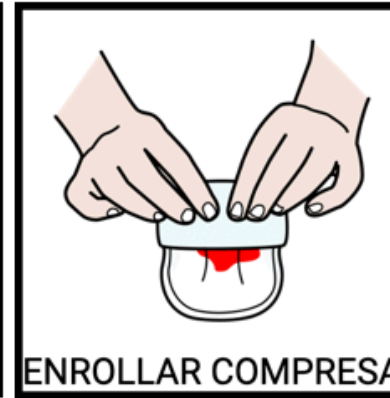
CUANDO LA COMPRESA TIENE MUCHA SANGRE, LA TENGO QUE CAMBIAR



CAMBIAR LA COMPRESA

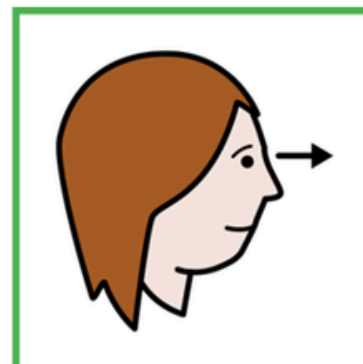


LA COMPRESA SE CAMBIA ASÍ:





CAMBIAR LA COMPRESA EN EL COLEGIO



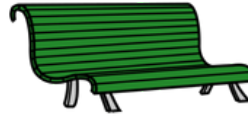
AL LLEGAR AL COLEGIO



COLEGIO



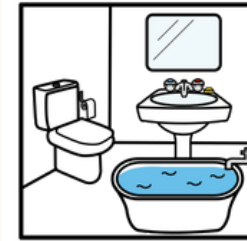
MOCHILA



BANCO



SACAR EL CUADERNO



CUARTO DE BAÑO



AULA

1º



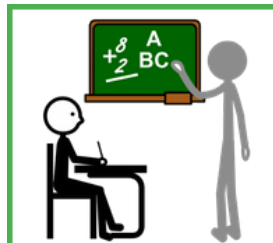
SENTAR

2º

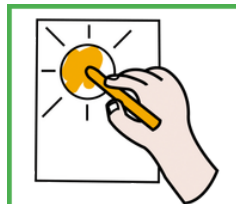


ASAMBLEA

3º



APRENDER



PINTAR



ESCRIBIR

4º



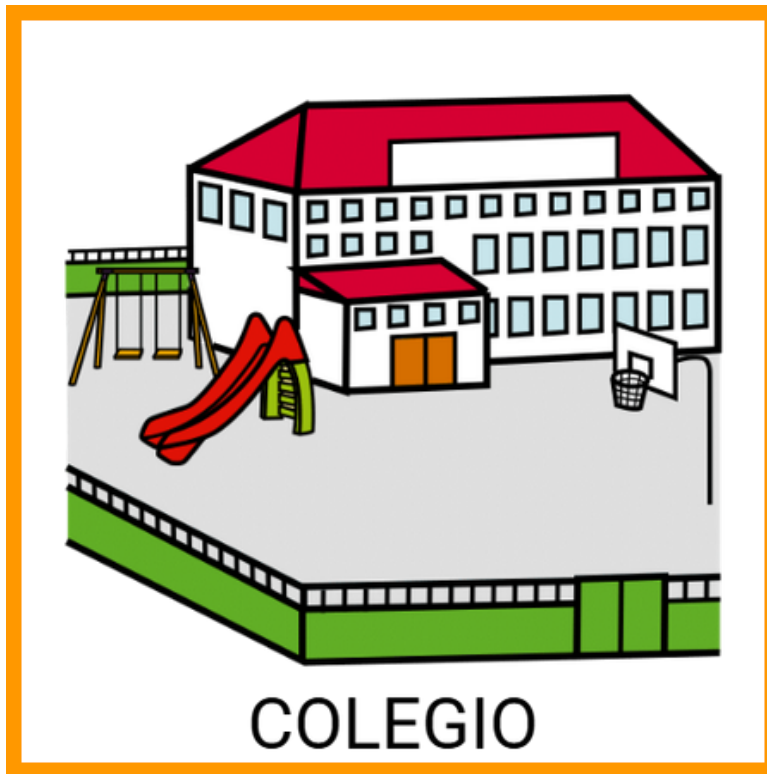
DESAYUNO

5º

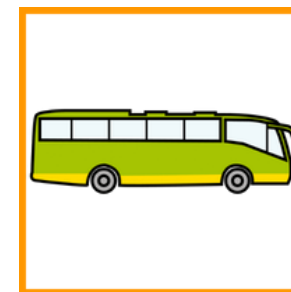
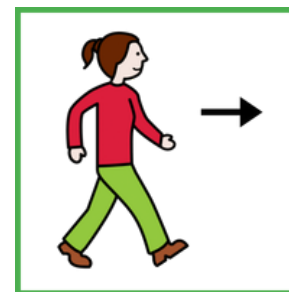
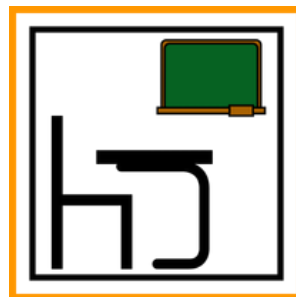


RECREO

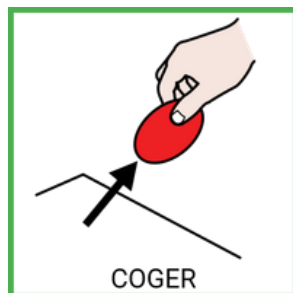
AL TERMINAR EL COLEGIO



AL TERMINAR EL COLEGIO



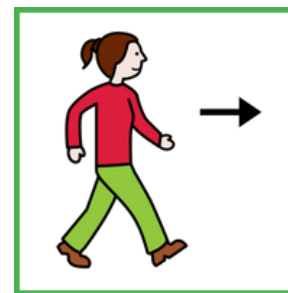
1º



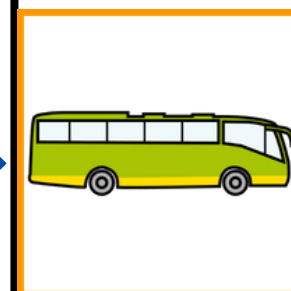
2º



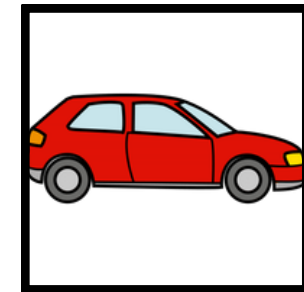
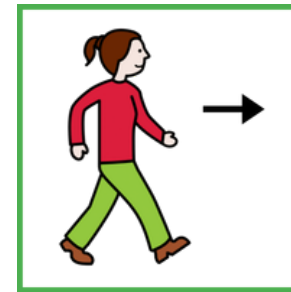
3º



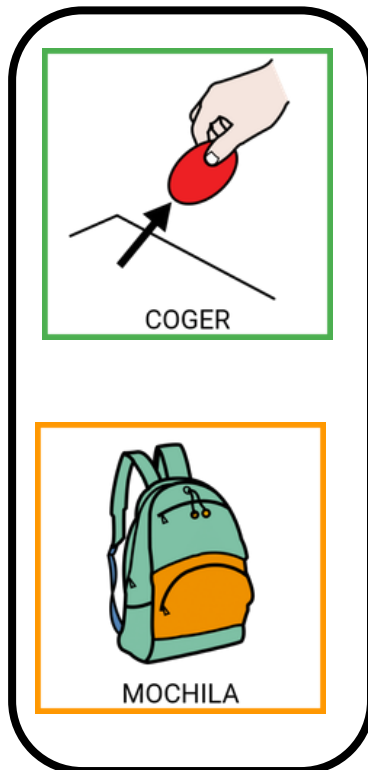
4º



AL TERMINAR EL COLEGIO



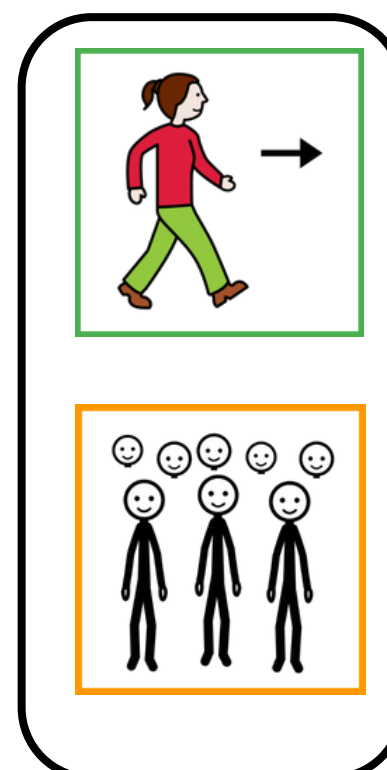
1º



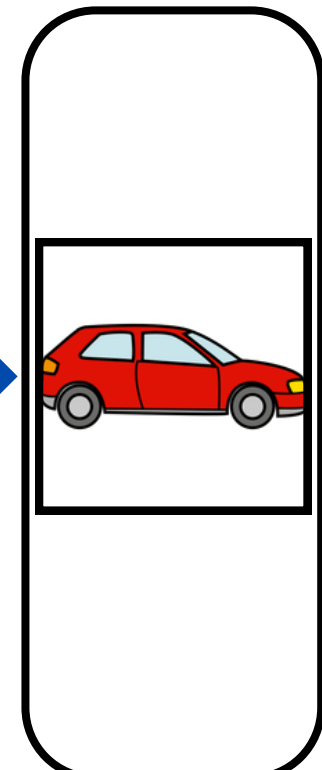
2º



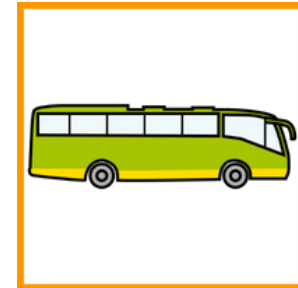
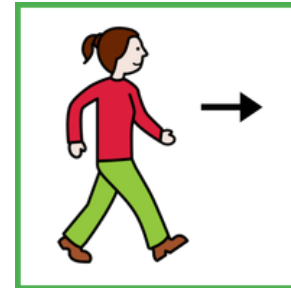
3º



4º



AL TERMINAR EL COLEGIO



Al terminar el cole nos vamos en **GUAGUA**.



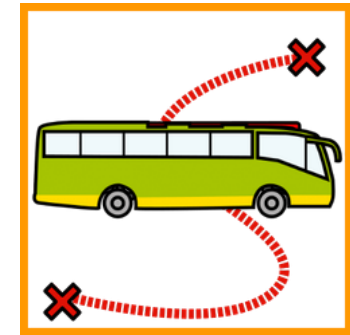
SUBIR AL AUTOBÚS

.....

Allí vemos al conductor y a su ayudante.

Nos acompañan a **SUBIR A LA GUAGUA**.

Nos sentamos durante el trayecto.



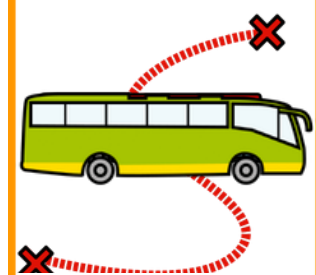
Esperamos a llegar a nuestro destino.

Son ocho paradas:
1, 2, 3, 4, 5, 6, 7 y 8.



OCHO





La guagua hace ocho paradas:
1, 2, 3, 4, 5, 6, 7 y 8.

1

2

3

4

5

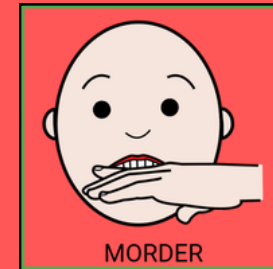
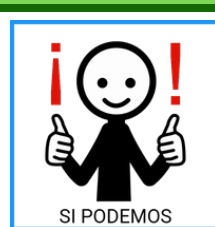
6

7

8



NORMAS DE LA GUAGUA

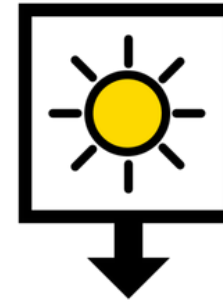


DIA DE EXCURSIÓN



DÍA DE EXCURSIÓN

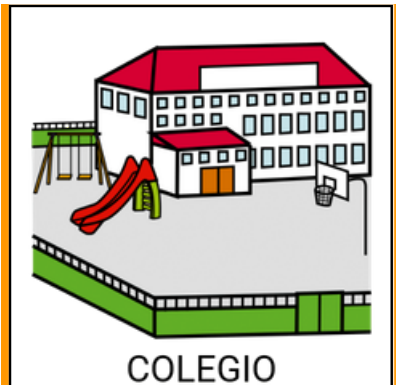
1º Vamos a clase y al baño



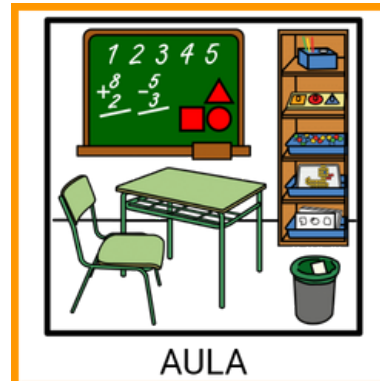
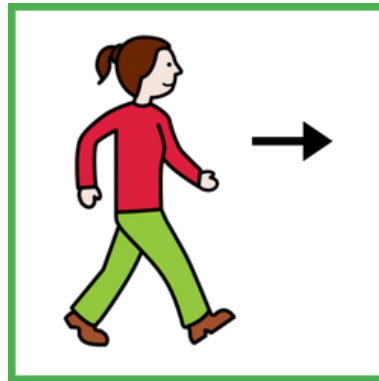
HOY



EXCURSIÓN



COLEGIO

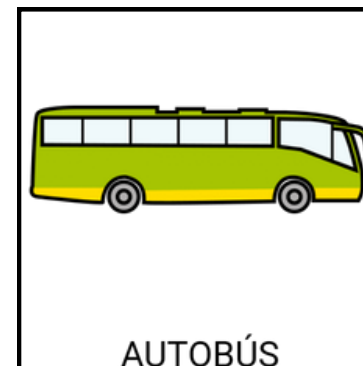
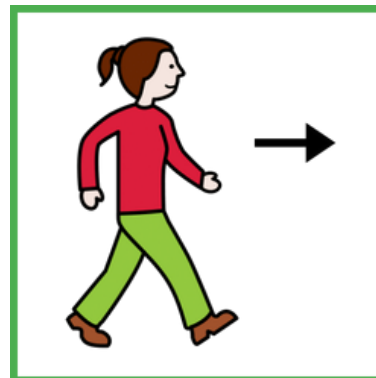


AULA



CUARTO DE BAÑO

2º Vamos al autobús para ir a la excursión

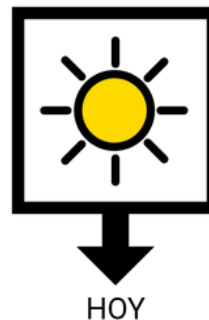


AUTOBÚS

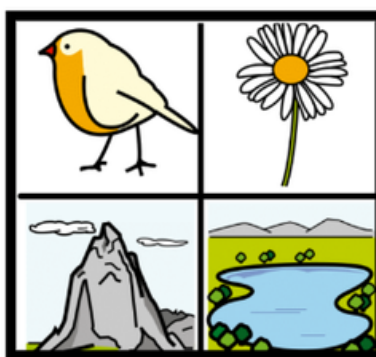


IR DE EXCURSIÓN

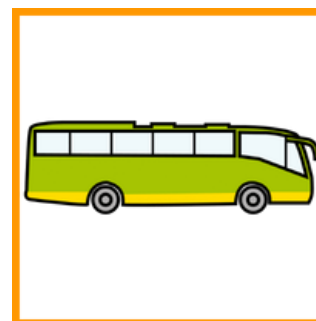
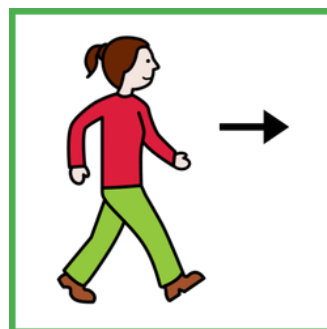
DÍA DE EXCURSIÓN



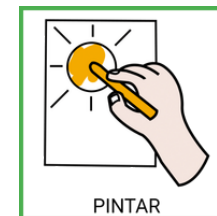
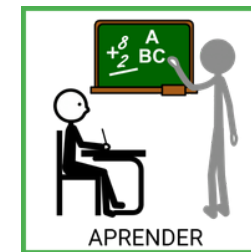
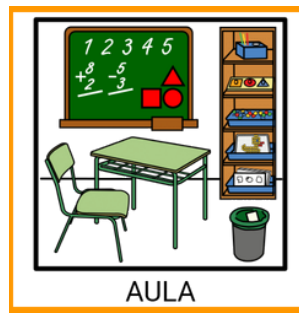
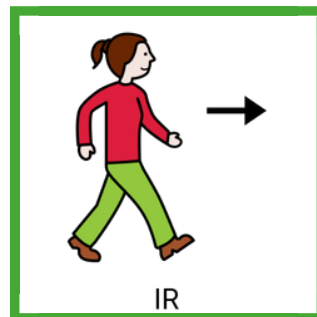
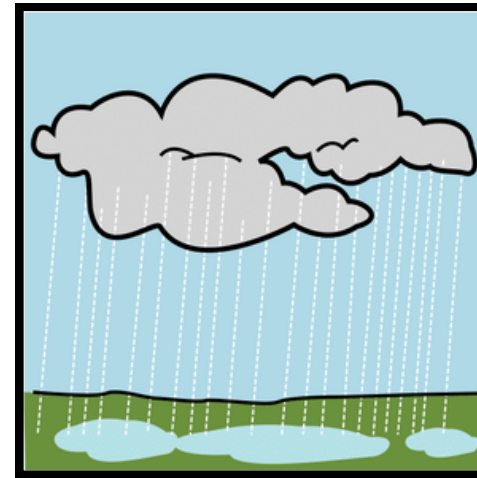
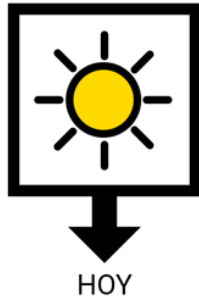
3º Hacemos el sendero y desayunamos



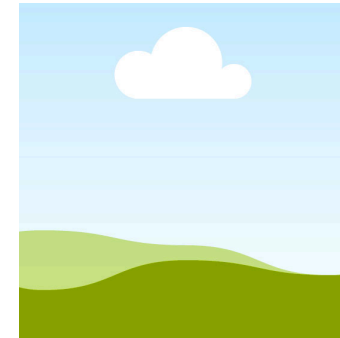
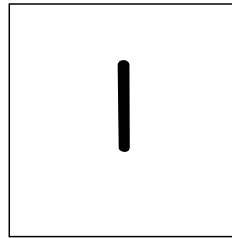
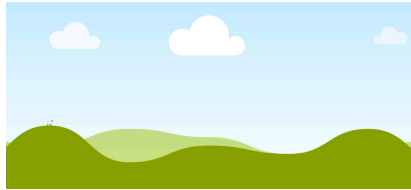
4º Al acabar el sendero, volvemos al cole en autobús



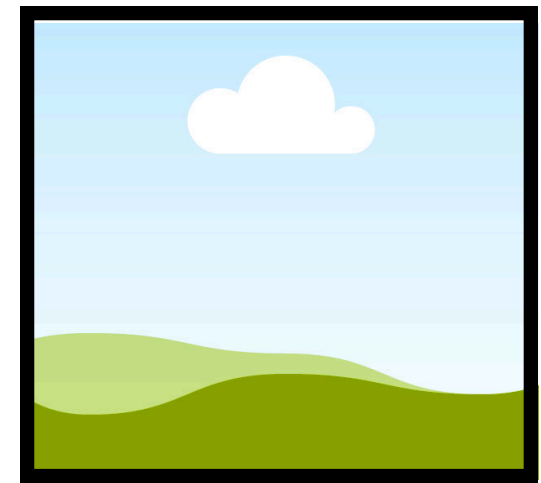
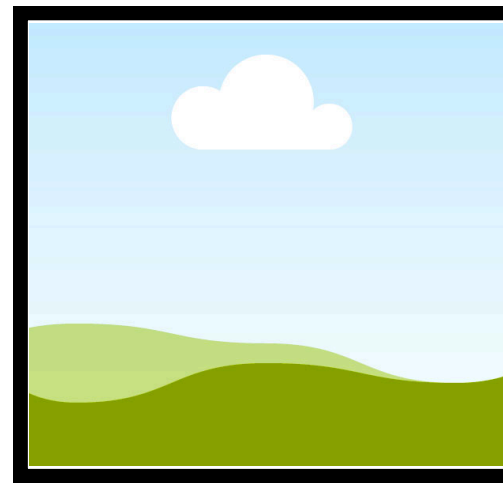
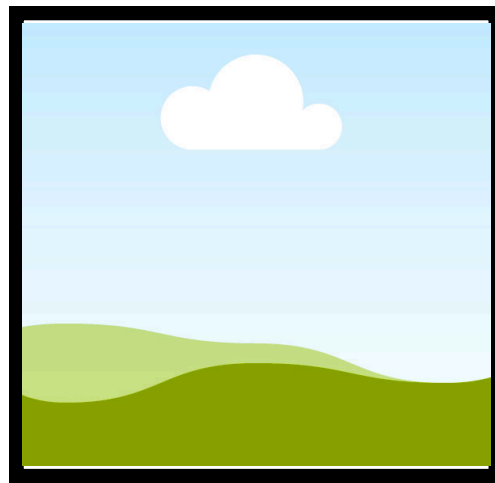
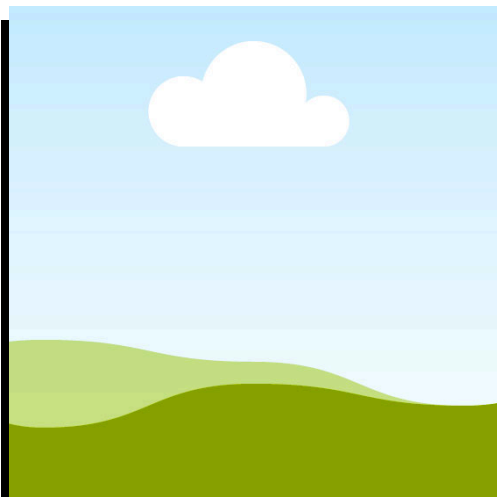
HOY NO HAY EXCURSIÓN



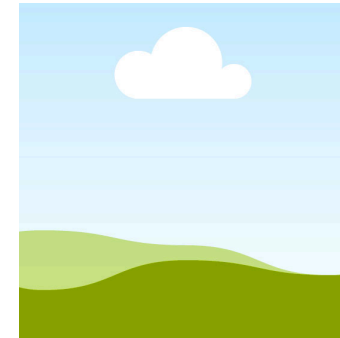
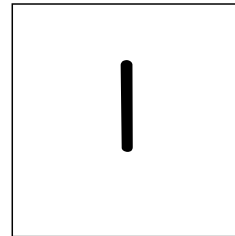
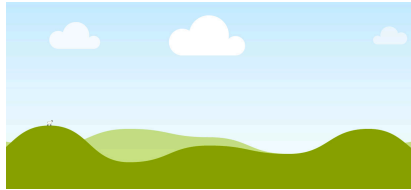
EL MIÉRCOLES 1 DE MARZO



PASEAREMOS POR.....



EL DE



PASEAREMOS POR.....

